



ACACIA NETWORK & IPR/HE PRESENT

# VIRTUAL WELLNESS SERIES

## FOR ESSENTIAL WORKERS AND SENIORS

### TOTAL BODY CONDITION

with

MARTHA LOPEZ



A comprehensive workout that includes cardio, stretching and health tips!

**WEDNESDAY, OCTOBER 21, 2020**

**11:00 AM - 12:00 PM**

CLICK TO  
JOIN MEETING

#### ZOOM DETAILS

Meeting Link:

[https://zoom.us/j/99730250732?  
pwd=U0RvRkYrVFh0Y3JwSIEwRnhrOWNrdz09](https://zoom.us/j/99730250732?pwd=U0RvRkYrVFh0Y3JwSIEwRnhrOWNrdz09)

Join by Telephone:

Call-in: (646) 876-9923

Meeting ID: 997 3025 0732

Password: 732797

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