



Micky Jimenez
Regional Director of the Capital District

Virtual Information Session
Monday, Sept 21, 2020



ROOTED IN THE COMMUNITY SINCE 1969

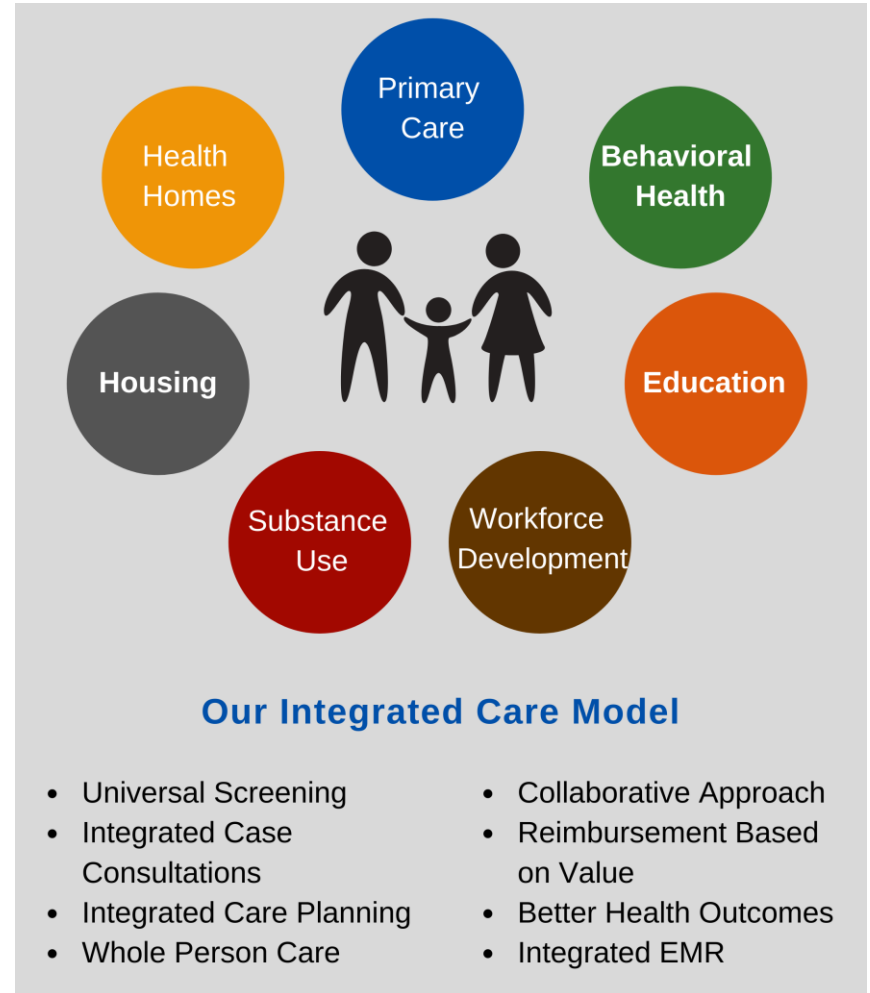
Excellence | Commitment | Customer Service | Leadership

About Acacia Network

- For over 50 years, Acacia Network and its affiliates have been committed to improving the quality-of-life and wellbeing of underserved communities in New York City and beyond.
- We are one of the leading social services organizations in New York City and the largest Hispanic-led nonprofit in the State.
- Our programs serve individuals at every age and developmental level, from the very young through our daycare programs to mature adults through our senior centers.
- Our extensive array of community-based services are fully integrated, bilingual and culturally competent.

Our Integrated Care Model

- We provide **integrated, culturally-competent, and trauma-informed** services to over 150,000 individuals of all ages through:
 - Primary Care;
 - Mental Health and Addiction Services;
 - Residential Treatment for At-Risk Populations;
 - Affordable and Supportive Housing;
 - Transitional Housing;
 - Early Childhood Education;
 - Afterschool Programs and Youth Development;
 - Senior Services;
 - Workforce Development;
 - Arts and Culture, and more.



Our Reach & Impact

- Our Network currently comprises more than 100 affiliates and over 2,700 employees across four boroughs in New York City, Buffalo, Albany, and Syracuse in New York State, as well as Florida, Maryland, Tennessee, Georgia, Connecticut, Arkansas, and Puerto Rico.



Capital District **LATINOS** 160 Central Ave- Albany NY



Capital District Latinos, Inc. (CDL) is an independent 501c3 Latino-led community based organization duly incorporated NYS non-profit affiliated with the Acacia Network since November, 2011.



History of Capital District LATINOS

- June 2010 – Catholic Charities of the Diocese of Albany closes Hispanic Outreach Services
- 2013 - Capital District LATINOS is incorporated
 - Becomes the first Acacia affiliate outside the 5 boroughs of NYC.
 - Over the next three years, CDL advocates for:
 - *bilingual interpretation services*
 - *filling the gap of bilingual addiction recovery and basic health services in Latino community.*



Raul Russi 's Vision for Capital District LATINOS.... Jan 3, 2018



Our Vision.....

- CDL a locus for community empowerment or “community center” in an expansive sense of the word. As an affiliate of the **Acacia Network**, it is only fitting and proper that we (CDL) reflect the philosophy of the “tree of life” in whatever we endeavor to do there.
- Acacia is an organization that sees its clients as tripartite beings, employing a “whole person” approach to serving individuals in three aspects: body, mind and spirit.
- Toward that end, the center should provide a variety of services, programs and activities with.
- <https://www.timesunion.com/news/article/For-region-s-Latinos-enough-is-enough-581199.php>

Capital District LATINO's History

- **St. John's Evangelical Lutheran Church purchased by Acacia / CD LATINOS Community Center/Cultural Sanctuary on December 2017**
- **Background & Guiding Philosophy**

Capital District Latino Advocacy Through Inter-Neighborhood Outreach's (CD LATINOS's) raison d'être is to "...create the conditions for the success of the Latino community and communities of color in the Capital District.



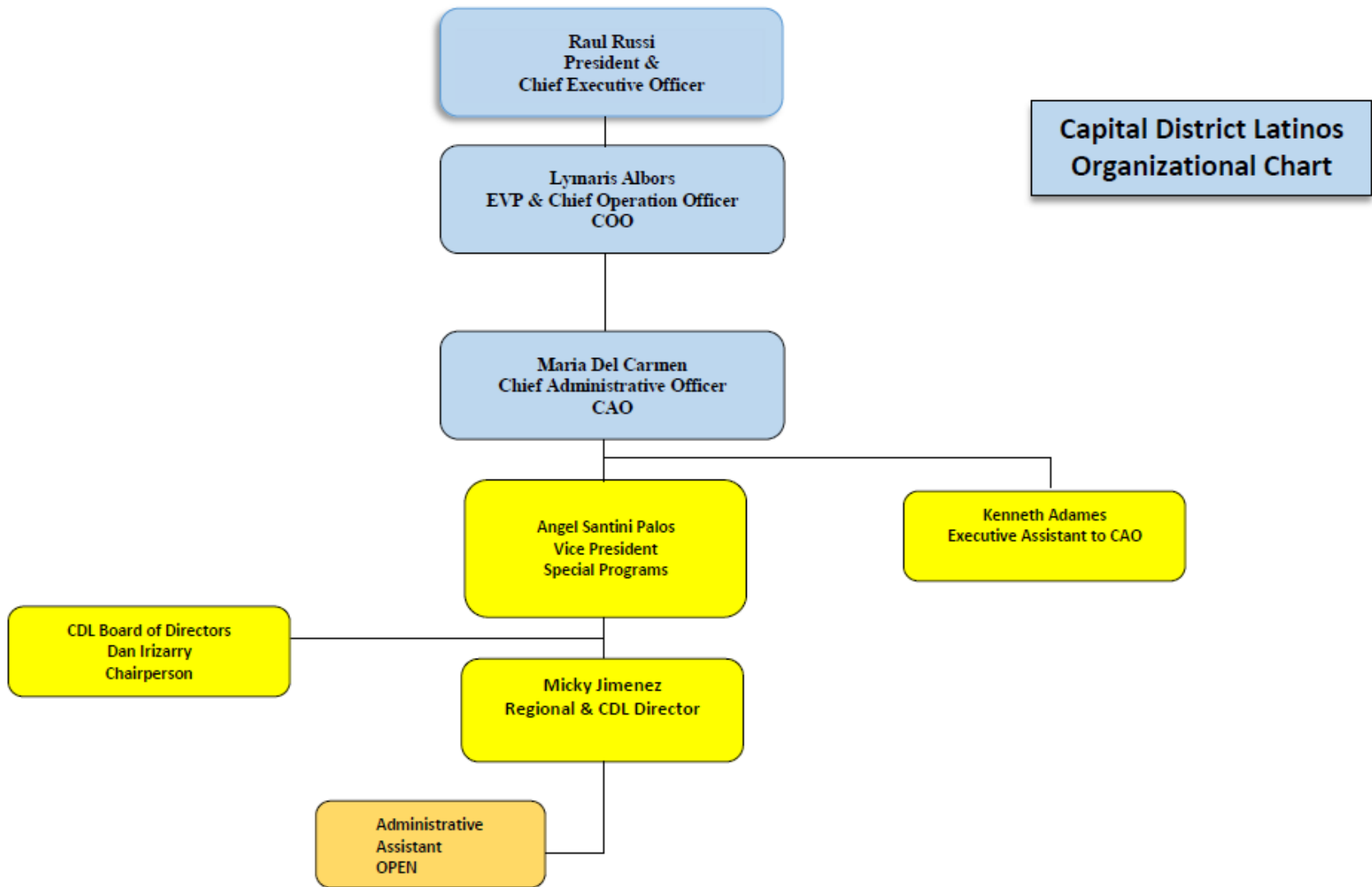
Capital District **LATINOS**

- December 2017 - Capital District LATINOS purchases the former St. John's Evangelical Lutheran Church at 160 Central Ave. in the city of Albany, New York
- January 2018 - CDL begins to undertake a repair program
- February 2018 - CDL applies for its first grant with DOH



Capital District **LATINOS**

- June 2018 – CDL soft grand opening “PR on my mind”
- July 2018 - Castle Island Bilingual Montessori school
- Oct 2018- Trinity Alliance-Early Childhood and Family Support Services



The Team

**Migdalia (Micky) Jimenez,
Regional Director**



CDL board



**Dan Irizarry – Board
Chair**



**Jonathan
Hernandez**



**Cassie
Andrusz**



**Alithia Rodriguez-
Rolon / Micky
Jimenez- CDL
Director**



&



**Department
of Health**

**Office of
Minority Health and
Health Disparities
Prevention**

2018



First DOH- Grant-10K conversation conference- March 2018

The focus group was to provide an opportunity to find out about **Social Determinants, successes and challenges in health care.**

In particular, in the area of social determinants and childcare needs in the community. Participants completed two surveys and participated in two round table discussions.

- **Social Determinants Needs assessment survey**
- **A community childcare need assessment survey**

Social Determinants Discussed:

1. Substance Abuse disorder/Mental Health
2. Childcare and our Health
3. Being a proactive patient/Getting the services you need
4. Housing/Transportation and our Health
5. Crime and Trauma and our Health
6. Education
7. Parks and Recreation
8. Employment / Job training

Social Determinants



Results of the Community Conference on Social Determinants

- Need affordable access to childcare, (Bilingual Spanish and English, a big need)
- Needs to be close enough to home so that a vehicle is not necessary.
- Access to substance use disorder and mental health services was a common theme.
-
- Affordable housing and the need for quality childcare services.
- 41% Community violence is a concern. A high % of people are unaware of what is truly happening in their communities.
- A total of 70 attendees



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**Department
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Health Disparities
Prevention**

2019







**COMMUNITY KITCHEN:
WHO IS HUNGRY?**

**COCINA COMUNITARIA:
QUIEN TIENE HAMBRE?**



Sept. 14th
11:30am

160 Central Ave
Albany NY,
12206



Learn about Hunger
Aprende sobre el Hambre

- Causes and Impacts
- Causos y impactos
- Nutrition and health



Community Discussion
Discusión Comunitaria

- How can we learn from each other?
- ¿Cómo podemos



Try a New Recipe
Prueba una Nueva Receta

- Rethinking empanadas
- Repensando empanadas

COMMUNITY KITCHEN WHO IS HUNGRY? ¿QUIEN TIENE HAMBRE?




**COMMUNITY CONVERSATION:
ARE YOU STRESSED?**

**CONVERSACION COMUNITARIA
ESTÁS ESTRESADO/A?**

**Wednesday, Sept. 26th
5:00-7:00pm**

160 Central Ave Albany NY, 12206

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of Health

Office of
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Health Disparities
Prevention



Learn about stress
Aprende sobre el estrés



Community discussion
Discusión comunitaria



Practice self-care
Cuida de ti mismo/a

ARE YOU STRESSED? ¿ESTAS ESTRESADO/A?

MENTAL HEALTH AND SUBSTANCE USE DISORDER

Mental Illness
Depression, Anxiety, Bipolar, Schizophrenia, PTSD, etc.

Substance Abuse
Alcohol, Cocaine, Heroin, Marijuana, Prescription Drugs, etc.

Nearly 8.4 million US adults have both a mental health and substance use disorder!

Do you know why?

October 16, 2018
1:00-3:00 p.m.

160 Central Ave, Albany, NY 12206

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NEW YORK STATE
Department of Health
Office of Minority Health and Health Disparities Prevention

Learn about mental health and substance use disorder

- Causes and impacts
- What are co-occurring disorders?
- Stigma with mental health and substance use disorder

Community discussion

- How can we learn from each other?

Solutions/recommendations

- Treatment
- Prevention
- Resources

RESOURCES



WHY IS DIABETES & HEART DISEASES PREVALENT IN LATINO MEN?


¿POR QUÉ PREVALECE LA DIABETES Y LAS ENFERMEDADES CARDÍACAS EN LOS HOMBRES LATINOS?



Why is Diabetes & Heart Diseases Prevalent in Latino Men?
¿Por Qué Prevalence la Diabetes y las Enfermedades Cardíacas en los Hombres Latinos?

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CAPITAL DISTRICT LATINOS

Tuesday/Martes, October 23rd
10:00 AM - 12:00PM
160 Central Ave
Albany NY, 12206


Diabetes & Heart Disease in the Latino Men
Diabetes & Enfermedades del Corazón en los Hombres Latinos



- Causes and impact
• Causas e impactos
- Recognizing the symptoms
• Reconociendo los síntomas
- Prevention
• Prevención
- Resources
• Recursos


Community Discussion
Discusión Comunitaria

- How can we learn from each other?
• ¿Cómo podemos aprender el uno del otro?
- What prevents Latino men from seeking treatment?
• ¿Qué impide que los hombres latinos busquen tratamiento?
- Cultural Bias
• Parcialidad Cultural

Resources

- Solutions/Recommendations
• Soluciones/Recomendaciones
- Treatment / Tratamiento
- Prevention/ Prevención
- Resources/ Recursos

 **Department of Health** 



COMMUNITY HEALTHY LIVING CONFERENCE

Capital District Latino Cardiovascular Disease & Diabetes Outreach Initiative for a Healthy Living

- YMCA
 - National Diabetes Prevention Program
 - Life style coaches
 - Blood Pressure self-monitoring program
 - Healthy Heart Ambassadors
 - Physical exercise
- Rossana Coto-Batres, MSW
 - Yoga
 - Meditation
 - Vegetarian Cooking Classes
- Hannaford Nutrition Class –The Healthy Living Center
- Cornell Cooperative Extension





**Wilma Alvarado-Little-Associate
commissioner
& Micky Jimenez- CDL- Regional Director**



**Kat Perez, Joyce Meadows, & Micky
Jimenez**

Hispanic Heritage Month



CAPITAL DISTRICT LATINOS/PROMESA

OCT 15, 2019
2:00PM

LET'S TALK ABOUT
HEALTH IN
THE HISPANIC
COMMUNITY

HEALTHY FOODS & Refreshments
FREE EVENT



CAPITAL DISTRICT LATINOS CULTURAL EMPOWERMENT & COMMUNITY CENTER
160 CENTRAL AVE ALBANY, NY

CDL
CAPITAL DISTRICT LATINOS
NEW YORK STATE

Department of Health

Acacia Network
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Office of Minority Health and Health Disparities Prevention



Tertulia evening!





Health event graduates of the 6 months DOH cardiovascular and diabetes prevention program . Each participating received their gift cards, healthy food baskets, and recognition certificates



2nd SOMOS Uptown Reception

Cultural Empowerment & Community Engagement center Capital Campaign

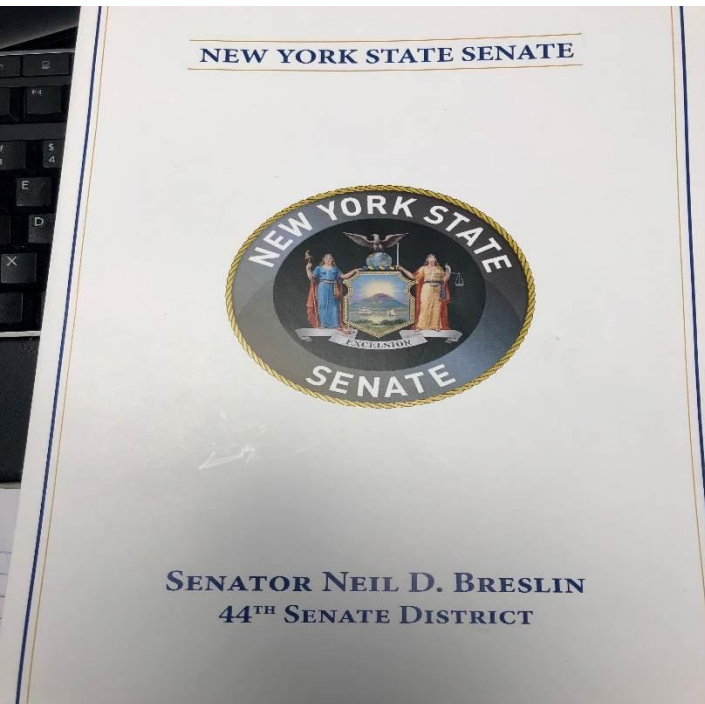


SOMOS Uptown Photos- March 6th, 2020

- <https://conta.cc/3dHTWpY>







Albany County Complete Count Census Funding

elow:

<https://www.governor.ny.gov/sites/governor.ny.gov/files/atoms/files/CensusRFEILetter12219withES-sclean.pdf>

ng Requirements:

ork State has allocated \$299,173 to Albany County for Census Outreach based on the Rockefeller Institute of Government's At-Risk Community Index.”

G developed 10 indicators that signal an undercount risk in the past or are likely to in 2020 because of the heightened climate of long refugee and immigrant communities due to the Federal Administration and fear about filling out the first ever online Census nnaire. The 10 indicators include census tract populations that are:

ldren under 5

ack

spanic

Castle Island Bilingual Montessori Elementary school

- Castle Island School Tour 1st video
- <https://youtu.be/bLdmZ-sPlfM>
- Welcome to Castle Island
- https://youtu.be/dvQmzLX-_7A

Video about Capital District Latinos Sept 2020

- <https://spectrumlocalnews.com/nys/capital-region/news/2020/09/14/cultural-empowerment-and-community-engagement-center-continues-to-serve-the-latino-community>

Puerto Rico On My Mind!

Show power point presentation

Capital District LATINOS

Latino
Advocacy
Through
Inter-
Neighborhood
Outreach
Services

“Creating the conditions for success in the Latino community and other communities of color.”



MISSION

Acacia Network's mission is to partner
with communities, lead change, and
promote health and prosperous
individuals and families

VALUES

EXCELLENCE

Our focus on excellence ensures that individuals, families, and communities consistently receive quality driven care

COMMITMENT

The talented and dedicated members of the Acacia family are the foundation of our success. We go the extra mile to meet the needs and expectations of individuals, families, and our communities.

CUSTOMER

We promote a culture that consistently exceeds customer's expectations. We affirm the unique identity of those we serve, treating each with friendliness, dignity, respect, care and compassion.

LEADERSHIP

We nurture partnerships, inspire others, instill ownership, engender trust and provide solutions toward our common goal to lead change and provide the highest quality care.

THANK YOU!



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300 East 175th Street, Bronx, NY 10457
www.acacianetwork.org/