Shining a light on 'Out of the Darkness', a Rochester safe haven aiding women in recovery

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Out of the Darkness, which provides transitional housing and support for local women in recovery, held an open house Tuesday, March 26, 2024, at its facility on St. Bridgets Drive in Rochester's Upper Falls area. The space provides a safe and stable living environment to help women in recovery rebuild their lives. (Photo by Mark Schuman/WHAM)

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Rochester, N.Y. — An event held Tuesday attempted to shine a spotlight on a local safe haven for women in recovery.

Out of the Darkness hosted an open house Tuesday at its facility on St. Bridgets Drive in Rochester's Upper Falls area. The space provides a safe and stable living environment to help women rebuild their lives.

500 women have been helped since the house was founded 14 years ago.

"It helps the community in many ways," said Sonia Rodriguez, founder and director of Out of the Darkness. "If we take a drug addict out of the streets, there's less crime, there's (less) family issues. Because it affects the family, and the community, and finances. All those things will be better and work out together."

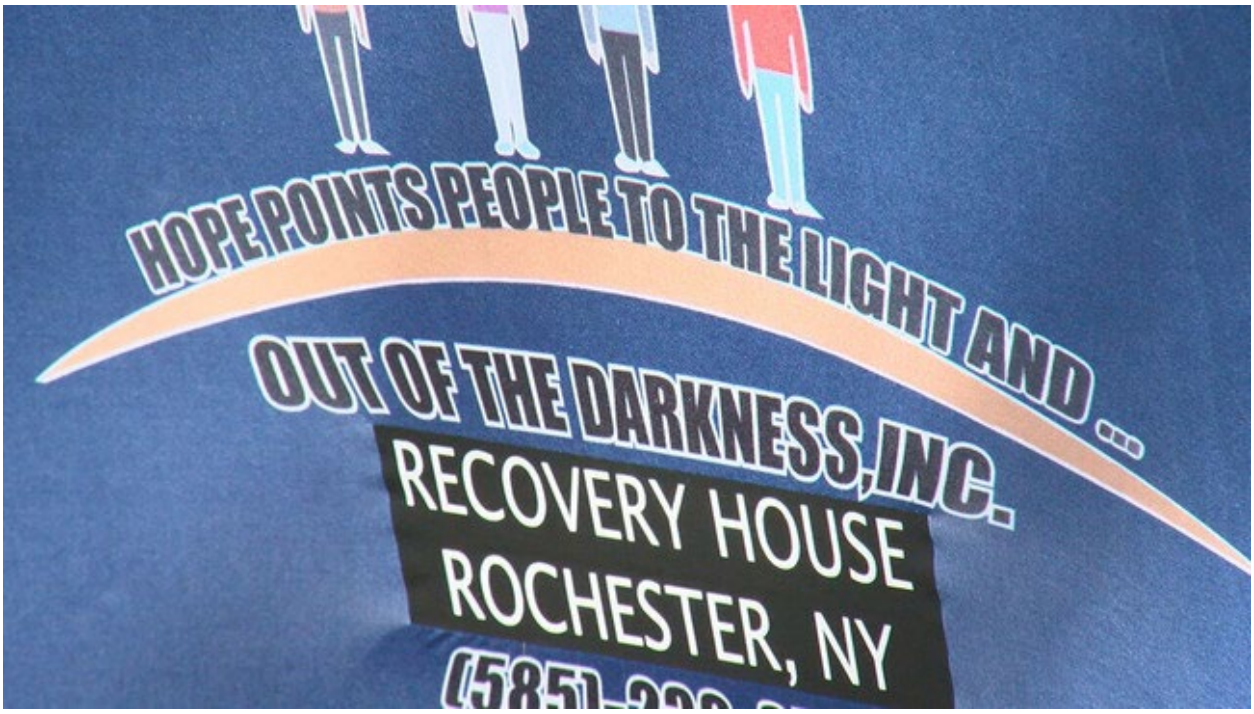
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Out of the Darkness partners with various community groups including Foodlink, Spiritus Christi Mental Health Center and the Open Door Mission.







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