

# FIRST FRIDAY MASS & Alliance of Two Hearts



## COMMUNION OF REPARATION

**First Friday Holy Mass**  
**& Alliance of Two Hearts Eucharistic Vigil**

Vigil starts at 9::00 pm

(First Saturday Mass is at 12 Noon following day)

St. Antoninus Church

## **MASS SONG SELECTIONS**

( from this booklet or from the Canticle)

### **Entrance:**

**To Jesus Heart All Burning-** This booklet, Page 46, #15  
**Standing in Holy Ground-** Canticle, Page 91  
**Come Now is the Time to Worship-** Canticle, Page 194  
**Open the Eyes of my Heart Lord** - Canticle, Page 317  
**Praise God from Whom All Blessings Flow-** Canticle, Page 341  
**Shout to the Lord-** Canticle, Page 349  
**This is the Day-** Canticle, Page 353  
**Enter In-** Canticle, Page 423

### **Offertory:**

**Sweet Heart of Jesus** - This booklet Page 45, #12  
**Heart of Jesus** - This booklet: Page 44, #4  
**O Jesus We Adore You-** this booklet: Page 45, #9  
**The Prayer of St Francis** – This booklet- Page 46, #14  
**Lord You Have Come to the Seashore-** This booklet: page 45, #8  
**Come Into My Heart-** This booklet: Page 44, #2  
**I Surrender All-** Canticle, Page 380  
**Take my Life-** Canticle, Page 386  
**We Fall Down-** Canticle, Page 385  
**Jesus, Lover of my Soul-** Page 382  
**Amazing Grace-** Canticle, Page 402  
**You are Near-** Canticle, Page 415  
**Here I Am Lord-** Canticle, Page 296  
**Lord Jesus We Enthroned You-** Canticle, Page 233

### **Communion**

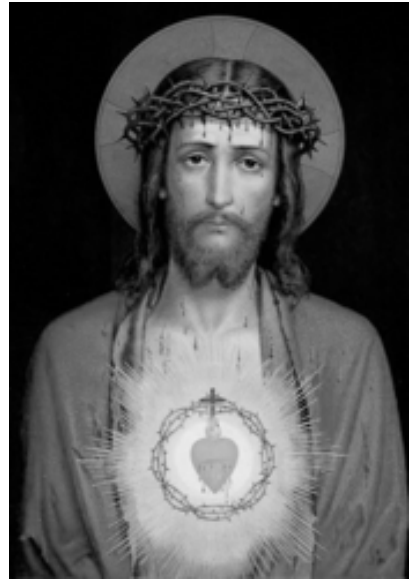
**O Sacred Heart O Love Divine** – This booklet: Page 45, #10  
**Jesus My Lord My God My All-** This booklet: Page 45, #7  
**Jesus We Adore You-** This booklet: Page 45, #9  
**More Precious Than Silver-** Canticle, Page 435  
**O Come, Let us Worship-** Canticle, Page 438  
**Gift of Finest Wheat-** Canticle, Page 147  
**I Am the Bread of Life-** Canticle, Page 149  
**O Lord I am Not Worthy-** Canticle, Page 160  
**One Bread, One Body-** Canticle, Page 161  
**The Cup of Life Outpoured-** Canticle, Page 169  
**How Great Thou Art-** Canticle, Page 102  
**Majesty-** Canticle, Page 234

### **Recessional:**

**To Jesus Heart All Burning-** This booklet, page 46, #15  
**Christ Be our Light-** Canticle, Page 250  
**More Love, More Power-** Canticle, Page 263

# AN ACT OF REPARATION TO THE SACRED HEART OF JESUS

Most sweet Jesus, / whose overflowing charity for men is requited by so much forgetfulness, negligence, and contempt, / behold us prostrate before You, / eager to repair by a special act of homage / the cruel indifference and injuries / to which Your loving Heart / is everywhere subjected. Mindful, alas! that we ourselves / have had a share in such great indignities, / which we now deplore from the depths of our hearts / we humbly ask Your pardon / and declare our readiness to atone by voluntary expiation / not only for our



own personal offenses, / but also for the sins of those who, / straying far from the path of salvation, / refuse in their obstinate infidelity to follow you, / our Shepherd and Leader, / or, renouncing the promises of their Baptism, / have cast off the sweet yoke of Your law.

We are now resolved to expiate each and every deplorable outrage committed against You; / we are determined to make amends for the manifold offenses against Christian modesty / in indecent dress and behavior, / for all the foul seductions laid to ensnare the feet of the innocent, / for the frequent violations of Sundays and holy days, / and for the shocking blasphemies uttered against You and your Saints.

We wish also to make amends / for the insults to which Your Vicar on earth and Your priests are subjected, / for the profanation, by conscious neglect or terrible acts of sacrilege, / of the very Sacrament of Your divine love, / and lastly for the public crimes of >

nations / who resist the rights and teaching authority of the Church which You have founded. Would that we were able to wash away such abominations with our blood.

We now offer, in reparation for these violations of Your divine honor, / the satisfaction You once made to Your Eternal Father on the cross / and which You continue to renew daily on our altars. We offer it in union with the acts of atonement of Your Virgin Mother / and all the saints and of the pious faithful on earth; / and we sincerely promise to make recompense, / as far as we can / with the help of Your grace, / for all neglect of Your great love / and for the sins we and others have committed in the past.

Henceforth, we will live a life of unswerving faith, / of purity of conduct, / of perfect observance of the precepts of the Gospel / and especially that of charity. We promise to the best of our power / to prevent others from offending You / and to bring as many as possible to follow You.

O loving Jesus, through the intercession of the Blessed Virgin Mother, / our model in reparation, / deign to receive the voluntary offering we make of this act of expiation; / and by the crowning gift of perseverance / keep us faithful unto death in our duty and the allegiance we owe to You, / that we may all one day comet o that happy home, / where with the Father and the Holy Spirit /You live and reign, forever and ever.

Amen.

# AN ACT OF CONSECRATION TO THE SACRED HEART OF JESUS

*St. Margaret Mary Alacoque*

I (Name), / give and consecrate to the  
Sacred Heart of our Lord Jesus Christ,  
/ my person, my life, my actions, / my  
pains and sufferings, / so that I may be  
unwilling to make use of any part of my  
being / save to honor, love, and glorify  
the Sacred Heart. It is my unchanging  
intention to be all His / and to do all for  
love of Him. I renounce at the same  
time / with all my heart / whatever  
can displease Him.



I, therefore, take You, O Sacred Heart, / the only object of my love, / the  
protector of my life, / the pledge of my salvation, / the remedy of my  
weakness and inconstancy, / the atonement for the faults of my life, /  
and the secure refuge at the hour of my death.

Be then, O Heart of goodness, / my justification before God the Father,  
and turn away from me the punishment of His just anger. / O Heart of  
love, / I put my confidence in You, / because I fear everything from my  
own sinfulness and weakness. / I hope for all things from Your mercy  
and generosity.

Destroy in me all that can displease or resist Your holy Will. / Let Your  
pure love impress You so deeply upon my heart / that I may never forget  
You or be separated from You. / May my name, by your loving kindness,  
be written In You, / because in You I desire to place all my happiness  
and all my glory / in living and dying in very bondage to you.

# FAMILY CONSECRATION TO THE THE SACRED HEART OF JESUS

O Sacred Heart of Jesus, / who made known to St. Margaret Mary Your ardent desire to reign over Christian families, / behold us (*Name each member of the family*) assembled here today / to proclaim Your absolute dominion over our home. Henceforth we commit to lead a life like Yours, so that among us may flourish the virtues / for which You promised peace on earth, / and for end / we will banish from our midst / the spirit of the world which You detest so much.



Reign over our understanding / by the simplicity of our faith. Reign over our hearts / by an ardent love for You; / and may the flame of this love / be kept burning in our hearts / by the frequent reception of the Holy Eucharist.

Deign, O Divine Heart, / to preside over our meetings, / to bless our undertakings, both spiritual and temporal, / to banish all worry and care, / to sanctify our joys / and soothe our sorrows. / If any of us / should ever have the misfortune to grieve Your Sacred Heart, / remind him of Your goodness and mercy / toward the repentant sinner.

Lastly, when the hour of separation strikes, when death shall come to cast mourning into the midst of our family / then shall everyone of us / be resigned to your eternal decrees. We shall console ourselves with the thought that a day will come when the entire family, reunited in heaven, can sing forever Your glories and Your mercies.

May the Immaculate Heart of Mary/ and the glorious patriarch Saint Joseph / present this consecration to You, / and keep it in our minds all the days of our life. / All glory to the Heart of Jesus, our King and our Father! ( Fr Mateo Crawley-Boevey, SS.CC, 1907)

*PART 2: After our First Friday Mass,  
please stay for our Eucharistic Vigil*

# ***Alliance of Two Hearts***



***COMMUNION OF  
REPARATION PRAYERS***

# Sweetest Lord Jesus

by St. Bonaventure (1221-1274)

Sweetest Lord Jesus Christ, / pierce the depths of my soul with the most joyous and life-giving wound of Your love, / with true, serene, holy and apostolic charity, / that my heart may ever yearn for You, / and melt with genuine love, / and long for You, / that it may desire You, sigh for Your heavenly home, / and earnestly yearn to become as nothing in order to be with You.



Grant that my soul may hunger for You, / the Bread of Angels, / the Refreshment of holy souls, / our daily and ever-satisfying Bread, / which contains all possible sweetness.

Let my heart ever hunger after You / and feed upon You, / upon whom the angels desire to gaze, / and may my whole soul be filled with Your sweetness. May it ever thirst for You, / the Fountain of eternal light, / t/he Torrent of pleasure, / t/he Richness of the House of God.

May it ever yearn for You, / seek You, / find You, / stretch towards You, reach You, / meditate upon You, / speak of You, / and do all things for the praise and glory of Your holy Name, / with humility and prudence, with love and delight, / with willingness, affection and perseverance.

Be ever my hope and my whole confidence, / my riches, / my delight, my pleasure, and my joy. Be my rest, / my peace, / my sweetness. Be my spiritual enjoyment, / my food and refreshment.

Be my refuge and my help, / my wisdom, / my reward, / my possession, and my treasure, / in whom my mind and my heart may ever remain fixed and firm / now and forever. Amen.



# THE HOLY ROSARY: Sorrowful Mysteries

I Believe in God, Our Father,  
3 Hail Mary 's & Glory be

## (1) THE AGONY IN THE GARDEN

*Our Father*

**1. Leader:** Then Jesus went with them to a place called Gethsemane, and he said: "Stay here while I go and pray."  
(Mt 26:36-37).

**Hail Mary... Holy Mary**

**2. Leader:** Then He said to them: "My soul is sad, even unto death. Wait here and watch with Me."  
(Mt 26:38)

**Hail Mary... Holy Mary**

**3. Leader:** And going forward a little, He fell on the ground and began to pray. (Mk 14:35)

**Hail Mary... Holy Mary**

**4. Leader:** "Father, if You are willing, remove this cup from Me; yet not My will but Yours be done."  
(Lk 22:42)

**Hail Mary... Holy Mary**

**5. Leader:** And then appeared to Him an angel from Heaven to strengthen Him. (Lk 22:43)

**Hail Mary... Holy Mary**

**6. Leader:** And falling into agony, He prayed even more earnestly (Lk 22:44)

**Hail Mary... Holy Mary**

**7. Leader:** And His sweat became as drops of blood running down upon the ground.  
(Lk 22:44)



**Hail Mary... Holy Mary**

**8. Leader:** Then He came to the disciples and found them sleeping. And He said, "Could You not then watch one hour with me?"  
(Mt 26:40)

**Hail Mary... Holy Mary**

**9. Leader:** "Watch and pray that You may not enter into temptation."  
(Mt 26:41)

**Hail Mary... Holy Mary**

**10. Leader:** The spirit is indeed willing, but the flesh is weak."  
(Mt 26:41)

**Hail Mary... Holy Mary**

**Leader:** Glory be...

**All:** As it was in the beginning.

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those most in need of Your mercy.

**Leader:** Jesus, meek and humble of Heart,

**All:** Make our hearts like unto Thine.

**Leader:** Chaste heart of St. Joseph, **All:** Pray for us.

## (2) THE SCOURGING AT THE PILLAR

Our Father

1. **Leader:** They bound Jesus and delivered Him to Pilate. And Pilate asked Him: "Are You the King of the Jews." (Mk 15:12)

**Hail Mary... Holy Mary**

2. **Leader:** Jesus answered: "My kingdom is not of this world but You say I am a King." (Jn 18:36)

**Hail Mary... Holy Mary**

3. **Leader:** "This is why I was born and why I came into the world, to bear witness to the truth." (Jn 18:37)

**Hail Mary... Holy Mary**

4. **Leader:** Then Pilate said: "I find no guilt in this man. I will therefore chastise Him and release Him." (Lk 23:14-15)

**Hail Mary... Holy Mary**

5. **Leader:** Pilate then took Jesus and had Him scourged. (Jn 19:1)

**Hail Mary... Holy Mary**

6. **Leader:** Oppressed and condemned, He was taken away- a man of suffering. (Is 53:8)

**Hail Mary... Holy Mary**

7. **Leader:** Though He was harshly treated, He submitted like a lamb led to the slaughter. (Is 53:7)

**Hail Mary... Holy Mary**



8. **Leader:** He was pierced for our offences; crushed for our sins (Is 53:4)

9. **Leader:** It was our infirmities that He bore, our sufferings that He endured. (Is 53:4)

**Hail Mary... Holy Mary**

10. **Leader:** Upon Him was the chastisement that made us whole, by His stripes we are healed. (Is 53:5)

**Hail Mary... Holy Mary**

**Leader:** Glory be...

**All:** As it was in the beginning...

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those most in need of Your mercy.

**Leader:** Jesus, meek and humble of Heart,

**All:** Make our hearts like unto Thine.

**Leader:** Chaste heart of St. Joseph,

**All:** Pray for us.

### **(3) THE CROWING WITH THORNS**

Our Father

**1. Leader:** Now the soldiers led Him away into the courtyard, and they stripped off His clothes, and put on Him a purple cloak  
(Mk 15:16)

**Hail Mary... Holy Mary**

**2. Leader:** And plaiting a crown of thorns, they put it upon His head and a reed in His right hand  
(Mt 27:29)

**Hail Mary... Holy Mary**

**3. Leader:** And kneeling before Him they mocked Him, saying: "Hail, King of the Jews!"  
(Mt 27:29)

**Hail Mary... Holy Mary**

**4. Leader:** And they spat on Him, and took the reed and kept striking Him on the head. (Mk 27:30)

**Hail Mary... Holy Mary**

**5. Leader:** Pilate again went outside and said: "I bring Him out to You, that You may know I find no guilt in Him." (Jn 19:4)

**Hail Mary... Holy Mary**

**6. Leader:** Jesus therefore came forth, wearing the crown of thorns and the purple cloak. (Jn 19:5)

**Hail Mary... Holy Mary**

**7. Leader:** And Pilate said to them: "Behold the man!" But they cried out: "Away with Him, crucify Him!" (Jn 19:15) **Hail Mary... Holy Mary**

**8. Leader:** "Why, what evil has He done?" But they kept crying out the more: "Crucify him!"

(Mk 15:14)

**Hail Mary... Holy Mary**

**9. Leader:** "Shall I crucify Your King?" And the chief priests answered: "We have no king but Ceasar." (Jn 19:15)

**Hail Mary... Holy Mary**

**10. Leader:** Then he handed Him over to be crucified. And so the soldiers took Jesus and led Him away. (Jn 19:16)

**Hail Mary... Holy Mary**

**Leader:** Glory be...

**All:** As it was in the beginning...

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those most in need of Your mercy.

**Leader:** Jesus, meek and humble of Heart,

**All:** Make our hearts like unto Thine.

**Leader:** Chaste heart of St. Joseph,

**All:** Pray for us.



## **(4) THE CARRYING OF THE CROSS**

Our Father

**1. Leader:** "If anyone wishes to come after Me, let him deny himself." (Lk 9:29)

**Hail Mary... Holy Mary**

**2. Leader:** "And take up His cross daily and follow Me."

(Lk 9:23)

**Hail Mary... Holy Mary**

**3. Leader.** And bearing the cross for Himself, He went forth to the place called the Skull" (Jn 19:17)

**Hail Mary... Holy Mary**

**4. Leader:** And they laid hold of a certain Simon of Cyrene and upon him, laid the cross to bear it after Jesus. (Lk 23:26)

**Hail Mary... Holy Mary**

**5. Leader:** "Take My yoke upon You and learn from Me. (Mt 11:20)

**Hail Mary... Holy Mary**

**6. Leader:** "For I am meek and humble of heart.... (Mt 11:29)

**Hail Mary... Holy Mary**

**7. Leader:** And You will find rest for Your souls; for My yoke is easy and My burden light (Mt 11:29)

**Hail Mary... Holy Mary**

-11- **8. Leader:** Now a great crowd was following Him, and women, who were bewailing and lamenting over Him.

(Lk 23:27)

**Hail Mary... Holy Mary**

**9. Leader:** Jesus, turning to them said: "Do not weep for Me but weep for Yourselves and for Your children." (Lk 23:28)

**Hail Mary... Holy Mary**

**10. Leader:** "For if in the case of green wood, they do these things, what is to happen in the case of dry?" (Lk 23:31)

**Hail Mary... Holy Mary**

**Leader:** Glory be...

**All:** As it was in the beginning...

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those most in need of Your mercy.

**Leader:** Jesus, meek and humble of Heart,

**All:** Make our hearts like unto Thine.

**Leader:** Chaste heart of St. Joseph,

**All:** Pray for us.



## **(5) THE CRUCIFIXATION & DEATH OF JESUS CHRIST** -12-

Our Father

**1. Leader:** And when they came to the place called the Skull, they crucified Him (*Lk 23:24*)

**Hail Mary... Holy Mary**

**2. Leader:** "And Jesus said: "Father, forgive them for they do not know what they are doing." (*Lk 23:34*)

**Hail Mary... Holy Mary**

**3. Leader.** And one of the robbers crucified with Him said, "Lord, remember me when You come into Your Kingdom (*Lk 23:42*)

**Hail Mary... Holy Mary**

**4. Leader:** And Jesus said to him: "Amen, I say to You, this day You shall be with Me in Paradise. (*Lk 23:43*)

**Hail Mary... Holy Mary**

**5. Leader:** And Jesus saw His mother and the disciple He loves standing by. (*Jn 19:26*)

**Hail Mary... Holy Mary**

**6. Leader:** And He said to His Mother, "Woman, behold Your Son." Then He said to His disciple: "Behold, Your Mother." (*Jn 19:26-27*)

**Hail Mary... Holy Mary**

**7. Leader:** And from then on, the disciple took her into his home. (*Jn 19:-27*)

**Hail Mary... Holy Mary**



**8. Leader:** And the sun was darkened, and the earth quaked, and the curtain of the temple was torn into two (*Lk 23:45*)

**Hail Mary... Holy Mary**

**9. Leader:** And Jesus cried out in a loud voice: " Father, into Your hands I commend My Spirit." (*Lk 23:46*)

**Hail Mary... Holy Mary**

**10. Leader:** "Then He bowed His head and delivered over His Spirit." (*Jn 19:30*)

**Hail Mary... Holy Mary**

**Leader:** Glory be...

**All:** As it was in the beginning...

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those most in need of Your mercy.

**Leader:** Jesus, meek and humble of Heart,

**All:** Make our hearts like unto Thine.

**Leader:** Chaste heart of St. Joseph,

**All:** Pray for us.

# ROSARY CLOSING PRAYERS

## Hail Holy Queen

Hail, Holy Queen, / Mother of mercy / Our life, our  
sweetness, and our hope . To thee do we cry, / poor  
banished children of Eve, to thee do we send up our  
sighs ,/ mourning and weeping in this valley of tears.  
Turn then, most gracious advocate, / thine eyes of  
mercy toward us; / and after this our exile, show unto  
us the blessed fruit of Thy womb, Jesus.  
O clement, O loving, O sweet Virgin Mary.



L. Pray for us, O Holy Mother of God.

A. That we may be made worthy of the promises of Christ.

## Let us Pray

O God, / whose only begotten Son/ , by His life, death, and resurrection,  
has purchased for us the rewards of eternal life. / Grant, we beseech Thee,  
/ that in meditating upon these mysteries / of the most Holy Rosary / of the  
Blessed Virgin Mary, / we may imitate what they contain / and obtain what  
they promise, / through the same Christ our Lord. / Amen.

## Memorare

Remember, / O most gracious Virgin Mary, / that never was it known, / that  
anyone who fled to Your protection, / implored Your help / or sought Your  
intercession / was left unaided. / Inspired by this confidence, / we fly to  
You, O Virgin of Virgins, our Mother. To You do we come, / before You we  
stand, / sinful and sorrowful, / O mother of the Word Incarnate, / despise  
not our petitions, / but in Your mercy, / hear and answer me. Amen

## St. Michael the Archangel

St. Michael the Archangel, / defend us in battle. Be our protection against  
the wickedness and snares of the devil. May God rebuke him, we humbly  
pray, / and do thou, / O Prince of the heavenly hosts, / by the power of  
God, / thrust into hell Satan, / and all the evil spirits, / who prowl about the  
world / seeking the ruin of souls. Amen..

## Let us pray for the intentions of the Holy Father:

1 Our Father, 1 Hail Mary, 1 Glory Be (*Plenary indulgence*)

# Litany of Praise

Response : *Praise You, Jesus!*

You are my Life, my Love. *R.*  
You are the King of Kings. *R.*  
You are the Lord of lords. *R.*  
You are the Almighty *R.*  
You are Christ, the King. *R.*  
You are the Lamb of God. *R.*  
You are the Lion of Judah. *R.*  
You are the Name above all  
names. *R.*  
You are Emmanuel, God with us. *R.*  
You are the King of Creation. *R.*  
You are the Bright Morning Star. *R.*  
You are our Champion and Shield. *R.*  
You are our Strength and our Song. *R.*  
You are the Way for our life. *R.*  
You are the Wonderful Counselor. *R.*  
You are Prince of Peace. *R.*  
You are the Living Word. *R.*  
You are the Messiah. *R.*  
You are the True Vine. *R.*  
You are the Lord of hosts. *R.*  
You are the Anointed One. *R.*  
You are the Holy One of Israel. *R.*  
You are the Light of the World. *R.*  
You are the Good Shepherd. *R.*  
You are the Rock of all ages. *R.*  
You are my Hiding Place. *R.*  
You are the Savior of the World. *R.*  
You are the Strong Tower. *R.*  
You are the Mountain Refuge. *R.*  
You are the Bread of Life. *R.*  
You are the Living Water. *R.*  
You are my Spouse, my Maker. *R.*  
You are our Victory. *R.*

You are our Salvation. *R.*  
You are our Wisdom. *R.*  
You are the Door. *R.*  
You are our Joy. *R.*  
You are our Covenant. *R.*  
You are the great I Am. *R.*  
You are the great High Priest. *R.*  
You are the Cornerstone. *R.*  
You are the Sure Foundation. *R.*  
You are our Portion and Cup. *R.*  
You are my Healing and Wholeness. *R.*  
You are our Covenant. *R.*  
You are the Promise of the Father. *R.*  
You are the Everlasting One. *R.*  
You are the Most High God. *R.*  
You are the Lamb that was slain. *R.*  
You are the Just Judge. *R.*  
You are the Balm of Gilead. *R.*  
You are the Mighty Warrior. *R.*  
You are my Defense. *R.*  
You are the Bridegroom. *R.*  
You are my Patience. *R.*  
You are the Solid Reality. *R.*  
You are my Provider. *R.*  
You are the Resurrection and the  
Life. *R.*  
You are the Alpha and the Omega. *R.*  
You are the Beginning and the End. *R.*  
You are all I need. *R.*  
You are all I want. *R.*  
You are worthy of all praise! *R.*

*(Ps 34:1, Mt 21:16, Has 5:13, Ps 150:2, Ps 92:1-3,  
2 Ch 20:22; Ps 35:28, Ps 51:15, 1 Pe 2:9, Mt 18:3,  
Ps 107:22, Heb 13:15, Ps 116:17, Rev 5:11-14,  
Rev 7:11-12, Rev 19:5)*

*From Miracle Hour by Linda Schubert*

# The Nine Offices of the Sacred Heart



*The prayers of the **Nine Offices of the Sacred Heart** were derived from and inspired by the revelations of the Sacred Heart to St. Margaret Mary Alacoque. In each of the nine offices, we ask our Blessed Mother and each of the 9 choirs of angels to pray with us, as we adore the Most Sacred Heart of Jesus.*

*Before we begin the offices, let us invoke the aid of the Choirs of Angels who will be praying with us. According to ancient tradition, the angels are arrayed in a hierarchy of nine ranks or choirs, whose designations are drawn from Scripture.*

## Invocation of the Nine Choirs of Angels

O holy **Angels**, / watch over us at all times during this perilous life.

O holy **Archangels**, / be our guides on the way to heaven.

O heavenly choir of the **Principalities**, / govern us in soul and body.

O mighty **Powers**, / preserve us against the wiles of the demons.

O celestial **Virtues**, / give us strength and courage in the battle of life.

O powerful **Dominions**, / obtain for us dominion over the rebellion of our flesh.

O sacred **Thrones**, / grant us peace with God and man.

O brilliant **Cherubim**, / illuminate our minds with heavenly knowledge.

O burning **Seraphim**, / enkindle in our hearts the fire of charity. Amen.

—Thigpen, Paul. “Chapter 10: Prayers, Devotions, and Hymns for Battle.” *Manual for Spiritual Warfare*, TAN Books, 2014, pp. 262–263.





## 1. First Office: WORSHIPPER

We unite our prayers with the Immaculate Heart of Mary & the Choir of Dominions

**Leader:** 1 Chronicles 16:23-31

Sing to the LORD, all the earth, announce his salvation, day after day. Tell his glory among the nations; among all peoples, his wondrous deeds. For great is the LORD and highly to be praised; to be feared above all gods. For the gods of the nations all do nothing, but the LORD made the heavens. Splendor and majesty go before him; power and rejoicing are in his holy place. Give to the LORD, you families of nations, give to the LORD glory and might; Give to the LORD the glory due his name!

Bring gifts, and come before him; bow down to the LORD, splendid in holiness. Tremble before him, all the earth; the world will surely stand fast, never to be moved.

Let the heavens be glad and the earth rejoice; let them say among the nations: The LORD is king.

Suggested song: ***To Jesus Heart All Burning*** (Page 46, #15)

### SPIRITUAL DISPOSITION

**Leader:** It is our care as **Worshippers** to unite our prayers with the prayers which the Sacred Heart of Jesus offers for us in the Blessed Sacrament. We join our tribute of praise to honor the Eternal Father.

Let us all place ourselves in God's presence, striving to feel as a nobody before the Almighty. Let us also strive to acquire a profound feeling of lowness before the Divine Majesty of God. At this moment, let us unite our worship with that of the Most Pure Heart of Mary and the Choir of Dominions.

## MOTIVATION

**Leader:** As **Worshippers**, let us consider the Divinity, truly present in the Most Sacred Heart. In the cross, we must see faith; in the wound, hope; in the flames, charity. We must be able to hear also the sweet complaint of Jesus who laments that it is harder to endure the ingratitude of men than the sorrow of His Passion. We must feel the same sorrow of heart as felt by our Lord Jesus who is bitterly grieved because the persons consecrated to His service are so cold to this devotion. “ I long to be honored in the Most Holy Sacrament, but I find nobody to satisfy My most ardent desires.”

## ADORATION BEFORE THE BLESSED SACRAMENT

**All:** O Jesus in the Blessed Sacrament, / grant to me and my fellow **worshippers** and children of Your Divine Heart, / and to all priests, religious and consecrated souls, / the spirit of fervor and holy zeal, / that we may fulfill the obligations of our state of life. Give also to all persons consecrated to Your service, / the grace of ever increasing sanctity, / that they may bring honor to our Mother, the Church, / and pay homage to God in spirit and in truth.

**Leader:** O Divine Heart,    **All:** Have mercy on us.

**Leader:** O exalted Choir of Heavenly Dominions, I lift up together with me to the august Heart of Jesus all the good done in the Catholic world and consecrate it to His greater glory. My Jesus, I join with my whole soul in the acts of adoration You offer Your Eternal Father. I love to offer You the loving sentiments / with which You have inspired Mary Most Holy and Your saints / in order to adore and glorify You as You deserve throughout eternity.

All: Amen.

## PRACTICE

**Leader:** It is our care as **Worshippers** to exhibit profound reverence and recollection during Holy Mass. We should allow the Eucharist continue to live in our hearts as we adore the Divine Father. As Worshippers, let us cultivate an awareness of the Presence of God which is the means of attaining a high degree of perfection.



## 2. Second Office: LOVER

We unite our prayers with the Immaculate Heart of Mary & the Choir of Seraphim

**Leader:** Romans 8:37-39

No, in all these things we are more than conquerors through him who loved us. For I am sure that neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

Suggested song: ***O Sacred Heart, O Love Divine***  
(Page 45, #10)

### SPIRITUAL DISPOSITION

**Leader:** It is our task as Lovers to worship Christ in the Holy Eucharist. We must render ourselves worthy of the love of the Sacred Heart by preserving our innocence and purity. We must give ourselves fully to Jesus, if we wish Him to give Himself wholly to us.

### MOTIVATION

**Leader:** As **Lovers** of the Sacred Heart, let us reflect on the flames with which the Sacred Heart of Jesus burns and how His Heart, radiant as the sun, is surrounded by the Choir of Seraphim who sings: "The love of the Sacred Heart triumphs, exalts and consoles." Let us ponder on the words of Jesus: "I have come to bring fire to the earth, and how I wish it were blazing already." (Lk 12:49)

## ADORATION BEFORE THE BLESSED SACRAMENT

**All:** O Adorable Heart of Jesus in the Blessed Sacrament, I consecrate to You every moment of my life. My heart, I leave behind with You in this Holy Tabernacle, / so that with the Choir of Seraphim, / I may love You now and forever. I love You, / O most amiable Heart of Jesus, / but my love is so cold. / May You make my heart and those of all creatures burn with the fire of Your love.

O Heart of Jesus, / I implore You to grant me the grace / to love You more and more. / Mary, Mother of my Lord and my mother too, / make me love His Heart Divine.

O Most Sacred Heart of Jesus, / divine furnace of the fire of that love which You are so earnest to enkindle on earth, / and which You wish to burn in all hearts. / Grant that our hearts may be consumed in those holy flames.

O Seraphim of the Heavenly Court, / I beseech and conjure You to tell the Author of my life / of my ardent desire to burn and languish with love of Him.

## PRACTICE

**Leader:** Our homage as **Lovers** consists in the fervor of pure affection and in the exactness in love and not of fear. Let us pray especially that the souls of the just may advance in virtue



### 3. Third Office: VICTIM

We unite our prayers with the Immaculate Heart of Mary & the Choir of Virtues

**Leader:** Philippians 2:6-8 :

(Jesus) though he was in the form of God, did not count equality with God a thing to be grasped, but emptied himself, taking the form of a servant, being born in the likeness of men. And being found in human form he humbled himself and became obedient unto death, even death on a cross.

Suggested song: ***The Greatest Thing*** (Page 46, #13)

#### SPIRITUAL DISPOSITION

**Leader:** Our Lord places before us His life of sacrifice in the Blessed Eucharist, wherein He Himself became a victim of propitiation for man's salvation. Thus, as **Victims** let us offer ourselves to the Sacred Heart. Let us be willing to offer sacrifices in union with Our Lord. O how hard it is to live without the love of God! Can anyone love the crucified Lord, without loving the cross and without being ready to die for it? To make this sacrifice more pleasing to the Sacred Heart, let us unite ourselves to the most Pure and Immaculate Heart of Mary and with the Choir of Virtues.

#### MOTIVATION

**Leader:** As **Victims**, let us reflect on the significance of the cross on which Jesus Christ was crucified. Let us ponder on what Christ seems to be saying: "I am looking for a victim soul who will console My wounded heart." The very love itself of Jesus Christ is the greatest motivation for victimhood. The manifestation of the secrets of the Sacred

Heart was the last effort of our Savior to invite us to respond to His great love.

## ADORATION BEFORE THE BLESSED SACRAMENT

**All:** My God, / I ardently desire to sacrifice my whole being, / in union with the Most Sacred Heart of Jesus, / so as to appease Your just wrath against us, poor sinners. I adore You, O Most Holy Trinity, / in union with the Holy Angelic Choir of Virtues. O God of Justice, / I unite myself to the Sacred Heart of Jesus Christ / who died as Victim of love for our salvation.

I offer You, Eternal Father, / in union with the Divine Heart, / myself-- soul, body, all that I am, / both of the present and of the future. Have pity on me and on all poor sinners. / O Heart of Jesus, / I implore the grace to love You more and more . Mary, Mother of my Lord and my own Mother too, / make me love His Heart Divine.

O Sacred Heart who continues to offer Yourself upon our altars as a Victim for our salvation, / what more do You desire, / what more do You demand, / what do You ask / to unite ourselves with You as co-victims of Your sacrifice?

I am ready, O Lord. / Take possession of me, / that I may be a victim, / consecrated and consumed in the flames of Your love, / for the greater glory of Your Eternal Father and the salvation of sinners. Eternal Father, Who has chosen me to this office, / graciously accept me, / Your humble servant, / for the sake of Your only begotten Son, / Who died for love of me. Amen.

## PRACTICE

**Leader:** Our duty as **Victims** consists in the control of the will, mortification of the heart and the discipline of the senses. Without the spirit of mortification, we can do little. Let us continuously check our emotional outburst when hurt or offended and resolve to offer these hurts for the conversion of all.



#### 4. Fourth Office: DISCIPLE

We unite our prayers with the Immaculate Heart of Mary & the Choir of Cherubim

**Leader:** Matthew 28:18-20:

And Jesus came and said to them, "All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age."

Suggested song: ***Lord You Have Come to the Seashore***  
(Page 45, #8)

#### SPIRITUAL DISPOSITION

**Leader:** As **Disciples**, let us go to the Heart of Jesus Christ to learn the science of the saints. It is in this school that true love is taught. It is in this school that true wisdom, the mother of fair love is imparted. It is the wisdom of Heaven that entirely surpasses all earthly wisdom. We must listen attentively to the voice of our Master, Who said: "Learn from me, for I am meek and humble of Heart." To obtain this wisdom, let us invoke the aid of the Most Pure heart of Mary and the Angelic Choir of the Cherubim.

#### MOTIVATION

**Leader:** As **Disciples**, let us reflect on the words of Christ: "Learn from Me, for I am meek and humble of heart." From our hearts, let us call out to Jesus and say: "Speak Lord, for Your servant is listening. Teach me to do Your will." Jesus Christ came to earth to teach us abject humility and meekness. He is our model and master in humility and ardent charity.

## ADORATION BEFORE THE BLESSED SACRAMENT

**All:** Grant, O Lord / that everyone, especially priests and religious, / the teacher of the faithful, / may profit by the shining example of Your Divine Heart, / and never wander away from the path that leads to Heaven.

O Loving Jesus, / the only school that offers a course in Holy Love, / I wish to hide myself in You, / that You may remove in me all the vain wisdom of the world, / and inflame my heart with love for You.

O God, / who enlightens every man who comes into this world; / and who directs every will, / diffuse over us / the ecclesiastical light of Your uncreated Wisdom / and make them receive with docility / the sublime truths of Your Gospel. O the number of lessons of perfection, / coming to us from Your Divine Heart! / Grant that we may produce abundant fruits of Christian virtues. And You, O Cherubim, / take us into Your company, / that we may have some share, / in the splendor which comes from the Sacred Heart of Jesus.

O how quick in learning is the discipline taught by You, / O Lord Jesus. Instruct us, O Lord, to be Your disciples . Please open the doors of our hearts / and make them docile to Your Divine Words. / Through Your grace and power, / help us be Your instrument of bringing those who resist the truth back to You.. Amen.

## PRACTICE

**Leader:** As **Disciples**, we must strive to be always recollected and silent, so that we can listen well to the voice and teachings of our Divine Master. Let us respond fully to the inspiration of grace coming from the Sacred Heart of Jesus.





## 5. Fifth Office: FAITHFUL SERVANT

We unite our prayers with the Immaculate Heart of Mary & the Choir of Archangels

**Leader:** Mark 10:43-45

“Whoever wishes to become great among you must be your servant, and whoever wishes to be first among you must be slave of all. For the Son of Man came not to be served but to serve, and to give his life a ransom for many.”

Suggested song: **Servant Song** (Page 45, #11)

### SPIRITUAL DISPOSITION

**Leader:** According to St. Margaret Mary, our duty as **Faithful Servants** is to take to heart the obedience which Jesus unceasingly shows to His priests. We must, like our Lord, practice obedience in all things. We must learn to give up our self-will, our passions and inclinations, even our likes and dislikes. To obtain this spirit of obedience, the **Faithful Servant** should invoke the aid of the Most Pure Heart of Mary and the Choir of Archangels.

### MOTIVATION

As **Faithful Servants** let us reflect on how Jesus humbled Himself and became a servant, saying: “I came not to be ministered unto, but to minister. If I, then, the Lord and Master, have washed Your feet, You must wash each other’s feet. I have given You an example so that You may copy what I have done to You.”

Our first and principal motive must be to render service to our Lord Who has given us an example on how to serve willingly, joyfully, and lovingly.

## ADORATION BEFORE THE BLESSED SACRAMENT

**All:** O Sacred Heart of Jesus in the Blessed Sacrament, / what glory is mine in bearing the yoke of Your tender and generous love / which keeps me bound voluntarily to You! May the most high, just and adorable Will of God/ be done, praised and exalted above all forever!

Accept, / O Jesus Christ, / the offering which I, / Your most unworthy servant, / offer You now. May You be visited more frequently and with greater reverence in this Adorable Sacrament. / In return, may You bring forth in all hearts / the fruits of grace and salvation, / of which You are the inexhaustible Source.

O Heart of Jesus, / I implore You to grant me the grace to love You more and more. / Mary, Mother of my Lord and my own Mother too, / make me love His Heart Divine.

O, Almighty Love of my God! / You have broken the chains which held me captive and kept me far from You. Please help me to be able to draw more souls to You / -- all those who, like me, have gone astray, / and make them taste / at the foot of Your altar, / the same delights of Your service which I now experience, / a service which makes all its subjects happy. / O mystery of the subjection of Jesus in the Sacrament of Your love, / I give myself up to honor You, / and to strive to draw all hearts to You, O Jesus. Amen.

## PRACTICE

**Leader:** It is our duty as **Faithful Servants** to obey promptly the divine aspirations. Let us imitate the obedience of the Sacred Heart, remembering that the most brilliant deeds done without obedience are not acceptable to God. Let us ever have the readiness and zeal to serve the Lord. (



## 6. Sixth Office: SUPPLICANT

We unite our prayers with the Immaculate Heart of Mary & the Choir of Angels

**Leader:** Philippians 4:4-8

Rejoice in the Lord always; again I will say, Rejoice. Let your gentleness be known to everyone. The Lord is near. Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. Finally, beloved, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things.

Suggested song: **Sweet Heart of Jesus** (Page 46, #12)

### SPIRITUAL DISPOSITION

**Leader:** St. Margaret Mary would often say: “The adorable Sacrament is the throne of Grace and Mercy.”

One of the aims why Christ remains present with us in this mystery is to move sinners to come and implore His mercy. Acknowledging that we owe life to God’s mercy, let us unite our petitions with that of the Sacred Heart, so that the many souls who might then be dead to God may begin to live the life of grace once more. To make this supplication more efficacious, let us unite our prayers with that of the Most Pure Heart of Mary and the Choir of Angels.

### MOTIVATION

As **Supplicants**, let us reflect on the crown of thorns with which the Heart of Jesus is crowned. Through this, we will

come to know that it was caused by God's great love for man. We should be motivated by the promise of the Sacred Heart: "I promise to bestow abundant blessings on all the undertakings of those who honor My Heart."

## ADORATION BEFORE THE BLESSED SACRAMENT

**All:** O Eternal Father, / animated by a lively faith / and full of confidence in the merits of the most Sacred Heart of Jesus, Your Son, / I offer them to You to obtain the fullness of Your grace / both for myself and for those who are in danger, / in either body or soul. Grant, O most merciful God, / Your grace to all the poor agonizing sinners / for the sake of the Sacred Heart of Jesus / and deliver the souls in Purgatory from their pains.

O Eternal Father, / for the sake of the Most Sacred Heart of Jesus, Your Son, / the sole subject of Your complacency, / grant me this particular grace.

O admirable Choir of Angels / and You in particular, my dear Guardian Angel, / accompany me on this visit to my Lord in the Eucharist / and together with the Sacred Heart of Jesus, / help me offer to the Eternal Father, / all the actions and sufferings of this day / for His greater glory / and for the release of the holy souls In Purgatory.

Hearken, O Divine Heart, / to the voices of those who are in need, / and be their comfort in tribulation; / for it has always been Your delight, O Most Merciful Heart, / to grant pardon and mercy to all. Amen.

## PRACTICE

**Leader:** Our principal practice as **Supplicants** consists in performing acts of charity toward our neighbors. We must endeavor to imitate the spirit of prayer of the Sacred Heart, bearing in mind that without prayer, it is impossible to remain in the state of grace, let alone advance in virtue. (



## 7. Seventh Office: **PROMOTER**

We unite our prayers with the Immaculate Heart of Mary & the Choir of Thrones

**Leader:** Matthew 5:14-16

“You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. 16 In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.”

Suggested song: ***Here I am Lord*** ( Page 44, #5)

### SPIRITUAL. DISPOSITION

**Leader:** Our duty as **Promoters** of the Sacred Heart is to make Him known to all mankind. We ask the Father and the Holy Spirit to move our hearts to love the Divine Heart of Jesus. We ask the Blessed Virgin to use her all-powerful intercession, that all who fly to it for aid, may find their consolation and strength therein. The fulfillment of this task often requires the aid of the most Pure heart of Mary and the Choir of Thrones.

### MOTIVATION

**Leader:** As **Promoters**, we ought to be motivated by the thought that it is the most ardent desire of the Sacred Heart of Jesus that this devotion be spread as widely as possible.

## ADORATION BEFORE THE BLESSED SACRAMENT

**All:** Grant us, / O Eternal Father/, the necessary light ,  
so that all of us may come to the knowledge of the  
Sacred Heart of Your Son, Jesus. O Holy Spirit, /  
inflame our hearts with with the love of the Sacred  
Heart . And You also, / O Most Holy Virgin, / lend Your  
most powerful intercession, / so that all those who have  
recourse / to the infinite mercy of Your heart / may  
experience its power.

I adore You, O Jesus, in the Blessed Sacrament; / I  
adore Your Heart inflamed with love for me. You are the  
sweet recess of my repose , / the dear object of my  
love. My Jesus, I desire that at this moment, / You  
would come into my soul and consume it with Your  
love. To You I unite myself, / O august Choir of Thrones  
/ in honoring the Divine Heart of Jesus. Amen.

## PRACTICE

**Leader:** As **Promoters** we must have the zeal to  
spread the devotion to the Sacred Heart of Jesus by  
our own example, molding our own hearts in imitation  
of the humble Heart of Jesus by the sweetness and  
gentleness of our manner. Giving an example is always  
so much more moving than preaching. May everything  
we do, think of and say, even our silence, speak of our  
love for the Sacred Heart of our Lord!



## 8. Eight Office: ZEALOUS FRIEND

We unite our prayers with the Immaculate Heart of Mary & the Choir of Principalities

**Leader:** John 14:2-3

In my Father's house there are many dwelling places. If it were not so, would I have told you that I go to prepare a place for you? And if I go and prepare a place for you, I will come again and will take you to myself, so that where I am, there you may be also.

Suggested song: ***Come into my heart*** (Page 44, #2)

### SPIRITUAL DISPOSITION

**Leader:** As **Zealous Friends** of the Sacred Heart, let us consider ourselves charged with the furtherance of the interest of the Sacred Heart of Jesus among our brothers and sisters. We regret that we cannot make known to the whole world the rich treasures of grace stored up in His Heart; treasures which our Lord is only too ready to pour out upon His faithful friends. Let us therefore make use of all the means at our command to instill this most sweet devotion into the minds of others, since it is a short way to perfection and a sure means of salvation. In fulfilling our duty, we ought to act in union with and implore the aid of the Most Pure Heart of Mary and the Choir of Principalities.

### MOTIVATION

**Leader:** As **Zealous Friends** of the Sacred Heart, let us consider the sweet look our Lord casts on the just saying: "Behold My Heart which has loved men so much and is so little loved in return by them," and resolve to use every means of making Him loved. Our motivating spirit must be the same zeal which consumed the Sacred Heart of Jesus, manifested through our deeds, our words, and our sentiments.

## ADORATION BEFORE THE BLESSED SACRAMENT

**All:** O Sacred Heart of Jesus, / glorify Yourself through Your own power, / making all with Your aid, / attain the perfection of Christian virtue. And You, O Principalities of the Heavenly Court, / present Yourself / with all the Heavenly Choirs before the Divine Majesty / and obtain by Your intercession, that the Sacred Heart may be known / in every part of the world / and that He may draw to His love / all the idolaters and infidels that do not know Him / and also those Christians who deny Him His rightful adoration.

O adorable Heart, / how great is my desire to atone in a worthy manner /, first for by myself for not having given You all the honor that You deserve as as the most Sacred Heart of Jesus, and for my brothers and sisters who do not know and adore You.

I adore You, / O Jesus in the Blessed Sacrament. I adore Your Heart inflamed with love for us. O Jesus, come at this moment into our hearts / and consume them with Your love. O Heart of Jesus who loves us so much, / how lovable You are! When shall we see You loved by all?

May the most holy, / most adorable Sacred Heart of Jesus be glorified and praised / throughout the world / now and forever ! Amen.

## PRACTICE

**Leader:** As **Zealous Friends** of the Sacred Heart, let us strive with holy zeal and discretion to put a stop to every outrage against our Lord for whom we must win love by word and example. Let us encourage and exhort all those whom we can, particularly our friends and acquaintances, to give some token of love to the Sacred Heart, above all, by frequent Confession, Holy Communion and Holy Hours of Adoration. *(Turn to next page for a song)*





## 9. Ninth Office: REPARATORS

We unite our prayers with the Immaculate Heart of Mary & the Choir of Powers

**Leader:** Psalm 69:20

“Insult has broken my heart past cure. I hoped for sympathy, but in vain, for consolers.—not one to be found.”

Suggested song: ***Heart of Jesus*** (Page 44, # 4)

### SPIRITUAL DISPOSITION

**Leader:** Our chief duty as **Reparators**, according to St. Margaret Mary, consists in humbly craving for God’s pardon for all the Insults to which the Sacred Heart of Jesus is continually being outraged in the Blessed Sacrament. Our faithful performance of this duty will ensure the well grounded hope that pardon will be extended to our own sins. Let us bear in mind what our Lord once said to His faithful servant: “Will no one take pity on My sorrow and come to aid Me, outraged, as I am now by sinners?”

For our acts of reparation to be acceptable to the Divine Heart, let us unite ourselves with the Most Pure Heart of Mary and the Choir of Powers..

### MOTIVATION

**Leader:** As **Reparators**, let us reflect on Jesus showing His Heart and giving us a look of affection. With His right hand He points to His own Heart and with His left asks for ours, saying: “My child, entrust to Me Your Heart.” Let us be motivated by the same object our Lord had in instituting this dear devotion — to enkindle in all hearts greater love for God.

## ADORATION BEFORE THE BLESSED SACRAMENT

**All:** I ask pardon O my God /, for the offenses You continuously receive in the Most Blessed Eucharist. O august Choir of Heavenly Powers, / come to my aid in atoning from the Sacred Heart of Jesus: / all the Masses half-heartedly celebrated, / Communions made by souls in a state of tepidity, / especially by souls who are consecrated to You, / and chiefly by myself and my fellow worshippers. Finally, help us to atone for all we may have done that is displeasing to You.

O most clement Heart of Jesus, / Divine Propitiator, / through whom the Eternal Father has promised that He would hear our prayers, / saying to Margaret Mary: Pray to Me through My Sacred Heart, / through this Heart will I hearken to Your prayers / and You will obtain whatever You desire.

Together with You and in You, / I offer to Your Eternal Father this poor heart of mine, / contrite and sorrowful / because of the sins I have committed, / especially in the presence of the Blessed Sacrament, / and more so because of those which I myself have had the misfortune to commit.

Would I were able, / O Divine Redeemer / to blot out with my tears /and wash away with my blood / all the ingratitude shown by me in return for the excess of Your love!

To the weak sorrow I feel for my sins, / I add the poignant grief You felt during the prayer and agony of sweat / In the Garden of Gethsemane, / at the sight of my sins and those of all men / and present them to Your Eternal Father/ together with Your own Sacred Heart. Supply and make up with Your love, / my ingratitude, indifference and >

forgetfulness / of such an incomparable benefit / and grant me henceforth reverence in Your presence, / that thus I may repair the past / and by my example / draw many souls to Your love / to which I devote and consecrate myself from this moment, / choosing Your most Sacred Heart / as my lasting abode. For You are my King, / my Spouse, / my Friend, / my Guide, / my Support, / my Hope, / my joy in time and eternity.

I shut myself up in Your wounds, / O Sacred Heart of Jesus, / never more to be separated from You. I offer, / O my God, / to Your Divine Majesty / this Most Sacred Heart / in satisfaction for so many outrages / which You continuously receive from sinners.

O most loving Heart of Jesus, / how many outrages do You receive in the adorable Eucharist! Here, / You give us the most beautiful proof of Your love, / but the world shows the excess of its ingratitude. / If I could only blot out with my blood those many fearful iniquities! / O my Jesus, / I will make use of every means of making reparation for so many offenses. I will consecrate to You all the days of my life / for love of Your most Sacred Heart / and give You the last breath of my life. Amen.

## PRACTICE

**Leader:** As **Reparators**, we must observe all the duties of our state of life, overcoming for this purpose every human obstacle. In sincere humility of spirit and in humble acknowledgement of our sins and with great confidence in the merits of Jesus Christ, we make this reparation to His Sacred Heart for all the injuries He receives. (

# Litany of the Sacred Heart of Jesus

Lord, have mercy.

**R. Lord, have mercy.**

Christ, have mercy.

**R. Christ, have mercy.**

Lord, have mercy.

**R. Lord, have mercy.**

Christ, hear us.

**R. Christ, graciously hear us.**

Response: **Have mercy on us**

God, the Father of Heaven,  
have mercy on us. **R.**

God the Son, Redeemer of the world, **R.**

God, the Holy Spirit, **R.**

Holy Trinity, One God, **R.**

Heart of Jesus, Son of the Eternal Father, **R.**

Heart of Jesus, fo

Heart of Jesus, substantially united to the Word of God, **R.**

Heart of Jesus, of Infinite Majesty, **R.**

Heart of Jesus, Sacred Temple of God, **R.**

Heart of Jesus, Tabernacle of the Most High, **R.**

Heart of Jesus, House of God and Gate of Heaven, **R.**

Heart of Jesus, burning furnace of charity, **R.**

Heart of Jesus, abode of justice and love, **R.**

Heart of Jesus, full of goodness and love, **R.**

Heart of Jesus, abyss of all virtues, **R.**

Heart of Jesus, most worthy of all praise, **R.**

Heart of Jesus, king and center of all hearts, **R.**

Heart of Jesus, in whom are all the treasures of wisdom  
and knowledge, **R.**

Heart of Jesus, in whom dwells the fullness of divinity, **R.**

*(Continue )*



Heart of Jesus, in whom the Father was well pleased, **R.**  
Heart of Jesus, of whose fullness we have all received, **R.**  
Heart of Jesus, desire of the everlasting hills, **R.**  
Heart of Jesus, patient and most merciful, **R.**  
Heart of Jesus; enriching all who invoke You, **R.**  
Heart of Jesus, fountain of life and holiness, **R.**  
Heart of Jesus, propitiation for our sins, **R.**  
Heart of Jesus, loaded down with opprobrium, **R.**  
Heart of Jesus, bruised for our offenses, **R.**  
Heart of Jesus, obedient unto death, **R.**  
Heart of Jesus, pierced with a lance, **R.**  
Heart of Jesus, source of all consolation, **R.**  
Heart of Jesus, our life and resurrection, **R.**  
Heart of Jesus, our peace and reconciliation, **R.**  
Heart of Jesus, victim of our sins, **R.**  
Heart of Jesus, salvation of those who trust in You, **R.**  
Heart of Jesus, hope of those who die in You, **R.**  
Heart of Jesus, delight of all the Saints, **R.**

Lamb of God, Who take away the sins of the world,  
**spare us, O Lord.**

Lamb of God, Who take away the sins of the world,  
**graciously hear us, O Lord.**

Lamb of God, who take away the sins of the world,  
**have mercy on us.**

V. Jesus, meek and humble of heart.  
R. Make our hearts like unto Yours.

Let us pray.

Almighty and eternal God,/look upon the Heart of Your most Beloved Son and upon the praise and satisfaction which He offers You in the name of sinners; and to those who implore Your mercy, in Your great goodness, grant forgiveness in the name of the same Jesus Christ, Your Son, Who lives and reigns with You forever and ever. **R. Amen.**

## Prayer to the Two Hearts for our Families

Hail, most loving Hearts of Jesus and Mary!  
We venerate You. / We love and honor You.  
We give and consecrate ourselves to You  
forever. Receive us and possess us entirely.  
Purify, enlighten and sanctify us, / so that we  
may love You, Jesus, with the Heart of Mary,  
and love You, Mary, / with the Heart of Jesus.



O Heart of Jesus, / living in Mary and by Mary!  
O Heart of Mary, / living in Jesus and for Jesus!

O Heart of Jesus, / pierced for our sins / and giving us Your Mother on  
Calvary! / O Heart of Mary, / pierced by sorrow / and sharing in the  
sufferings of Your Divine Son for our redemption! O sacred union of  
these Two Hearts!

Praise be God the Father, the Son and the Holy Spirit. / Praise be the  
Holy Spirit of God / who united these Two Hearts together! / May He  
unite our hearts and every heart / so that all hearts may live in unity /  
in imitation of that sacred unity which exists in these Two Hearts.

Triumph, / O Sorrowful and Immaculate Heart of Mary! / Reign, O  
Most Sacred Heart of Jesus, / in our hearts, in our homes and  
families, / in Your Church, / in the lives of all the faithful, / in the hearts  
of those who as yet do not know You, / and all the nations of the world.  
Establish in the hearts of all mankind / the sovereign triumph and reign  
of Your Two Hearts / so that the earth may resound from pole to pole  
with one cry: / "Blessed forever be the Most Sacred Heart of Jesus /  
and the Sorrowful and Immaculate Heart of Mary!"

O dearest St. Joseph, / I entrust myself to Your honor / and give myself  
to You, / that You may always be my father, / my protector, / and my  
guide in the way of salvation. Obtain for me a greater purity of heart /  
and a fervent love of the interior life. / After Your example, may I do all  
my actions for the greater glory of God / in union with the Divine Heart  
of Jesus and the Immaculate Heart of Mary. Amen.

## The Chaplet of Divine Mercy

*Opening Prayer:*

**All:** You expired, Jesus, but the source of life gushed forth for souls and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.

O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in You. (3 X)

Our Father... Hail Mary... I believe in God...

**Leader:** Eternal Father, I offer you the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ...

**All:** in atonement for our sins and those of the whole world.

**Leader:** (10 x) For the sake of His sorrowful passion...

**All:** have mercy on us and on the whole world.

**All:** Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

*Ending prayers:*

**Eternal God** in whom Mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase Your Mercy in us so that in difficult moments we might not despair nor become despondent but, with great confidence, submit ourselves to Your Holy Will, which is Love and Mercy

**O Greatly Merciful God**, Infinite Goodness, today all mankind calls out from the abyss of its misery to Your mercy---to Your compassion, O God; and it is with its mighty voice of misery that it cries out. Gracious God do not reject the prayer of this earth's exiles! O Lord, Goodness beyond our understanding, Who are acquainted with our misery through and through, and know that by our own power we cannot ascend to You, we implore You; anticipate us with Your Grace and keep on increasing Your mercy in us, that we may faithfully do Your holy will all through our life and at death's hour. Let the omnipotence of Your mercy shield us from the darts of our salvation's enemies, that we may with confidence, as Your children await Your final coming - that day known to You alone. And we expect to obtain everything promised us by Jesus in spite of all our wretchedness. For Jesus is our Hope: Through His merciful Heart as through an open gate we pass through to heaven.



# Efficacious Novena to The Sacred Heart of Jesus

*by St. Margaret Mary Alacoque. (1647-1690)*

*( Note: This was one of Padre Pio's favorite intercessory prayers)*



**1** - O my Jesus, You have said: "Truly I say to You, ask and You will receive, seek and You will find, knock and it will be opened to You." Behold I knock, I seek and ask for the grace of.... *(here name Your request)*

Our Father....Hail Mary....Glory Be ....

Sacred Heart of Jesus, I place all my trust in You.

**2**- O my Jesus, You have said: "Truly I say to You, if You ask anything of the Father in my name, he will give it to You." Behold, in Your name, I ask the Father for the grace of..... *(here name Your request)*

Our Father....Hail Mary....Glory Be ..

Sacred Heart of Jesus, I place all my trust in You.

**3** - O my Jesus, You have said: "Truly I say to You, heaven and earth will pass away but my words will not pass away." Encouraged by Your infallible words I now ask for the grace of..... *(here name Your request)*

Say: Our Father ...Hail Mary... .Glory ...

Sacred Heart of Jesus, I place all my trust in You.!

*Let us pray:*

O Sacred Heart of Jesus, for whom it is impossible not to have compassion on the afflicted, have pity on us miserable sinners and grant us the grace which we ask of You, through the Sorrowful and Immaculate Heart of Mary, Your tender Mother and ours.

St. Joseph, foster father of Jesus, pray for us.



## **The Joyful Mysteries**

### **First Joyful Mystery: The Annunciation of Mary**

*"And behold, you will conceive in your womb and bear a son, and you shall call his name Jesus. He will be great, and will be called the Son of the Most High." (Luke 1:31-32)*

~ We pray for the virtue of humility.



### **Second Joyful Mystery : The Visitation of Mary**

*And Mary said, "My soul magnifies the Lord, and my spirit rejoices in God my Savior, for he has regarded the low estate of his hand-maiden. For behold, henceforth all generations will call me blessed." (Luke 1:46-48)*

~ We pray for love of neighbor.



### **Third Joyful Mystery : The Birth of Jesus**

*Therefore the Lord himself will give you a sign. Behold, a young woman shall conceive and bear a son, and shall call his name Emmanuel (Isaiah 7:14)*

~ We pray for poverty of spirit.



### **Fourth Joyful Mystery: The Presentation of Jesus in the Temple**

*Simeon blessed them and said to Mary his mother, "Behold, this child is set for the fall and rising of many in Israel., and for a sign that is spoken against (and a sword will pierce through your own soul also), that thoughts out of many hearts may be revealed." (Lk 2:34-35)*

~ We pray for the virtue of obedience.



### **Fifth Joyful Mystery: The Finding of Jesus in the Temple**

*And all who heard him were amazed at his understanding and his answers. (Luke 2:47)*

~ We pray for piety



## First Sorrowful Mystery : The Agony in the Garden

*And going a little farther, he fell on his face and prayed, "My Father, if it be possible, let this cup pass from me; nevertheless, not as I will, but as thou wilt." (Matthew 26:39)*

~ We pray for the grace of a repentant heart



## Second Sorrowful Mystery: The Scourging at the Pillar

*Then he released for them Barab'bas, and having scourged Jesus, delivered him to be crucified. (Matthew 27: 26)*

~We pray for purity and mortification.



## Third Sorrowful Mystery : Crowning with Thorns

*And plaiting a crown of thorns they put it on his head, and put a reed in his right hand. And kneeling before him they mocked him, saying, "Hail, King of the Jews!" (Mt 27:29)*

~ We pray for courage and fortitude.



## Fourth Sorrowful Mystery: Carrying of the Cross

*Then Jesus told his disciples, "If any man would come after me, let him deny himself and take up his cross and follow me.(Mt 16: 24)*

~We pray for patience and perseverance.



## Fifth Sorrowful Mystery: The Crucifixion

*Then Jesus, crying with a loud voice, said, "Father, into thy hands I commend my spirit!" And having said this he breathed his last. (Luke 23:46)*

~ We pray for the salvation of the world.



# The Glorious Mysteries

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## First Glorious Mystery: The Resurrection of our Lord

*Jesus said to her, "I am the resurrection and the life; he who believes in me, though he die, yet shall he live, and whoever lives and believes in me shall never die." (Jn 11:25-26)*

~ We pray for faith.



## Second Glorious Mystery: The Ascension of Our Lord

*So then the Lord Jesus, after he had spoken to them, was taken up into heaven, and sat down at the right hand of God. (Mark 16:19)*

~ We pray for hope.



## Third Glorious Mystery : The Descent of the Holy Spirit

*But the Counselor, the Holy Spirit, whom the Father will send in my name, he will teach you all things, and bring to your remembrance all that I have said to you. (John 14:26)*

~ We pray for the gifts and fruits of the Holy Spirit.



## Fourth Glorious Mystery: The Assumption of Our Lady into Heaven

*And Mary said: "...The Mighty One has done great things for me, and holy is his name. (Luke 1: 49)*

~ We pray for a happy death



## Fifth Glorious Mystery: The Coronation of the Blessed Virgin Mary

*And a great portent appeared in heaven, a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars. (Revelations 12:1)*

~ We consecrate Mary as queen of our homes.



# The Luminous Mysteries

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## First Luminous Mystery: The Baptism in the Jordan

*And lo, a voice from heaven, saying, "This is my beloved Son, with whom I am well pleased." (Matthew 3:17)*

~ We pray for full conversion to Jesus.



## Second Luminous Mystery: The Wedding at Cana

*And Jesus said to her, "O woman, what have you to do with me? My hour has not yet come." ... His mother said to the servants: "Do whatever he tells you." (John 2:4-5)*

~ We pray for the love of Jesus through Mary.



## Third Luminous Mystery: The Proclamation of the Kingdom of God

*From that time Jesus began to preach, saying, "Repent, for the kingdom of heaven is at hand." (Matthew 4:17)*

~ We pray for the gift of loving God's Word.



## Fourth Luminous Mystery: The Transfiguration of Jesus

*"And a voice came out of the cloud, saying, "This is my Son, my Chosen; listen!" (Luke 9:35)*

~ We pray for a listening heart.



## Fifth Luminous Mystery: The Institution of the Eucharist

*"Truly, truly, I say to you, unless you eat the flesh of the Son of man and drink his blood, you have no life in you..." (John 6:53)*

~We pray for the love of the Eucharist



## 1) Amazing Grace

Amazing grace! How sweet  
the sound / That saved a  
wretch like me!  
I once was lost, but now am  
found; / Was blind, but now  
I see.

'Twas grace that taught my  
heart to fear, / And grace my  
fears relieved; How precious  
did that grace appear  
The hour I first believed!

Through many dangers, toils  
and snares, / I have already  
come. / 'Tis grace hath  
brought me safe thus far,  
And grace will lead me  
home.

## 2) Come Into My Heart

A. Come into my heart,  
Come into my heart.  
Come into my heart, Lord,  
Come into my heart.

2. Come into my life  
Come into my life  
Come into my life, Lord  
Come into my life.

B. Cleanse me of my sin,  
Cleanse me of my sin.  
Cleanse me of my sin, Lord  
Cleanse me of my sin

C. I give my life to You  
I give my life to You.  
I give my life to You, Lord  
I give my life to You.

D. I will follow You  
I will follow You.  
I will follow You, Lord.  
I will follow You.

6. Holy Spirit, come  
Holy Spirit come.  
Holy Spirit, come, Lord  
Holy Spirit, come.

## 3) Come Holy Spirit, We Need You

Come Holy Spirit, we need You  
Come, Holy Spirit, we pray  
Come in Your strength and Your power.  
Come in Your own special way.

Come like a spring in the desert  
Come to the weary of souls  
Lord, let Your sweet healing power  
Touch us and make us whole.

Glory be to the Father. / Glory be to the  
Son. / Glory be to the Spirit.  
Now and forever. Amen

## 4) Heart of Jesus

Heart of Jesus meek and mild,  
Hear, oh hear thy feeble child,  
When the tempest's most severe,  
O Heart of Jesus hear.

*Refrain:*

Sweetly we'll rest on thy Sacred Heart,  
Never from Thee, oh, let us part,  
Hear then thy loving children's pray'r,  
O Heart of Jesus, Heart of Jesus hear.

Make me Jesus wholly thine,  
Change this wayward heart of mine,  
Lead me through this world so drear, O  
Heart of Jesus hear! (*Refrain*)

## 5) Here I Am Lord

1.) I, the Lord of sea and sky, / I have heard  
My people cry. / All who dwell in dark and sin,  
My hand will save. / I who made the stars of  
night, / I will make their darkness bright.  
Who will bear My light to them?  
Whom shall I send?

Refrain: Here I am Lord, Is it I Lord?  
I have heard You calling in the night .  
I will go Lord, if You lead me.  
I will hold Your people in my heart

2.) I, the Lord of snow and rain, / I have borne  
my peoples pain. / I have wept for love of  
them/ They turn away. / I will break their  
hearts of stone, / Give them hearts for love  
alone. / I will speak My word to them,  
Whom shall I send? (*Refrain*)

# Songs

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## 6) How Great Thou Art

1. O Lord my God, / when I in  
awesome wonder / consider all the  
worlds / Thy hands have made,  
I see the stars, / I hear the rolling  
thunder / Thy power throughout /  
The universe displayed:

*Refrain:* Then sings my soul, / my  
Savior God, to Thee: / How great  
Thou art, / How great Thou art! (2 x)

2. And when I think that God,  
His Son not sparing, / Sent Him to  
die, / I scarce can take it in; / That  
on the cross, / my burden gladly  
bearing, / He bled and died to take  
away my sin: (Refrain)

## 7) Jesus, My Lord, My God, My All

Jesus, my Lord, my God, my All  
How can I love thee as I ought?  
And how revere this wondrous gift  
So far surpassing hope or thought?.

*Refrain:*

Sweet Sacrament, we thee adore! O  
make us love thee more and more!  
O make us love thee more and more

2. Had I but Mary's sinless heart,  
To love thee with, my dearest King  
O! with what bursts of fervent praise  
Thy goodness, Jesus would I sing. *Refrain*

## 8) Lord You Have Come to the Seashore

1. Lord, You have come to the  
seashore, / Neither searching for the  
rich nor the wise, / Desiring only  
that I should follow

*Refrain:*

O Lord, with Your eyes set upon me  
Gently smiling, / You have spoken  
my name / All I longed for I have  
found by the water, / At Your side,  
I will seek other shores (*Cont*)

2. Lord, see my goods, my  
possessions; / In my boat You  
find / no power, no wealth / Will  
You accept, then, / my nets and  
labor? (Refrain)

## 9) O Jesus We Adore You

O Jesus, we adore You  
Who in Your love divine  
Conceal Your mighty GodHead  
in forms of bread and wine.

*Refrain:* O Sacrament most  
holy, / O sacrament divine,  
All praise and all thanksgiving,  
Be ev'ry moment thine!

O Jesus, we adore You,  
Our Victim and our Priest,  
Whose precious Blood and  
Body become our sacred  
feast. (*Refrain*)

## 10) O Sacred Heart, O Love Divine

O Sacred Heart O Love Divine  
Do keep us near to Thee  
And make our love so like to  
Thine / That we may holy be.

*Refrain*

Heart of Jesus hear / O heart of  
love divine / Listen to our prayer,  
Make us always Thine.

O Temple pure, O House of Gold  
Our heaven here below  
What sweet delights / What  
wealth untold / From Thee do  
ever flow. (*Refrain*)

## 11) Servant Song

1. What do You want of me, Lord?  
Where do You want me to serve  
You? / Where can I sing Your  
praises. / I am Your song.

*Refrain :* Jesus, Jesus,  
You are the Lord.

Jesus, Jesus, You are the way. (*cont*)

# Songs

2. I hear You call my name, Lord,  
and I am moved within me.  
Your Spirit stirs my deepest self.  
Sing Your songs in me. (Refrain)

## 12) Sweet Heart of Jesus

Sweet Heart of Jesus!  
Fount of love and mercy, / Today  
we come / thy blessing to implore;  
Oh touch our hearts so cold and so  
ungrateful, / And make them Lord /,  
thine own for evermore.

*Refrain:* Sweet Heart of Jesus!  
We-e implore, / Oh, make us love  
thee, more and more.

Sweet Heart of Jesus! Make us  
pure and gentle / And teach us  
how / to do thy blessed will;  
To follow close the print of thy dear  
footsteps, / And when we fall, /  
Sweet Heart oh, love us still thee.

*Refrain*

Sweet Heart of Jesus!  
Bless all hearts that love thee,  
And make thine own heart ever  
blessed be. / Bless us dear Lord,  
and bless the friends we cherish,  
And keep us true to Mary and to  
Thee.

*Refrain*

## 13) The Greatest Thing

The greatest thing in all my  
life is loving You (2X).  
I want to love You, Lord. (2X).  
The greatest thing in all my life  
is loving You.  
The greatest thing in all my life  
is praising You (2X).  
I want to praise You, Lord. (2X).  
The greatest thing in all my life  
is praising You.  
The greatest thing in all my life  
is serving You (2X). (Cont)

I want to serve You, Lord. (2X).  
The greatest thing in all my life  
is serving You.  
The greatest thing in all my life is  
thanking You (2X)  
I want to thank You, Lord. (2X).  
The greatest thing in all my life

## 14) The Prayer of St Francis

Make me a channel of Your peace,  
Where there is hatred/ let me bring  
Your love, / Where there is injury  
Your pardon, Lord, / And where  
there's doubt, true faith in You.

Make me a channel of Your peace,  
Where there's despair in life let me  
bring hope, / Where there is  
darkness only light. / And where  
there's sadness ever joy.

*Refrain:*

O Master grant that I may never seek  
So much to be consoled as to console  
To be understood, as to understand,  
To be loved, as to love with all my  
soul.

Make me a channel of your peace,  
It is in pardoning that we are  
pardoned, / In giving of ourselves  
that we receive, / And in dying, that  
we're born to eternal life

## 15) To Jesus Heart all Burning

To Jesus Heart all burning  
With fervent love for men / My heart  
with fondest yearning / shall raise the  
joyful strain

*Refrain:* While ages course along  
Blest be with loudest song  
The Sacred Heart of Jesus  
by ev'ry heart and tongue  
The Sacred Heart of Jesus  
by ev'ry heart and tongue.

O Heart for me on fire  
With love no man can speak  
My yet untold desire  
God gives me for Thy sake (*Refrain*)



# First Friday Devotion & the 12 Sacred Heart Promises

St. Margaret Mary Alacoque (1647-1690) reported visions of Jesus Christ directing her to promote devotion to the Sacred Heart of Jesus on nine consecutive First Fridays in reparation for sins and in order to show love to Jesus. In return for this act of devotion, which usually includes Mass, Communion, confession and even an hour of Eucharistic Adoration on the eve of the first Friday of the month, our blessed Savior promised St. Margaret Mary the following blessings

## **Twelve Promises of the Sacred Heart to St. Margaret Mary:**

- 1) I will give them all the graces necessary for their state of life.
- 2) I will give peace in their families.
- 3) I will console them in all their troubles.
- 4) I will be their refuge in life and especially in death.
- 5) I will abundantly bless all their undertakings.
- 6) Sinners shall find in my Heart the source and infinite ocean of mercy.
- 7) Tepid souls shall become fervent.
- 8) Fervent souls shall rise speedily to great perfection.
- 9) I will bless those places wherein the image of my Sacred Heart shall be exposed and venerated.
- 10) I will give to priests the power to touch the most hardened hearts.
- 11) Persons who propagate this devotion shall have their names eternally written in my Heart.
- 12) In the excess of the mercy of my heart, I promise you that my all powerful love will grant to all those who will receive Communion on the First Fridays, for nine consecutive months, the grace of final repentance: they will not die in my displeasure, nor without receiving the sacraments; and my Heart will be their secure refuge in that last hour.

## **Requirements to fulfill promises of the Sacred Heart**

- Receive Holy Communion on each First Friday for 9 consecutive months.
- They must be made in honor of and in reparation to the Sacred Heart.