BODY, MIND, & SPIRIT SHABBAT SATURDAY, OCTOBER 25 @ 9:00AM





WALK AT BOLSA CHICA **ECOLOGICAL RESERVE** WITH ROBIN HARRISON PARK INN THE SOUTH LOT ON THE EAST SIDE OF PCH ACROSS FROM ENTRANCE TO BOLSA CHICA BEACH 18000 CA-1, HB, CA 92648

HIKE IN CRYSTAL COVE STATE PARK WITH RABBI MEET AT PACIFIC RIDGE TRAILHEAD RIDGE PARK ROAD IN NEWPORT BEACH. LENGTH AND CHALLENGE WILL BE DETERMINED BY YOU PARKING IS FREE

WEAR COMFORTABLE CLOTHES

PLEASE RSVP TO THE OFFICE EMAIL TBDAVID@TEMPLEBETHDAVID.ORG

> GET CONNECTED of f





