



MOVE
FOR MENTAL
HEALTH

PRESENTED BY
JFCS LONG BEACH
AND ORANGE COUNTY



5K RUN

& WALK

SUNDAY, MAY 3

ARE YOU INTERESTED IN JOINING OUR BDYP TEAM?
TO REGISTER, PLEASE EMAIL US BY MARCH 28TH!

JOIN US IN MOVING FOR MENTAL HEALTH AS WE SUPPORT JEWISH
FAMILY & CHILDREN'S SERVICE OF LONG BEACH & ORANGE COUNTY!

FOR MORE INFORMATION AND TO
REGISTER, PLEASE EMAIL:

youngprofessionals@templebethdavid.org