

BODY, MIND, & SPIRIT SHABBAT SATURDAY, DECEMBER 6 @ 9:00AM



STROGA WITH
CANTOR NANCY LINDER
GENTLE STRECHING WITH YOGA POSES

BREAKFAST IMMEDIATELY FOLLOWS.
\$8.00 FOR BAGELS, LOX, VEGETABLES, FRUIT,
HARD-BOILED EGGS, AND COFFEE

****BRING YOUR OWN MAT AND DRESS COMFORTABLY****

PLEASE RSVP TO THE OFFICE
EMAIL TBDavid@TempleBethDavid.org

— GET CONNECTED —



6100 Hefley Street Westminister, CA 92683