

## **CASA Volunteer Resources**

### **CASA Specific Resources**

[CASA Volunteer Handbook](#)

[How to Use Optima](#)

[Biological Parent Contact Tips](#)

[Youth Toolkit for D&N Cases](#)

[D&N Handbook](#)

[Roles in a CPS Case](#)

[GAL vs CFY Explanation](#)

[The Colorado Office of the Child's Representative](#)

[Sibling Rights Bill](#)

[Communication](#)

[Effective Court Reports](#)

[Safety](#)

[Testifying in Court](#)

[Well-Being Assessments](#)

[Dual Status Advocacy](#)

### **Informational Resources**

[Developmental Milestone Resources & Free Children's Books](#)

[Infant Advocacy at a Glance](#)

[Advocacy Guide 0-5 yrs](#)

[Advocacy for Infants and Young Children](#)

[Playbook: Learning Through Play](#)

[Supporting Cultural Identity for Children in Foster Care](#)

[Educational Advocacy](#)

[IEP vs 504 Plans](#)

[Career Connected Learning at Poudre High School](#)

[Integrated Services and Transition Pathways at PSD](#)

[Advocating for an Older Youth in Foster Care](#)

[Aging Out of Foster Care Resource](#)

[TBRI Engagement Strategies for Challenging Situations](#)

[National Child Traumatic Stress Network](#)

[Fostering Futures Resource Guide for Youth in Transition](#)

[Motivational Interviewing for CASAs and Mentors](#)

[Helping Children Transition Between Activities](#)

[Once I Was Very Scared Video for Children](#)

[Advocacy for Youth Sex Trafficking](#)

[The Trevor Project LGBTQ Resources](#)

[Gender Affirming Care](#)

[Pride/LGBTQ Books for Kids](#)

[Non-Binary Best Practices](#)

[15 Examples of Inclusive Language](#)

[Using Inclusive Language with Children](#)

[Cultural Competency](#)

[DEIJ Graphic](#)

[Suicide Prevention](#)

[Larimer County Mental Health Crisis Resources](#)

[Mental Health Resources in Colorado](#)

[Early Childhood Mental Health Support](#)

[Social and Emotional Foundations for Early Learning](#)

[Legal Information Network of Colorado](#)

[Local Non-Profit Guide](#)

[Child Welfare Legislative Bills](#)

[Overview and CASA Practice Tips regarding Child Welfare Legislation](#)

[Resources for Relative and Kinship Caregivers](#)

[Report on Youth Mental Health and Wellbeing in Colorado](#)

[Child Safe Group for Middle School Students](#)

[Child Safe Group for Adolescents 13-17](#)

[Child Safe Group for Elementary School Students](#)

## **Self-Care and Wellbeing Resources**

[Healing Guidebook](#)

[Caregivers Guide to Wellbeing](#)

[American Psychological Association: Road to Resilience](#)

[Secondary Traumatic Stress](#)

[Volunteers of America 55+](#)