Military Outreach USA

3020 Milwaukee Avenue • Northbrook, IL 60062 • 877-734-4244 •
MilitaryOutreachUSA.org

To All Veterans and First Responders:

You are invited to participate in an educational ZOOM SBMH Townhall – every 4th Thursday, 7 pm Central. The topic will be **"Suicide Prevention/Solutions".** ZOOM details below.

These ZOOM SBMH Townhalls are meant to help those quietly suffering and asking for anyone to "stand-by-me".

Stand-by-me Heroes (SBMH) is a program of Military Outreach USA (MOUSA). See www.militaryoutreachusa.org and Stand-By-Me Heroes – MILITARY OUTREACH USA

MOUSA CEO Major General (Retired) James H. Mukoyama and Executive Director Chappy Ferrer are dedicated to reducing veteran suicides (22+ per day, possibly 40+) and First Responder suicides. Since 2018, this grass-roots program has effectively impacted our heroes and their families changing mind, body and soul with a simple framework, called Warrior Hope.

Please feel free to view existing SBMH training videos at SBMH - YouTube

The host, **Donna Adams**, BSBA,BSN,MSP,BYS and Foxhole Soul Counselor, has worked for 40 years as a nurse in Behavior Health. Donna will lead discussions on Healing, Opportunity, Peace and Empowerment of mind, body and soul.

For questions and information, please contact: <need name and email>

ZOOM MEETING DETAILS:

Chappy Ferrer and Donna Adams invite you to a recurring Zoom meeting.

ZOOM SBMH Townhall on Suicide Prevention/Solutions

Thursday Jan 26, 2023 · 7pm – 10pm (Central Time - Chicago)
recurring every Thursday

Join the Zoom Meeting at https://us02web.zoom.us/j/83989364980?pwd=dGJhMnRrREhIczRPUzdZK3AweUphQT09

Meeting ID: 839 8936 4980

Passcode: 552540

Dial by your location +1 309 205 3325 US