



# LGE

*Leadership Greater Enid*

## CLASS XXXI

### Allison Miles

**Hometown:** Kremlin, Oklahoma

**Family:** Single, Sister to two older brothers, Aunt to 3 nieces and 1 nephew, Best friend to 8-month-old white lab Annie

**Occupation/Profession:** Physical Therapist Assistant at Northwest Oklahoma Orthopaedic Clinic - work with patients of all ages who have injuries, health related conditions or surgeries that limit their ability to move or perform daily activities and implement an individual treatment plan to help them regain motion and strength to live healthier, fuller lives

**What is the best piece of advice you have ever received?** If there's something you want, go for it. Don't let yourself or anyone else tell you that you aren't capable.

**What qualities do you look for in a leader?** Somebody that leads by example. When you lead by example you make it easy for others to follow you. I feel a great leader wouldn't ask anybody to do something they wouldn't be willing to do themselves.

**If you could only eat one item of food for the rest of your life, what would you eat?** Baked potatoes! Everyone gives me a hard time because they might already be finished eating their meal and I am still working on mixing up the perfect combination of toppings and consistency!

**Favorite thing about Enid?** It is home. I have appreciated different things about Enid based on different times of my life, but it has always been home. The people of Enid make it home. I am very fortunate to not only have my parents here but friends old and new that are just like family.