



# LGE

*Leadership Greater Enid*

## CLASS XXXI

### Ryan Sudlow

**Hometown:** Russell Kansas through Marriage and we have adopted Enid

**Family:** Married 14 years to my Wife Jessica, have two kids, Tristan and Willow ages 10 & 8. We are Doc's parents; Doc spent several years gainfully employed as the Enid Public Library's therapy dog. Doc is now happily (lazily) retired to a life of ease at our house. We also have another dog, two cats and fish.

**Occupation/Profession:** By day, I'm a mild mannered Mechanical and Electrical Engineer working for ASRC Federal Field Services at Vance Air Force Base, but by night... I'm a mild mannered Mechanical and Electrical Engineer running Sudlow Engineering Services, PLLC. If I'm not busy with those, I'm pretty active in Scouting BSA and with my kids.

**What is the best piece of advice you have ever received?** Sometimes it is the things that aren't said that speak the loudest, and leave the biggest impressions. Care for your people. Make sure they know that you care about them. What their goals are, what's going on with them, be there for them, genuinely care for them and do everything in your power to take care of them. I find that the rest usually takes care of itself.

**What qualities do you look for in a leader?** Integrity. Trust is the foundation on which we build all of our relationships. Start There. Then look for passion. Find the leader that genuinely cares about what they're doing and why. Then compassion; that they care for their people. Listen to their people. Fight for their people.

**If you could only eat one item of food for the rest of your life, what would you eat?** Easy. The Shrimp and Grits from Coconut Joe's restaurant in Isle of Palms in South Carolina. Pan-fried breaded grit cakes, white pepper cream sauce, red and green bell peppers, Andouille sausage and shrimp. I would be fat and happy (and fat) eating that and only that all the time. It has been 11 years since I last ate there, but still dream about it.

**Favorite thing about Enid?** Enid has this perfect mixture of small town and big city. Enid is small enough to find the interesting connections between people, and not have to worry about traffic or big city problems, but big enough to have nearly anything you need. Enid punches well above its weight in the programs that it puts on; First Fridays, Concerts, Enid Comic Con, Gaslight Theater; That it has mountain bike trails is just icing on the cake!