



SAINT GEORGE ORTHODOX CHURCH, NORWOOD

A PARISH OF THE ANTIOCHIAN ORTHODOX
ARCHDIOCESE OF NORTH AMERICA

Welcome *Καλώς ορίσατε* *أهلاً وسهلاً*
добро пожаловать *Bine ati venit*

*It is a pleasure to have visitors
and friends with us at Saint George.*

*If you would like to know more about our
parish or Orthodox Christianity . . . just ask.*

Saturday - 5:00 pm - Great Vespers (Dormition Fast begins)

Sunday - 8:50 / 10:00 am - Orthros & Divine Liturgy
Potluck Coffee Hour

Monday, August 3 - 6:00 pm - Paraklesis

Wednesday, August 5, Feast of Transfiguration - 5/6:00 pm - Orthros & Liturgy
at Saint John of Damascus Church, 300 West Street, Dedham

Saturday, August 8 - 5:00 pm - Great Vespers

Sunday, August 9 - 8:50 / 10:00 am - Orthros & Divine Liturgy
Potluck Coffee Hour

Monday, August 10 - Camp Saint Joseph begins, Lenox

Friday, August 14, Feast of the Dormition - 5/6:00 pm - Orthros & Liturgy
with Saint John of Damascus Church, here in Norwood

His Eminence Metropolitan SABA (Isper)
Antiochian Archdiocese of North America

Right Rev. Bishop JOHN (Abdalah)
Diocese of Worcester & New England

Archpriest Joseph Kimmett, Pastor

Rev. Christos Hatzopoulos, Deacon

Subdeacons Chadi Saad and Khalil Samara

6 Atwood Ave., Norwood 02062 • 781-762-4396
www.StGeorgeNorwood.org • StGeorgeNorwood@gmail.com

GIFTS TO SAINT GEORGE

✠ For the good health of Michael Villanova *from* Deacon Christos & Sharon Hatzopoulos

COFFEE HOUR HOSTS AND HOLY BREAD DONORS

Sign up to offer the holy bread at Liturgy and/or to host a coffee hour afterwards. Sheets are on the red clip board in the narthex.

You can choose your favorite dates -- saints’ days, birthdays, anniversaries, memorials or “just because.” On dates with no host, we will have a “potluck” coffee hour.

The coffee hour can be over-the-top elaborate or just finger foods and drinks -- your choice. On Sundays where no one has signed up, we will have a potluck. See the table below.

	<u>Bakers</u> <i>Emily Pappas, scheduler</i>	<u>Greeters</u> <i>Ligia Ion, scheduler</i>	<u>Epistle Readers</u>	<u>Coffee Hour</u>	<u>Counter</u> <i>Kamal Hourani scheduler</i>
<u>Today</u>			Kathy Kalliel	Potluck (fasting)	Catherine Ward
<u>Next Sunday</u>			Max Troeger Jalal Najm	Potluck (fasting)	Andrew H Jack O’Riley
<u>In two weeks</u>			Geoffrey Mertes	Feast day Potluck lunch	Michael Marge

<u>The Parish Council</u> Helen Abril Robert Aronson Amal El-Koussa Kamal Hourani (Treasurer) Nancy Jones Anne Krekis Ligia Ion (Vice Chair) Michael Marge (Chair) Catherine Ward (Secretary)	Richard Shay (Asst. Treas.) <u>Building Committee</u> Joan Cassidy (Chair) <u>Adult Catechism</u> Robert Aronson <u>Choir Director</u> Leeann Plouffe <u>Food Pantry</u> Philip Howard	<u>Order of Saint Ignatius</u> Kh. Erin Kimmett <u>Seniors Outreach</u> Donna Ferguson <u>Sunday Morning Program</u> Dino & Emily Pappas, Nadia Kimmett, Max Troeger and Chris Sweet <u>Women of Saint George</u> Katherine Kalliel
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Remember in Prayer The suffering Christians of the Middle East; Father Joseph (Abud), Father Jim (Katinas) Father Timothy (Ferguson), Olga (Abdallah), Kh. Selma (Abdelahad), Helen (Abril) and Pierce (relative of the Abril’s), Kathleen (Birtwell), Elaine (Bitar), Kathy (Joan Cassidy’s sister-in-law), William & Mary Lou (Catelli and Charlie Josephs), Nick & Doris (Copoulos), Megan (granddaughter of Rayhme Eysie), Kenneth (Farha, Kh. Erin’s dad), Frances (Giandomenico), Bridget (Gough and her mother Eris), Doris (Howard), Judith (Howard), Katherine (Kalliel), William (Kelley), Jake (Kouri), Anne (Krekis), Maria (McDonough), Kh. May and Nadia (Ozone, Nadia’s mother and grandmother), Karimi (Saad), Ibtisam (Samman), Madeline (Shaheen), Tricia (Smith), Phyllis (Spicer) and Christopher (Whelan).

SUMMERTIME IN THE ORTHODOX CHURCH

- ❖ The ***Dormition Fast*** is August 1st through 14th. The ***Parakleis*** service will be here Monday, August 3rd at 6:00 pm.
- ❖ ***Camp Saint Joseph of Damascus*** -- the New England region camp is back in Lenox for its second year, starting August 10th.
- ❖ On Sunday, the 16th, there will be a festive, ***Middle Eastern Potluck*** lunch after Liturgy. Amal El Koussa is coordinating this meal. Please sign up to help.
- ❖ The SMP has a pre-season ***field trip to Hasbro*** in Rhode Island on the 20th. If you have not yet responded to Nadia, let her know right away.

SHARING THE AUGUST FEASTS

- ✦ As Father Gregory Abdalah, the new priest at Saint John of Damascus, is moving in this week. Our two parishes will join together for two major celebrations: This Wednesday, the 5th, ***the Feast of the Transfiguration of Christ***, Orthros, Divine Liturgy will be served at 5:00/6:00 pm **in Dedham**, 300 West Street, right off Rt. 128. (BTW, the fast is lightened and fish is permitted.)
- ✦ On Friday, August 14th, ***the Feast of the Dormition of the Theotokos*** will be celebrated with Orthros & Divine Liturgy at 5:00/6:00 pm **here** at Saint George.

LOOKING TOWARD SEPTEMBER

Our Sunday Morning Program (SMP) resumes on September 13th. We are planning on our usual classes again this fall. If you are not on the SMP email list, if you have questions or want to help, let Emily Pappas or Father Joseph know.

EXPLORING THE PSALMS

Saint Vladimir Seminary is offering a four-session online class on the Psalms. As our parish did with their virtual class on Iconography, we have arranged to view this class here, as a group. It will start in September.

The Book of Psalms is one of Scripture's most beloved treasures. For millennia, Jews and Christians have prayed, memorized, and meditated on the Psalms — turning to them in seasons of joy, lament, and longing. They are woven throughout Orthodox worship, from Vespers and Matins to the quiet of personal prayer, and the Church Fathers held the Psalter among the most formative texts of Christian life.

What makes the Psalms so enduring? In this course, Dr. Michael Legaspi (Associate Professor of Old Testament, St. Vladimir's Orthodox Seminary) explores how these ancient compositions were shaped by tradition and received by the Church — becoming a book of prayer, a treasury of wisdom, and a guide to the life of Christ. Open to all Christians, this course invites you into a fresh encounter with one of Scripture's greatest gifts.

HYMNS AND READINGS AT THE LITURGY

✠ TRANSLATION OF THE RELICS OF THE PROTO-MARTYR STEPHEN ✠

FROM THE SYNAXARION

On August 2 in the Holy Orthodox Church, we commemorate the recovery of the sacred relics of the holy Proto-martyr and Archdeacon Stephen.

When the wicked Jews stoned Stephen to death, they left his body for the dogs to eat. After two nights Gamaliel, Paul's teacher and a secret follower of Christ, came and took his body to Caphargamala, and buried it in a cave. Eventually, Gamaliel's friend Nicodemus, his nephew Abibos and he were laid to rest in the same cave. The graves were forgotten, but in 415, in the time of Patriarch John of Jerusalem, Gamaliel appeared three times in a dream to the Priest Lucian, in Caphargamala, and told him the exact location of the burial place. With the Patriarch's blessing, Lucian and others dug up the graves. A strong and fragrant odor from the relics of these saints filled the cave. Stephen's relics were solemnly translated to Zion and there buried with ceremony, and the relics of the others were taken to a hill above the cave and laid to rest in a church there. Later, Stephen's healing relics were translated to Constantinople.

On this day, we also commemorate the Venerable Photeini the wonderworker of Carpasia in Cyprus; and Blessed Basil the fool-for-Christ, wonderworker of Moscow. By the intercessions of Thy saints, O Christ God, have mercy on us. Amen.

EISODIKON (ENTRANCE HYMN)

Come, let us worship and fall down before Christ. Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

APOLYTIKION OF THE RESURRECTION, TONE 8

From the heights Thou didst descend, O compassionate One, and Thou didst submit to the three-day burial, that Thou might deliver us from passion; Thou art our life and our Resurrection, O Lord, glory to Thee.

APOLYTIKION OF ARCHDEACON AND PROTOMARTYR STEPHEN, TONE 4

The crown of the Kingdom hath adorned the brow of thy head because of the contests that thou hast endured for Christ God, thou first of the martyred Saints; for when thou hadst censured the Jews' madness, thou sawest Christ thy Savior standing at the right hand of the Father. O Stephen, ever pray Him for us, that He would save our souls.

TROPARION OF THE GREAT MARTYR GEORGE, TONE 4

As deliverer of captives, and defender of the poor, healer of the infirm, champion of kings, victorious Great-Martyr George, intercede with Christ our God, for our souls' salvation.

KONTAKION OF THE TRANSFIGURATIONS, TONE 7

Disciples, in so far as they were able, beheld Thy glory, O Christ our God; so that, when they should see Thee crucified, they would remember that all Thy suffering was voluntary, and could declare to all the world that Thou art truly the effulgent Splendor of the Father.

Prokeimenon, Verse and Epistle

Make your vows and pay them to the Lord our God. God is known in Judaea; His Name is great in Israel.

First Epistle of Apostle Paul to the Corinthians (3:9-17)

Brethren, we are God's fellow workers; you are God's husbandry, God's building. According to the grace of God which was given to me, as a wise architect I laid a foundation, and another builds upon it. Let each one take heed how he builds upon it. For no other foundation can anyone lay than that which is laid, which is Jesus Christ. Now if anyone builds on this foundation gold, silver, precious stones, wood, hay, stubble; everyone's work will become manifest; for the Day will declare it, because it will be revealed by fire, and the fire itself will test each one's work of what sort it is. If anyone's work which was built on the foundation survives, he will receive a reward. If anyone's work is burned up, he will suffer loss, but he himself will be saved, yet so as by fire. Do you not know that you are a temple of God and that the Spirit of God dwells in you? If anyone corrupts the temple of God, God will corrupt him. For the temple of God is holy, whose temple you are.

The Holy Gospel: Saint Matthew (14:22-34)

At that time, Jesus made the Disciples get into the boat and go before Him to the other side, while He dismissed the crowds. And after He had dismissed the crowds, He went up on the mountain by Himself to pray. When evening came, He was there alone, but the Disciples' boat by this time was many furlongs distant from the land, beaten by the waves; for the wind was against them. And in the fourth watch of the night He came to them, walking on the sea. But when the Disciples saw Jesus walking on the sea, they were terrified, saying, "It is a ghost!" And they cried out for fear. But immediately He spoke to them, saying, "Take heart, it is I; have no fear." And Peter answered Him, "Lord, if it is Thee, bid me come to Thee on the water." He said, "Come." So Peter got out of the boat and walked on the water and came to Jesus; but when he saw the wind, he was afraid, and beginning to sink he cried out, "Lord, save me!" Jesus immediately reached out His hand and caught him, saying to him, "O man of little faith, why did you doubt?" And when they got into the boat, the wind ceased. And those in the boat worshiped Him, saying, "Truly, Thou art the Son of God." And when they had crossed over, they came to land at Gennesaret.

أبوليتيكيون القيامة بالبحر الثامن 8

اِحْدَرْتُ مِنَ الْغُلُوِّ يَا مَتَحْنِي، وَقَبِلْتُ الدَّفْنَ ذَا الثَّلَاثَةِ الْأَيَّامِ، لِكَيْ تُنْقِضَنَا مِنَ الْأَلَامِ، فَيَا حَيَاتِنَا وَقِيَامَتَنَا، يَا رَبُّ الْمَجْدُ
أَكْ.

أبوليتيكيون القديس استفانوس بالبحر الرابع 4

قَدْ تَوَجَّهْتَ هَامَتُكَ بِإِكْلِيلِ مُلُوكِيٍّ. مَضْفُورٍ بِالْجِهَادَاتِ الَّتِي اخْتَمَلْتَهَا خُبًّا بِالرَّبِّ الْعَلِيِّ. إِذْ وَبَحْتِ الْيَهُودَ. الْقُسَاةَ الرِّقَابِ.
وَعَايِنْتَ الْمُخْلَصَ عَنْ مِيَامِنِ الْآبِ. فَيَا أَوَّلَ الشَّهَدَاءِ اسْتَفَانُوسَ. تَشَفَّعْ فِي خَلَاصِنَا.

طروبارية القديس جاورجيوس، بالبحر 4

بِمَا أَتَكَ لِلْمَاسُورِينَ مَحْرَرٍّ وَمُعْتَقٍّ، وَلِلْمُقَرَّرِّ وَالْمَسَاكِينِ عَاضِدٌ وَنَاصِرٌ، وَلِلْمَرْضَى طَبِيبٌ وَشَافٍ، وَعَنِ الْمُؤْمِنِينَ مُكَافِحٌ
وَمَحَارِبٌ. أَيُّهَا الْعَظِيمُ فِي الشَّهَدَاءِ، جَاوْرَجِيُوسُ اللَّابِئِ الطَّفَرِ، تَشَفَّعْ إِلَى الْمَسِيحِ إِلَهِنَا، فِي خَلَاصِ نَفُوسِنَا.

قنداق تجلي ربنا يسوع المسيح بالبحر السابع 7

تَحَلَّيْتَ أَيُّهَا الْمَسِيحُ إِلَهَهُ عَلَى الْجَبَلِ، وَخَشَبْنَا وَسِعَ تَلَامِيذُكَ شَاهِدُوا مَجْدَكَ. حَتَّى عِنْدَمَا يُعَايِنُوكَ مَضْلُوبًا، يَفْطَنُوا
أَنْ أَلَامَكَ طَوْعًا بِاخْتِيَارِكَ، وَيَكْرِزُوا لِلْعَالَمِ، أَنَّكَ أَنْتَ بِالْحَقِيقَةِ شُعَاعُ الْآبِ.

الرسالة صلُّوا وأوفوا الرَّبَّ إِلَهَنَا، اللَّهُ مَعْرُوفٌ فِي أَرْضِ يَهُودَا. اسْمُهُ عَظِيمٌ فِي إِسْرَائِيلَ

فَصَلِّ مِنْ رِسَالَةِ الْقَدِيسِ بُولُسِ الرُّسُولِ الْأَوَّلَى إِلَى أَهْلِ كُورِنْثُوسَ. (9:17-3)

يَا إِخْوَتِي، إِنَّا نَحْنُ عَامِلُونَ مَعَ اللَّهِ، وَأَنْتُمْ حَزْتُ اللَّهَ وَبَنَاءَ اللَّهِ. أَنَا بِحَسَبِ نِعْمَةِ اللَّهِ الْمُعْطَاةِ لِي، كِبْنَاءِ حَكِيمٍ وَضَعْتُ
الْأَسَاسَ وَآخِرَ بِنْيَتِي عَلَيْهِ. فَلْيَنْظُرْ كُلُّ وَاحِدٍ كَيْفَ بِنَيْتِي عَلَيْهِ. إِذْ لَا يَسْتَطِيعُ أَحَدٌ أَنْ يَضَعَ أَسَاسًا غَيْرَ الْمَوْضُوعِ،
وَهُوَ يَسُوعُ الْمَسِيحُ. فَإِنْ كَانَ أَحَدٌ يَبْنِي عَلَى هَذَا الْأَسَاسِ ذَهَبًا أَوْ فِضَّةً أَوْ حِجَارَةً ثَمِينَةً أَوْ خَشَبًا أَوْ حَشِيشًا أَوْ تَبْنًا.
فَإِنَّ عَمَلَكُلِّ وَاحِدٍ سَيَكُونُ بِنْيًا، لِأَنَّ يَوْمَ الرَّبِّ سَيُظْهِرُهُ لِأَنَّهُ يُعْلَنُ بِالنَّارِ، وَسَتَمْتَحَنُ النَّارُ عَمَلَكُلِّ وَاحِدٍ مَا هُوَ.
فَمَنْ بَقِيَ عَمَلُهُ الَّذِي بَنَاهُ عَلَى الْأَسَاسِ، فَسَيَنَالُ أَجْرَهُ. وَمَنْ احْتَرَقَ عَمَلُهُ، فَسَيُحْسَرُ، وَسَيُخَلَّصُ هُوَ وَلَكِنْ كَمَنْ يَمُرُّ
فِي النَّارِ. أَمَا تَعْلَمُونَ أَنَّكُمْ هَيْكَلُ اللَّهِ وَأَنْ رُوحَ اللَّهِ سَاكِنٌ فِيكُمْ؟ مَنْ يُفْسِدُ هَيْكَلَ اللَّهِ يُفْسِدُهُ اللَّهُ لِأَنَّ هَيْكَلَ اللَّهِ مُقَدَّسٌ،
وَهُوَ أَنْتُمْ.

الإنجيل فصل شريف من بشارة القديس متى الإنجيلي البشير والتلميذ الطاهر. (22:14-34)

فِي ذَلِكَ الزَّمَانِ، اضْطُرَّ يَسُوعُ تَلَامِيذَهُ أَنْ يَدْخُلُوا السَّفِينَةَ وَيَسْبِقُوهُ إِلَى الْعَبْرِ حَتَّى يَصْرِفَ الْجُمُوعَ. وَلَمَّا صَرَفَ
الْجُمُوعَ، صَعِدَ وَخَذَهُ إِلَى الْجَبَلِ لِلصَّلَاةِ. وَلَمَّا كَانَ الْمَسَاءَ، كَانَ هُنَاكَ وَخَذَهُ. وَكَانَتِ السَّفِينَةُ فِي وَسْطِ الْبَحْرِ تَكْدُهُ
الْأَمْوَاجُ، لِأَنَّ الرِّيحَ كَانَتْ مُضَادَّةً لَهَا. وَعِنْدَ الْهَجْعَةِ الرَّابِعَةِ مِنَ اللَّيْلِ، مَضَى إِلَيْهِمْ مَاشِيًا عَلَى الْبَحْرِ. فَلَمَّا رَأَى
التَّلَامِيذُ مَاشِيًا عَلَى الْبَحْرِ، اضْطَرَبُوا وَقَالُوا: "إِنَّهُ خَيَالٌ"، وَمِنَ الْخَوْفِ صَرَخُوا. فَلَوْلَقَتْ كَلِمَتُهُمْ يَسُوعُ قَائِلًا: "تَقُوا، أَنَا
هُوَ، لَا تَخَافُوا." فَأُجَابَتْهُ بِطَرَسُ قَائِلًا: "يَا رَبُّ، إِنَّ كُنْتُ أَنْتَ هُوَ، فَمُرْنِي أَنْ آتِيَ إِلَيْكَ عَلَى الْمِيَاهِ." فَقَالَ: "تَعَالَ."
فَنَزَلَ بِطَرَسُ مِنَ السَّفِينَةِ، وَمَشَى عَلَى الْمِيَاهِ آتِيًا إِلَى يَسُوعَ. فَلَمَّا رَأَى شِدَّةَ الرِّيحِ، خَافَ، وَادَّ بَدَأَ يَغْرُقُ، صَاحَ قَائِلًا:
"يَا رَبُّ نَجِّنِي!" وَلَوْلَقَتْ مَدَى يَسُوعَ يَدَهُ وَأَمْسَكَ بِهِ، وَقَالَ لَهُ: "يَا قَلِيلَ الْإِيمَانِ، لِمَاذَا شَكَكْتَ؟" وَلَمَّا دَخَلَ السَّفِينَةَ،
سَكَنَتِ الرِّيحُ. فَجَاءَ الَّذِينَ كَانُوا فِي السَّفِينَةِ وَسَجَدُوا لَهُ قَائِلِينَ: "بِالْحَقِيقَةِ أَنْتَ ابْنُ اللَّهِ." وَلَمَّا عَبَرُوا، جَاءُوا إِلَى أَرْضِ
جَنْبِاسَرَتِ.

Glasul 8

Dintru înălțime Te-ai pogorât, Milostive; îngropare ai luat de trei zile, ca să ne slobozești pe noi din patimi. Cea ce ești Viața și Învierea noastră, Doamne, slavă Ție!

Glasul 4 Troparul Sfântului Mare Mucenic Gheorghe

Ca un izbăvitor al celor robiți și celor să-raci ocrotitor, celor bolnavi doctor, con---ducătorilor ajutător, purtătorule de biruință, Mare Mucenice Gheorghe, roagă pe Hris-tos Dum-nezeu să mântuiască sufletele noastre.

Condacul Schimbării la Față (7)

În munte, Te-ai schimbat la fata, Hristoase Dumnezeu, și pe cât au cuprins ucenicii Tai slava Ta, au înțeles că, dacă Te vor vedea rastignit, să cunoască Patima cea de bunăvoie și lumii să propovăduiască, că Tu ești cu adevărat raza Tatalui.

Ἀπολυτίκιον Ἀναστάσιμον 8

Ἐξ ὕψους κατήλθες ὁ εὐσπλαγχνος, ταφὴν κατεδέξω τριήμερον, ἵνα ἡμᾶς ἐλευθερώσῃς τῶν παθῶν. Ἡ ζωὴ καὶ ἡ Ἀνάστασις ἡμῶν, Κύριε δόξα σοι.

Ἀγίου Μεγαλομάρτυρος Γεωργίου Ἦχος δ'

Ὡς τῶν αἰχμαλώτων ἐλευθερωτῆς, καὶ τῶν πτωχῶν ὑπερασπιστῆς, ἀσθενούντων ἰατρός, βασιλέων ὑπέρμαχος, Τροπαιοφόρε Μεγαλομάρτυς Γεώργιε, πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

Κοντάκιον Ἦχος βαρύς 7

Ἐπὶ τοῦ ὄρους μετεμορφώθης, καὶ ὥς ἐχώρουν οἱ Μαθηταί σου τὴν δόξαν σου, Χριστέ ὁ Θεὸς ἐθεάσαντο, ἵνα ὅταν σε ἴδωσι σταυρούμενον, τὸ μὲν πάθος νοήσωσιν ἐκούσιον, τῷ δὲ κόσμῳ κηρύξωσιν, ὅτι σὺ ὑπάρχεις ἀληθῶς, τοῦ Πατρὸς τὸ ἀπαύγασμα.

The Saint George Norwood Outreach Calendar 2026-2027



SEPTEMBER

Students and families from our **Sunday Morning Program** will assemble backpacks with school supplies as part of IOCC's (*International Orthodox Christian Charities*) annual "Kids School Kits" project.

Help us collect supplies: <https://a.co/090vRC0n>

OCTOBER

The Norwood Food Pantry can always use help but during October we make an extra effort to support them. Leave groceries in the shopping cart at church each Sunday this month. Of course, your generosity is always appreciated.



NOVEMBER AND DECEMBER

The Nicholas Tree is our annual gift drive to help the children of local families. Gift tags and shopping lists will be on the tree at Thanksgiving time. Each year at this time we also reach out to those shut-in.

JANUARY - FEBRUARY

The holidays pass quickly and the cold, snowy weather arrives. You can help keep our neighbors warm with clothing donations. Leave new or gently-worn items on the rack in the narthex.



MARCH - APRIL

The Archdiocese annual Lenten collection. Your alms during this holy season make an incredible difference in the lives of those around the world.

YEAR ROUND

The Saint Lucia Meal Train and Senior Outreach.
When a need arises, our brothers and sisters in Christ at Saint George are ready to help.

"Jesus asked, which of these, do you think, proved neighbor to the man who fell among the robbers?"

The lawyer answered, "The one who showed mercy on him."

And Jesus said to him, "Go and do likewise."— Saint Luke 10:36-37

🍎 The first day of our **Sunday Morning Program** is September 13th and will include a blessing of all students as they return to school. That same day we will take part in **International Orthodox Christian Charities** "Kid's School Kit" program which insures students all over the world have what they need for class.

Check out the **Wish List** and help us collect supplies: <https://a.co/090vRC0n>

Note: Many items come in varying quantities; purchasing enough of an item for all the bags will be far simpler than *ones and twos*.