

GLOBAL PT

DAY OF SERVICE

CELEBRATE THE APTA CENTENNIAL WITH 100 DAYS OF SERVICE

Our goal is to have at least 100 individuals across the state pledge to serve. See below for service opportunities during PT Month, and log your pledge [HERE](#).

Central District Projects

October 7 (7:15 pm), Central District Meeting and project to support IU Student Outreach Clinic - Contact Hannah Enochs hannahkenochs@gmail.com to sign up.

October 9 (Morning), Clean Up and Service Project Onsite at IU Student Outreach Clinic - Contact Kevin Herald at kherald91@gmail.com for details.

Statewide Efforts

Letters Against Isolation - Write letters to cheer up and encourage nursing home residents from the comfort of your own home. Contact hannahkenochs@gmail.com for instructions and to let us know how many letters you will be writing.

Medical Bridges - Work with your clinic/organization to gather expired or gently used medical supplies and send them to equip medical professionals overseas! Don't forget to pledge above, and see www.medicalbridges.org/donate for details and to verify eligibility of your donation items.

Make Your Own Project!

Pledge to be part of our 100 days of service, and serve in your own way, in your own community!

For Example: Participate in a charity run, pick up trash in your neighborhood, or donate food to a local pantry. Pledge [HERE](#).

