



COUGAR FOOTBALL

ONLINE SIGN UPS

OPEN UNTIL 5/14/22!

<https://go.teamsnap.com/forms/362365>

SKILLS COMPETITION AND IN PERSON
REGISTRATION @ CARDINAL PACELLI

3/26/23 @ 1:00PM

PRIZES!!

Meet Joey Boese!!

Cincinnati Bengals Head Strength and
Conditioning Coach!!

GREATER CATHOLIC YOUTH FOOTBALL FOR:

- CARDINAL PACELLI
- ST. CECILIA
- ST. MARY
- ST. URSULA VILLA
- CORRYVILLE CATHOLIC
- ST. FRANCIS DE SALES
- MERCY MONTESSORI

- BANDIT: K-2ND (INSTRUCTIONAL)
- PONY: 3RD-4TH
- RESERVE: 5TH-6TH
- VARSITY: 7TH-8TH

-\$25 REBATE ON THE REGISTRATION FEE FOR ANY NEW
PLAYER REFERRAL!



We follow USA Football's coach's training and player safety guidelines, including the Heads-Up Football program. Coaches' certifications are required at all levels. Our coaches further their training and certification in Concussion Awareness, Lindsay's Law practices, AED training, and SafeParish training. **Player Safety is our #1 Priority!**

-Worried about registration costs? Please reach out.

-INTERESTED IN COACHING? WE ARE LOOKING FOR HELP AT ALL AGES!

Questions? gocougarfootball@gmail.com

Daniel Lessing | 859-802-0971

Amanda Lass | 513-520-9737





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Important Dates:

- 3/6/23: Registration Open
- 5/14/23: Registration Closed
- **7/11/23: First Day of Practice**
- 8/26/23: First Game
- 10/21/23: Playoffs Begin
- 11/4/23: Championships!

Cougar Football Facebook Page

Important Information:

- Practice Location: Lunken Playfield at 4740 Playfield Ln. Cincinnati, OH. 45226
- Typical Practice Schedule:
 - **First Day of Practice: 7/12/22**
 - Before the Start of School: T, W, TR (6 PM-730 PM), Sa(9 AM-1030 AM)
 - (Bandit will not have Wednesday Practice)
 - After the Start of School: T, W, TR (6 PM-730 PM)
 - (Bandit will not have Wednesday Practice)
- Home Field: Lunken Playfield (tentative)
- Gameday: Saturdays with a few Sunday Afternoons
- Number of Games: 2 Preseason Games, 8 Regular Season Games + Playoffs
- **First Day of Practice: 7/12/22**
- Equipment Needed: Cleats; everything else is provided
- League: Greater Catholic Youth League (GCYL)
- Programs: 20 teams covering the entire Tri-State area (Hamilton, to Covington and everywhere in between)

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