

School Meals & SUN Bucks



During the school year, school breakfast and lunch are free for all students in California. Students get free meals, but submitting a school meal application helps schools secure funding and gives families discounts on internet, transportation, & college fees!



SUN Bucks (Summer-EBT): Get \$120 on a debit-like card to buy groceries this summer. **Children already enrolled in CalFresh or CalWORKs automatically qualify for SUN Bucks.** If you do not receive these benefits, but your child attends a CEP or Provision 2 school, you may qualify if you submit a Universal Benefits Application (UBA) through your child's school. **For help with eligibility or activating your SUN Bucks card, call (877) 328-9677.** For more info, visit:

sdhunger.org/sunbucks.

Eligibility is not based on immigration status.

Contact us

Mailing Address:
845 15th Street, Ste 103
San Diego, CA 92101
(619) 501-7917
info@sdhunger.org

Share this flyer in other languages:



This flyer was last updated on May 9, 2025.

You can find the most up-to-date information on our Resources page:

sdhunger.org/resources

SAN DIEGO
**HUNGER
COALITION**



San Diego
County
**Food
Assistance
Resources**
Spring 2025



CalFresh (also known as SNAP or food stamps)

This program provides money on a debit-like card to use at grocery stores & farmers' markets to buy food when money is tight.

Who qualifies? Income limit varies by household size. For a family of 4, the income limit is \$5,200/month.

Household size	Gross Monthly Income 200% FPL	Monthly CalFresh Benefit Range
1	\$2,510	\$23-292
2	\$3,408	\$23-536
3	\$4,304	\$23-768
4	\$5,200	\$23-975
5	\$6,098	\$23-1,158
+ Family Member	+ \$898	+ \$220

Income guidelines are effective from Oct 1st 2024 to Sept 30th 2025

How much will I get? Benefits are based on household income and expenses. Report all eligible monthly expenses such as rent, utilities, childcare or medical bills to increase your benefit amount.

Ways to apply: 1) Apply online at Benefits Cal, benefitscal.com; 2) Call 2-1-1 San Diego (dial 211); or 3) find a qualified nonprofit near you to help you through the process: sdhunger.org/getcalfresh

Food Distributions & Food Pantries



Food pantries and distributions are open to anyone, and several still have drive-through options.

Feeding San Diego at (858)452-3663 or go to feedingsandiego.org/get-help

Jacobs & Cushman San Diego Food Bank at (866)350-3663 or go to <https://www.sandiegofoodbank.org/get-food/>

Food banks update their food distribution site lists yearly on their websites.

The Salvation Army go to salarmy.us/sdfoodpantry to find the nearest location.

You can also **call 2-1-1** to find the food distribution nearest you.

Visit our website sdhunger.org/resources#distribution

Food assistance is NOT a Public Charge. Using food assistance will not negatively affect your immigration status.

Visit: sdhunger.org/safe.

Meals for Older Adults

Low- to no-cost meals are available for older adults ages 60+. Visit bit.ly/older-adult-meals or call 2-1-1.

Meals on Wheels offers the choice of one or two nutritious meals for seven days a week. Sign up at meals-on-wheels.org/get-meals/sign-up-get-meals/ or for more information, call (619) 260-6110.

Jacobs & Cushman San Diego Food Bank provides food boxes at sites countywide. Call (866) 350-3663 or go to sandiegofoodbank.org.



Women, Infant & Children

Provides breastfeeding support, nutrition education, and money for healthy food for pregnant and breastfeeding mothers, legal guardians and children ages 0-5. For more information, visit sdwic.com or call 2-1-1.

Who qualifies? Eligibility is based on household income. For two people, the income limit is \$3,261/month. For a family of 4, the limit is \$4,957/month. Income guidelines effective from April 1st, 2025 to June 30th, 2026. WIC does not count Basic Allowance for Housing (BAH) for military families.

