

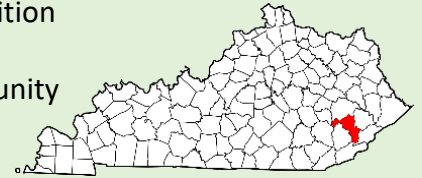


Appalachian Diabetes Control and Prevention Project

Perry County, Kentucky

COALITION HIGHLIGHTS

Community Awareness Events: Coalition members conducted outreach about diabetes at a variety of community events including health fairs, an opioid summit, and back-to-school bashes. Members also participated in the 2017 International Appalachians Festival. Members provided diabetic friendly samples of two common foods to the area. Partnered with Kentucky River Health Coalition to maximum resources and expand reach. Coalition members worked with local legislators to get proclamations in November declaring Diabetes Awareness Month. Jurisdictions include Hazard and Perry County. Coalition members recognized Diabetes Alert Day 2018 with an appearance on the local radio station's morning show (WSGS) and tabling at popular stores in the community to encourage people to take the Type 2 Diabetes Risk Test



Farmer's Market: Coalition members built relationship with local farmer's market.

 Perry County, KY

Diabetes Lunch and Learn: Coalition members partnered with the Hazard Appalachian Regional Care network to highlight diabetes in November as a part of their lunch and learn series. There were 16 exhibitors, line dancing, and door prizes. There were approximately 60 participants.

ABOUT THIS COALITION

2002- \$10,000 Marshall University (Strengthening grant)
2016 - \$10,000 Marshall University (Strengthening grant)
2018 - \$1,950 Health Department (DPP and DSME)

SUCCESS STORY

Walking Challenge: Coalition members hosted an 11 week community walking challenge. There were 145 participants and 29 teams. Together they walked 67 million steps and 33,000 miles. As a result of the program success, the coalition was recognized at the Perry County Fair by their county judge and featured in the local paper.

COALITION MEMBERS

Appalachian Regional Healthcare
Kentucky Mountain Health Alliance
Kentucky River Regional Health Department
Kids on the Move!
Novo Nordisk
Passport Health Plan
Perry County Extension Office
Perry County Fiscal Court
Perry County Schools
Primary Care Centers of Eastern Kentucky
Sanofi
UK Center for Excellence in Rural Health Wellcare

