



# Appalachian Diabetes Control and Prevention Project

## Meigs County, OH

### COALITION HIGHLIGHTS

**Local Park Support** – Coalition members are providing support to Middleport, OH to create a park. It will feature a sitting area and small water fountain feature to encourage active living within the community and county alike. The park will be named Farmer's Bank Park.

**Micro-Market** - A mini-fridge was purchased by the Creating Healthy Communities (CHC) grant to incorporate a healthy micro market for the Meigs County Health Department. Currently, staff and clients do not have access to healthy food or beverage options. A healthy Food and Beverage Policy will be designed and implemented at the health department. The health department staff will sell water and healthy food items, such as vegetables to staff and clients alike.

**Greenhouse support** - The Creating Healthy Communities (CHC) grant purchased a greenhouse, that is being implemented at the Mid-Valley Christian School in Middleport, OH. The grant is also purchasing vegetables to begin the growing season. The school will use the greenhouse to extend the gardening season, and further gain access to healthy local produce. The students will also be selling their produce within the community to increase access to produce within the county, and to ensure sustainability of the garden for years to come.



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**Community Orchard** - CHC grant is purchasing fruit trees and nut bushes to add a small community orchard to the Meigs County Soil and Water Conservation Area. The community will be allowed to have access to the orchard for consumption of edible items. What is not harvested will be left for wildlife consumption.

### ABOUT THE PROJECT

**2012** – \$160,000 Bristol Myers Squibb  
**2018** - \$2,000 Marshall University Strengthening Grant  
**2018** - In-kind donation from the Village of Middleport for labor for the park  
**2018** - \$350.00 received from Farmer's Bank to go towards the purchases needed for the park in Middleport  
**2018** - \$2,350 Ohio Department of Transportation for Pedestrian master plan project.

### SUCCESS STORY

**Community Health Workers** - Community Health Workers Program has seen a lot of success since implementation. Due to such great success, they were chosen to be part of a nationwide documentary focused on type 1 and type 2 diabetes.



DSME participants

### COALITION MEMBERS

Chester Ball Association	Meigs Co. Juvenile Courts
Community Food Initiatives	Meigs Co. Library
Front Paige Outfitters Meigs	Meigs Co. Cancer Initiative
Co. Job and Family Services	Meigs Co. Soil and Water Conservation
GJM Board	Meigs Co. EMS
Holzer Health System	Middleport Community Association
Hopewell Health Services, Inc.	Mulberry Community Center
King Hardware	Tuppers Plains Fire Department
OSU-Extension	Village of Middleport
Meigs Co. Schools	Village of Pomeroy
Meigs Co. Clerk of Courts	Village of Racine
Meigs Co. Commissioners	Wholesome Wave
Meigs Co. Council on Aging	
Meigs Co. Health Department	
Meigs Co. Board of Developmental Disabilities	
Meigs Co. Division of Wildlife	
Overbrook Rehabilitation Center	