



Appalachian Diabetes Control and Prevention Project

Meigs County, OH

COALITION HIGHLIGHTS

Local Park Support – Coalition members are providing support to Middleport, OH to create a park. It will feature a sitting area and small water fountain feature to encourage active living within the community and county alike. The park will be named Farmer's Bank Park.

Micro-Market - A mini-fridge was purchased by the Creating Healthy Communities (CHC) grant to incorporate a healthy micro market for the Meigs County Health Department. Currently, staff and clients do not have access to healthy food or beverage options. A healthy Food and Beverage Policy will be designed and implemented at the health department. The health department staff will sell water and healthy food items, such as vegetables to staff and clients alike.

Greenhouse support - The Creating Healthy Communities (CHC) grant purchased a greenhouse, that is being implemented at the Mid-Valley Christian School in Middleport, OH. The grant is also purchasing vegetables to begin the growing season. The school will use the greenhouse to extend the gardening season, and further gain access to healthy local produce. The students will also be selling their produce within the community to increase access to produce within the county, and to ensure sustainability of the garden for years to come.



Meigs County, OH

Community Orchard - CHC grant is purchasing fruit trees and nut bushes to add a small community orchard to the Meigs County Soil and Water Conservation Area. The community will be allowed to have access to the orchard for consumption of edible items. What is not harvested will be left for wildlife consumption.

ABOUT THE PROJECT

2012 – \$160,000 Bristol Myers Squibb
2018 - \$2,000 Marshall University Strengthening Grant
2018 - In-kind donation from the Village of Middleport for labor for the park
2018 - \$350.00 received from Farmer's Bank to go towards the purchases needed for the park in Middleport
2018 - \$2,350 Ohio Department of Transportation for Pedestrian master plan project.

SUCCESS STORY

Community Health Workers - Community Health Workers Program has seen a lot of success since implementation. Due to such great success, they were chosen to be part of a nationwide documentary focused on type 1 and type 2 diabetes.



DSME participants

COALITION MEMBERS

| | |
|--------------------------------|--------------------------------|
| Chester Ball Association | Meigs Co. Juvenile Courts |
| Community Food Initiatives | Meigs Co. Library |
| Front Paige Outfitters Meigs | Meigs Co. Cancer Initiative |
| Co. Job and Family Services | Meigs Co. Soil and Water |
| GJM Board | Conservation |
| Holzer Health System | Meigs Co. EMS |
| Hopewell Health Services, Inc. | Middleport Community |
| King Hardware | Association |
| OSU-Extension | Mulberry Community Center |
| Meigs Co. Schools | Tuppers Plains Fire Department |
| Meigs Co. Clerk of Courts | Village of Middleport |
| Meigs Co. Commissioners | Village of Pomeroy |
| Meigs Co. Council on Aging | Village of Racine |
| Meigs Co. Health Department | Wholesome Wave |
| Meigs Co. Board of | |
| Developmental Disabilities | |
| Meigs Co. Division of Wildlife | |
| Overbrook Rehabilitation | |
| Center | |