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Sent: Sunday, March 15, 2020 6:38 PM
To: Mather, Adam D (CHFS OIG) <Adam.Mather@ky.gov>
Subject: materials mentioned on 3/15 call

Adam

Thanks for the call today!

Please share this update with the daily huddle group.

My fact sheet is being reviewed by my second set of eyes right now. I will have it to you soon.

Great article related to worry and emotions of residents https://www.mcknights.com/blogs/the-world-according-to-dr-el/addressing-residents-coronavirus-fears/?fbclid=IwAR0c_ZfWus_kL8kOC_OjyZ5-FGI6UvjuHJ1bSUh4AUrX0HNx02RIEaeNwpc

Alz care tips

Here's some good info. from The Alz. Association site

Caregivers of individuals living with Alzheimer's and all other dementia should follow guidelines from the [Centers for Disease Control \(CDC\)](#), and consider the following tips:

- For people living with dementia, increased confusion is often the first symptom of any illness. If a person living with dementia shows rapidly increased confusion, contact your health care provider for advice.
- People living with dementia may need extra and/or written reminders and support to remember important hygienic practices from one day to the next.
 - Consider placing signs in the bathroom and elsewhere to remind people with dementia to wash their hands with soap for 20 seconds.
 - Demonstrate thorough hand-washing.
 - Alcohol-based hand sanitizer with at least 60% alcohol can be a quick alternative to hand-washing if the person with dementia cannot get to a sink or wash his/her hands easily.

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Our mission is to improve the quality of care for residents of long term care facilities