



Motivating Yourself in Challenging Times

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challenging times





2020



2021



Poll #1: What's your perspective on 2021?



The best way to predict
the future is to create it!

Abraham Lincoln

You cannot control what happens to you,
but you can control
your attitude
toward what happens to you,
and in that, you will be mastering change
rather than allowing it to master you.

— BRIAN TRACY



6 key points

- Understand your unique value
- Perfect doesn't exist
- Positivity is better than negativity
- Live with courage
- Maintain positive habits
- It's up to you

Understand your unique value



Perfect does not exist



Positivity beats negativity

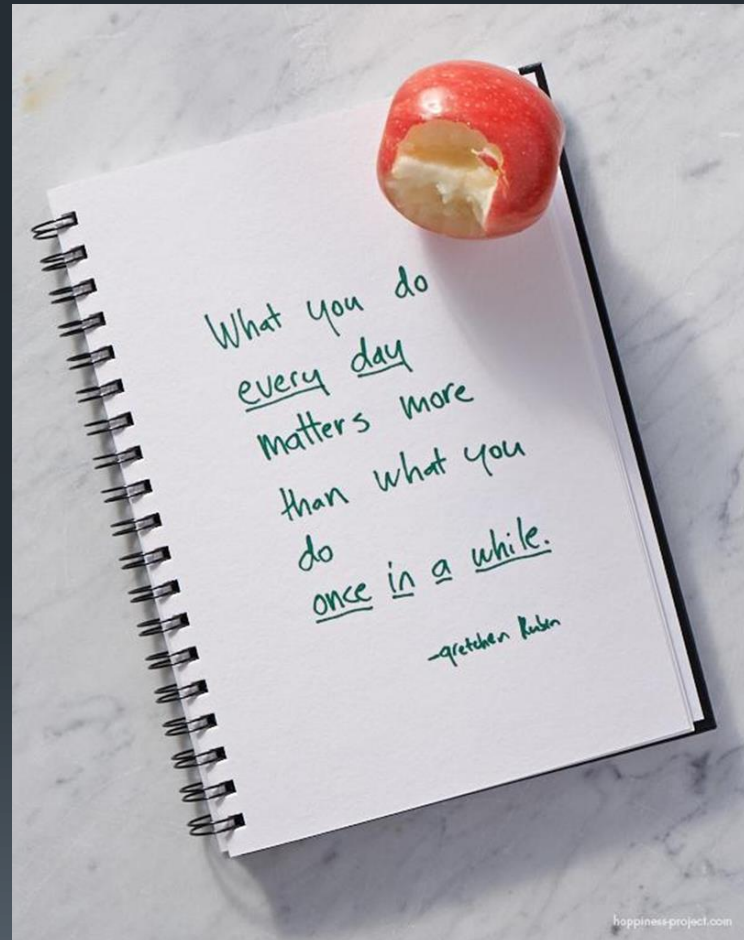


Live with courage



Maintain
positive
habits

Or begin them!



It's up to you



Build your network



Linked in

Connect. Connect. Connect.





Poll #2: What are you taking
away from this conversation?

Contact

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Thank-you!