For Where Your Treasure is ...



Collection dates: February 17 - April 1, 2021

You can honor the Lenten season by collecting and donating necessities for Arkansas children and families at Methodist Family Health.

For a complete list of items, visit **MethodistFamily.org/Get-Up-And-Give** or Look inside a Get Up & Give brochure.

For where your treasure is, there also will be your heart - Matthew 6:21

Items Needed

We request all donated items are new.

Bath

- White towels and wash cloths
- Individual shower caddies
- Body wash
- Shaving cream
- Disposable razors
- Non-aerosol spray or solid deodorant
- Shampoo
- Conditioner
- Facial tissue

Bedding

White and twin-size only

- Sheets
- Mattress pads
- Comforter sets
- Bedspreads
- Pillows and pillow cases

Gift Cards

 Walmart, Visa and Amazon gift cards in any amount

Household Items

- Paper towels
- Paper napkins
- Small laundry baskets
- Laundry hampers with lids
- Plastic hangers
- Plastic bins (size of a shoe box)

Feminine Hygiene

- Tampons and pads (all sizes)
- Panty liners

Baby Care

- Diapers of all sizes
- Baby wash
- Infant Tylenol
- Thermometers
- A&D ointment
- Vaseline (small jars)
- Infant nail clippers
- Infant nasal aspirators

Clothes and Shoes

We request all donated items be new

- Sweatpants and shirts (pullover with no hoods) in men's and women's sizes small to 4X
- T-shirts in men's and women's sizes small to 4X
- Pajamas in men's and women's sizes small to 4X
- Lightweight jackets (with no

- hoods) in men's and women's sizes small to 4X
- Shorts in men's and women's sizes small to 4X
- Khaki pants in all child and adult sizes (these are used for school uniforms)
- Hunter green polo shirts in all child and adult sizes (these are used for school uniforms)
- Boxers and briefs in all men's sizes
- Women's panties in sizes 7-14
- Non-underwire bras in sizes 34-40 in B, C, D and DD cups
- Socks in all adult sizes
- Slip-on and Velcro tennis shoes (none with laces) in adult sizes 5-14

School Supplies

- Backpacks in clear and solid colors
- Pens and pencils
- Pencil boxes
- Crayons
- Non-spiral notebooks
- Composition notebooks
- Journals
- Canvases and paint brushes

- Art sets
- Perler bead supplies and kits
 Books and Toys
- Paperback books for young adults (book series are particularly needed)
- Bibles and devotionals in paperback only. For a list of books we use most, visit MethodistFamily.org/Ways-to-Give
- Adult coloring books
- Card and board games
- Xbox and Playstation games
- Hot Wheels cars and road mats
- Building blocks of all kinds (Legos, etc.)
- Basketballs, footballs, soccer balls, volleyballs

Donate Funds

- Online at MethodistFamily.org/Donate
- **Text** GUAG to 501-881-2258
- Call 501-906-4201 to make a secure donation over the phone using a credit or debit card
- Mail a check to Methodist Family Health Foundation, P.O. Box 56050, Little Rock, AR 72215