



## Annual California Youth Empowerment Network Board Member Expectations and Commitment Form

Volunteering to represent Transitional Age Youth on the California Youth Empowerment Network (CAYEN) Board carries certain responsibilities and requirements. This document outlines some, but not all, of those responsibilities. You were chosen because you represent a segment of the mental health community and the general community at large. You have demonstrated the ability to bring your unique perspective and expertise to bear for our collective cause.

CAYEN Board Members are expected to:

- ✓ Attend (by phone or in person) a minimum of 75% of regular board meetings and the annual retreat.
- ✓ Be an active participant in meetings, conference calls and other activities by contributing at least 2 hours per month.
- ✓ Be an active participant in at least one committee, be receptive to committee communications; participate in conference calls and committee meetings and complete assigned tasks in a timely manner.
- ✓ Prepare for and participate in Board and committee meetings by reviewing relevant materials, asking timely questions, maintaining confidentiality and practicing good leadership principals.
- ✓ Take no purposeful action that would result in harm to CAYEN's reputation or resources
- ✓ Participate in and take initiative to provide leadership as needed.
- ✓ Hold in confidence any information given to them in their capacity as a board member.
- ✓ Declare any conflicts of interest and ask the minutes to reflect recusals and abstention.
- ✓ Ensure Board diversity and community representation through recruitment of board members.
- ✓ Bring the whole of your expertise, capabilities, and sphere of influence to bear CAYEN and its efforts to complete our mission.

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Name (signature)

Name (typed or printed)

Date