



California Mental Health First Aid Summit New Speakers Added!

Help expand MHFA in California! If you're involved in any way with Mental Health First Aid (MHFA) or want to learn more about what is going on in the field of MHFA, this is the only event of its kind in California to focus on this area.



Join us for a day of inspiration, education, and information. Learn what's going on at the Federal and State level. Be part of the conversation around mental health in California! We've kept the registration price low and lunch is included.

Thank you to National Council for Behavioral Health and Kaiser Permanente for their generous sponsorship!



Updates from the National Council for Behavioral Health

Betsy Schwartz, Vice President for Public Education and Strategic Initiatives, National Council for Behavioral Health

Learn about National Council for Behavioral Health and Mental Health First Aid news and events. Hear about what is going on throughout our country, Mental Health First Aid successes, and new initiatives.

Time will be given for interactive conversation, questions, answers, and feedback.

A Focus on the Substance Use & Co-Occurring Section of Mental Health First Aid

In this session you will hear from trainers and agencies with experience using the MHFA training in their communities that are facing high rates of addiction, what they have learned, and explore ways we might collaborate further to help this population.

We need presenters for this session. Please email us at response@cccbha.org if interested!



Reaching Our Youth: YMHFA Paloozas & More

NEW Monica Nepomuceno, MSW, Education Programs Consultant, Mental Health Services Program, California Department of Education

This panel will review the strides made in delivering MHFA to youth, existing barriers and the various avenues used to reach youth. It will also include the strategies used and challenges faced in delivering Youth Mental Health First Aid to school staff. The presenters will discuss finding locations to host Youth Mental Health First Aid Training, best marketing approaches for school staff, feedback received from school personnel, and the challenges faced in school settings.



California Youth MHFA Legislative Update

Le Ondra Clark Harvey, Ph. D., Director of Policy and Legislative Affairs for CBHA, will provide an overview of the 2019 Policy Priorities for CBHA including two legislative proposals CBHA is sponsoring this year. Dr. Clark Harvey will discuss the partnership between CBHA, Lady Gaga's [Born This Way](#)

[Foundation](#), and the [County Behavioral Health Directors Association](#). She will share about the steps these partners are taking to promote the first legislation in the history of California focused on providing YMHFA training within school settings.





Knocking Down Barriers to Bring MHFA to Diverse Populations

Presenters:

***NEW* Tramaine EL Amin, Assistant Vice President, Strategic Partnerships, National Council for Behavioral Health**

A Panel Presentation Moderated by Lorna Jones, CEO Bonita House

Presenters will share on training in diverse communities, creating partnership to reach audiences and using the Cultural Considerations guide. Audience members will be encouraged to share their experiences and questions to the summit as best practices and solutions are discussed.



Building a Network of Support in the Service Industry

Service industry leaders, including Sacramento chef and business owner, Patrick Mulvaney who has held MHFA training in response to recent increase in industry suicides, will talk on their recent efforts to address the unique mental health challenges faced by those in the service industry.



Optimize Your Training, Outreach and Partnerships

Gina Ehlert, M. Ed., National Mental Health First Aid Trainer of Instructors, GETrainingSolutions, will highlight training best practices and lead us into a conversation on how we can continue to expand MHFA in our communities.

Moving the Conversation Forward

Discussion on how California trainers, leaders and educators can continue to collaborate moving forward.

CALIFORNIA COUNCIL OF COMMUNITY BEHAVIORAL HEALTH AGENCIES AND NATIONAL COUNCIL FOR BEHAVIORAL HEALTH

MENTAL HEALTH FIRST AID SUMMIT

FEBRUARY 21, 2019

**ST. ANNE'S CONFERENCE &
EVENT CENTER, LOS ANGELES, CA**

Join us for California's second summit geared toward trainers, behavioral health professionals and policy makers to build engagement, share new focus areas and programs, discuss upcoming legislation, and build MHFA partnerships and pathways for continued growth.

**REGISTER AT CCCBHA.ORG
CBHA MEMBER: \$25
NON MEMBER: \$50**



Sponsored by:  

Lunch will be provided and is covered with the registration fee. [Linked here is a list of hotels nearby.](#) There is a \$6 parking fee. Please note: The Summit will include valuable information on MHFA training, but is not a training.

Click on the image or this [linked flyer \(pdf version\)](#) to share with your networks!

REGISTER NOW!

For questions or more information about the summit, please email response@cccbha.org.

Notice : Click the green bold texts to be redirected to its respective link.

We're social! Connect with us.

