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Rimal Bera, MD is Clinical Professor of Psychiatry at the University of California, Irvine Department of Psychiatry. Dr. Bera earned a Bachelor of Science Degree in Biology from the University of California, Irvine, and a medical degree from the University of California, Irvine in 1987. He completed his psychiatry residency at the University of California, Irvine in 1991. He has been a Full Time Faculty at the University of California, Irvine since 1991. His primary area of specialty is adult psychiatry with a focus on schizophrenia, bipolar disorder, depression and memory disorders.

Dr. Bera is a distinguished fellow of the American Psychiatric Association. He serves as Medical Director for Universal Care Behavioral Health for California and as Medical Director at the John Henry Foundation in Santa Ana, a high-level center for the treatment of Schizophrenia. At the John Henry Foundation, 4th year psychiatry residents from the Department of Psychiatry at the University of California, Irvine receive state of the art clinical training. He formally was chairman of the Public Affairs Committee of the Orange County Psychiatric Society from 1991 to 2016. He was been on the Board of Directors of the Mental Health Association of Orange County from 1991 to 2012 and served as a past President of the Board. He is the Past President of the University of California, Irvine School of Medicine Alumni. In 2014 Dr. Bera was the recipient of the Orange County Medical Association Physician of the Year Award. He has regularly been chosen as a Physician of Excellence for orange County since 2012.

Dr. Bera has been a principal investigator and co-investigator in over 180 clinical trials over the last 30 years. Dr. Bera has lectured extensively in the United States, Canada, and Europe about the major mental illnesses and their latest treatments. More recently, over the past 7 years, his interest has evolved into health care policy, looking at models of care that combine high level care for both physical and mental disorders with an emphasis on health outcomes economic research. Today he works regularly with physicians of all specialties helping them incorporate mental health evaluations and treatments into their practices.