



California Mental Health First Aid Summit 2019

Hosted by the California Council of Community Behavioral Health Agencies

February 21, 2019

St. Anne's Conference Center Los Angeles, CA

Summit Agenda

9:00 a.m. – 9:15 a.m.

Welcome & Opening Remarks

Paul Curtis, Executive Director, California Council of Community Behavioral Health Agencies

9:15 a.m. – 10:15 a.m.

Updates from the National Council for Behavioral Health

Betsy Schwartz, Vice President for Public Education and Strategic Initiatives, National Council for Behavioral Health

Learn about National Council for Behavioral Health and Mental Health First Aid news and events. Hear about what is going on throughout our country, Mental Health First Aid successes, and new initiatives. Time will be given for interactive conversation, questions, answers, and feedback.

10:15 a.m. – 11:15 a.m.

Reaching Our Youth: YMHFA Paloozas & More

Monica Nepomuceno, MSW, Education Programs Consultant, Mental Health Services Program, California Department of Education

Hilva Chan, Education Programs Consultant, California Department of Education
Ahmad Bahrami, MBA, Division Manager-Public Behavioral Health/Ethnic Services Manager, Fresno County Department of Behavioral Health

This panel will review the strides made in delivering MHFA to youth, current programs, existing barriers and the various avenues used to reach youth. It will also include the strategies used and challenges faced in delivering Youth Mental Health First Aid to school staff. The presenters will discuss building partnerships, funding used, best marketing approaches for school staff, and feedback received from school personnel.

11:15 a.m. – 11:45 p.m.

California Youth MHFA Legislative Update

Le Ondra Clark Harvey, Ph. D., Director of Policy and Legislative Affairs

This update will include an overview of the 2019 Policy Priorities for CBHA including two legislative proposals CBHA is sponsoring this year. Dr. Clark Harvey will discuss the partnership between CBHA, Lady Gaga's Born This Way Foundation, and the County Behavioral Health Directors Association. She will share about the steps these partners are taking to promote the first legislation in

the history of California focused on providing YMHFA training within school settings.

11:45 p.m. – 12:30 p.m.

Lunch & Networking

Chef's Pasta Bar w/ Garden Salad is included with your registration.

12:30 p.m. – 1:30 p.m.

Building a Network of Support in the Service Industry

Patrick Mulvaney, Chef and Restaurant Owner

Lisa Schulze, Chief Operating Officer, Mulvaney's B&L

Service industry leaders will talk on their recent MHFA trainings and efforts to address the unique mental health challenges faced by those in the service industry.

1:30 p.m. – 2:30 p.m.

National Update on Cultural Considerations

Tramaine EL Amin, Assistant Vice President, Strategic Partnerships, National Council for Behavioral Health

2:30 p.m. – 3:30 p.m.

Community Connections: Bringing MHFA to Diverse Populations

Lorna Jones, CEO, Bonita House – Moderator

Mercedes Coleman, Program Director, Community Ed Program, Crisis Support Services of Alameda County

Susana Sanchez, District Psychologist, Youth Mental Health First Aid Coordinator, CRT Case Manager

Pedro Arciniega, Riverside County Mental Health Division

This session will highlight collaborative efforts for outreach in diverse communities, best practices, trainings in Spanish, using the Cultural Considerations Guidelines, and what they have found most helpful to engage new audiences. This session will wrap with a discussion on moving forward and working together for success.

3:30 p.m. – 4:15 p.m.

Optimize Your Training, Outreach and Partnerships

Gina Ehlert, M. Ed., National Mental Health First Aid Trainer of Instructors, GETrainingSolutions

This session will highlight teaching/training/adult learning best practices and lead us into a conversation on ways we might continue to expand MHFA in our communities.

4:15 p.m. – 4:30 p.m.

Moving the Conversation Forward

Discussion on how California trainers, leaders and educators can continue to collaborate moving forward.

We'd like to thank our sponsors for their help in bringing the Summit to California.



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