***Small Counseling Groups***

***Grades K-4***

Mrs. Farrell is planning on running several small counseling groups in her office this year to provide support to students dealing with a similar situation or to learn new skills.

If you are interested in having your child possibly participate in a group, please indicate your interest on the form below. A minimum of three students is necessary for a group to be formed and groups will meet once a week for a 5-6 week period. A separate letter and permission slip will be sent to parents/guardians requesting consent to participate once it has been determined that there are enough participants for a particular group.

Please note that participation in small counseling groups is completely *voluntary and confidential*. If you have any questions, please feel free to contact Mrs. Farrell at [p.farrell@sjschoolva.org](mailto:p.farrell@sjschoolva.org) or (703) 880-4358.

***Please circle a group you may be interested in having your child participate in***

**Circle of Friends** - a group which reflects on the characteristics of a good friend, how to widen social circles and build self-confidence, and to strengthen social skills needed for peer relationships.

**Marvelous Me -** a group to boost self-esteem and build self-confidence.

Child’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent/Guardian’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_