



2019 KIDS HEART CHALLENGE (with the American Heart Association)

Parents, it's time for your kids to show heart! This year, we are launching the Kids Heart Challenge (formerly known as Jump Rope for Heart). It's your child's chance to be a Heart Hero by learning about heart health, spreading the word and raising funds to help other children.

Have your child go to heart.org/kidsheartchallenge so they can take one of the three challenges and email family and friends to ask for donations.

Your child will earn a glow-in-the-dark wristband just for registering online. When they get donations, they will receive Echo, Finn and a clasp. Also, the more donations received, the greater the opportunity for ORES to receive a portion back for P.E. games and supplies.

Our students are learning all about what they can do to keep their hearts healthy, take their own health challenge and learn how they can help others by collecting donations for the American Heart Association.

The students will be fundraising from now until February 8th. During the week of February 4th through the 8th, the students will be participating in a fun disco Kids Heart Challenge event during their PE classes.

Thank you for supporting the physical and emotional well-being of our students and the American Heart Association!