

Dharma Teacher References, August, 2021  
Triangle Insight Meditation Community, Durham, NC

**August 04, 2021: Ron Vereen**

"The Vagaries of Zoom and the Dharma Therein" (access recording [here](#))

From Zen Master Ikkyu (15th c. Japanese Rinsai Zen monk poet, artist, calligrapher, and musician, plus a bit mischievous and known for outsmarting his teachers):

The vagaries of life, though painful, teach us not to cling to this floating world.

From the Yaqui Shaman Don Juan:

Most people look upon life as a series of adversity or prosperity. The truly wise person looks upon each experience as an opportunity.

From Rodney Smith:

Look to see where you have a struggle -- that's what you need to see. Facts are friendly as they align us with the Truth which can guide and inform as to what's needed. When we hold on to some imagined belief that things should be otherwise, then the greater the gap between the belief and the Truth, the greater the suffering.

Our difficulty as elucidated in the [Honeyball Sutta, MN 18](#)

**August 11, 2021: Scott Bryce** (access recording [here](#))

*Avatamsaka [Flower Ornament] Sutra*, excerpt: <https://unbornmind.com/2015/12/18/maitreya-and-vairocanas-tower/>

Taigen Dan Leighton, "The Phenomenal Universe of the Flower Ornament Sutra,"  
Lion's Roar, 9/1/2006

Thich Nhat Hanh, *All in One, One in All* (2001)

Thich Nhat Hanh, *The Art of Living* (2017)

Thich Nhat Hanh, *The Fourteen Mindfulness Trainings*

**August 18, 2021: Emily Griffith Burke (Guest Teacher)** (access recording [here](#))