

Dharma Teacher References, February, 2021
Triangle Insight Meditation Community, Durham, NC

February 03, 2021: Ron Vereen

Poems: May Sarton, "New Year (1937)" and "New Year Resolve" Lines referenced from Amanda Gorman's "The Hill We Climb".

On Poetry: Dan Siegel in *The Mindful Brain*, "A Week in Silence," pp. 54-55

On Inquiry and Contemplation:

Rodney Smith, *Awakening: A Paradigm Shift of the Heart*, "The Discerning Power of Awareness," "[Selfless Awareness and Focused Inquiry](#)"

Gregory Kramer, *Insight Dialogue: The Interpersonal Path to Freedom*, "The Contemplations"

On Wise Intention:

Dvedhavitakka Sutta, "Two Sorts of Thinking," [MN.19](#),

Bhikku Bodhi, [The Noble Eightfold Path: The Way to the End of Suffering](#)

February 10, 2021: Scott Bryce

Sutta references:

With Cunda, *Saṃyutta Nikāya* 47.13, <https://suttacentral.net/sn47.13/en/sujato>

Desirable, *Aṅguttara Nikāya* 5.81, <https://suttacentral.net/an5.81/en/sujato>

Arguments, *Aṅguttara Nikāya* 10.50, <https://suttacentral.net/an10.50/en/sujato>

Other resources:

"Love Everyone: A Guide for Spiritual Activists," Sharon Salzberg and Rev. angel Kyodo williams, Lion's Roar, 1/4/2019

February 17, 2021: Emily Griffith Burke (Guest Teacher)

Transcript: <https://www.thepracticinghuman.com/blog/student-practitioner-and-teacher-reflections-on-humility>