

Dharma Teacher References, July 2020
Triangle Insight Meditation Community, Durham, NC

July 29, Sarah Bryce (Guest Teacher)

1. Spirit Rock Course White and Awakening:
<https://spirit-rock.secure.retreat.guru/program/white-and-awakening-together-wa1c20/?lang=en>
2. Church of Harriet Tubman and the Underground Railroad Crew:
<https://www.springwasham.com/events/2020/7/19/the-church-of-harriet-tubman-amp-the-underground-railroad-crew-y8sj7-f6e4y-g4yjj-7t2tm>
3. Books:
A Fierce Heart, by Spring Washam
Water Dancer, by Ta Nahisi Coates

July 22, Phyllis Hicks (Insight Dialogue)

- Verses from John Lewis

July 15, Emily Griffith Burke (Guest Teacher)

- Find the full Dharma Talk text with references on her website:
<https://www.thepracticinghuman.com/blog/how-the-spiritual-path-supports-showing-up-as-an-activist>

July 8, Scott Bryce

- [*Love and Rage: The Path of Liberation Through Anger*](#), by Lama Rod Owens

July 1, Ron Vereen

1. *Trauma Stewardship: An Everyday Guide to Caring for Self while Caring for Others*, by Laura van Dernoot Lipsky with Connie Burk
2. Sounds True's ongoing series on "Resilience in Challenging Times:" interview by Tami Simon with Adyashanti
3. "Love Emerges in the Face of Disaster," Rodney Smith in [Lions Roar, April 16, 2020](#)
4. I also have a transcript of my talk if anyone is interested.