

Triangle Meditation Community
Caring Circles Request for Assistance

Date:
Name:
Primary Telephone Number:
Secondary Telephone Number:
Email address:
Description of assistance requested (include pertinent details such as date, time, specific requirements, etc.):
Best way to contact you:

Complete this request form and give it to one of the Caring Circles moderators:

Gordon Livermore or Mary Mudd .

OR

Place it in the Caring Circles Request slot in the file on the TI bookcase in the hallway.

OR

Send your request as an email message to caringcircles@triangleinsight.org.

A Caring Circles moderator will send your request via email to the Caring Circles Volunteers.

You will hear from any volunteer who can assist you with your request.