

Dharma Notes/References  
TIMC Wednesday Evening Talks  
November, 2021

**November 03: Ron Vereen**

(link to talk, *Enlivening the Heart through Generosity*)

*Dana: The Practice of Giving.* Bhikkhu Bodhi

*Parami: Ways to Cross Life's Floods*, Ajahn Sucitto

*The Wise Heart*, Jack Kornfield

*EcoDharma: Buddhist Teachings for the Ecological Crisis*, David Loy

"*Living in the Gift*," Charles Eisenstein

*World as Lover, World as Self*, Joanna Macy

"*Meditation on Gratitude and Joy*," Jack Kornfield

**November 10: Daya Breckinridge**

"*Guided Instructions on Noticing Feeling Tones*," Nikki Mirghafori

**November 17: Karen Ziegler**

(link to talk: *The Dharma of Freedom*)