

Dharma Teacher References, March, 2021

Triangle Insight Meditation Community, Durham, NC

March 03, 2021: Ron Vereen

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"From Me To We: The Five Transformational Commitments to Rescue the Planet, Your Organization and Your Life," [Bob Doppelt](#), *Systems Thinker* (Pegasus Publications), October, 2012

March 10, 2021: Scott Bryce

Sutta references:

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Simile of the Saw, *Majjhima Nikāya* 21 [Bodhi tr.], <http://www.suttas.com/mn-21-kakacupama-sutta-the-simile-of-the-saw.html>

Other resources:

Boundless Heart, Christina Feldman

"The Brahmaviharas: Cultivating Your Best Home," Course taught by Sharon Salzberg, <https://dharmanet.org/coursesM/16/1.html>

"Equanimity," Gil Fronsdal, 5/29/2004, <https://www.insightmeditationcenter.org/books-articles/equanimity/>

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