

Shramadana Project Meeting Minutes Triangle Insight Meditation Community

by Mary Mudd for 10 October 2018

Attendees: Daya Breckenridge, Cathy Cole, Gerri McGuire, Mary Mudd, Jack Nayrayan, Glaeshia O'Rourke, Ron Vereen, Karen Ziegler

We discussed the following agenda items:

- 1. 2018 Service to the Episcopal Center** – We have not provided any service to the Episcopal Center since the painting that we did last year. Ron will follow-up with Sam Laurent to see if any work is needed before next year.
- 2. Discussion of future of "Media Night"** – Gerri McGuire has been the coordinator for these events and asked for input from the group. We discussed some ideas for future media nights and other social events like tea gatherings and potlucks. We think that these events might be handled by the new Welcoming Committee. Jack and Glaeshia will discuss this idea with other members of the Welcoming Committee.
- 3. Volunteer Needs for Llama Rod Events**–Karen, Cathy and Ron will be meeting to discuss details for Llama Rod's visit and will let us know what type of help is needed. In the meantime, everyone is encouraged to distribute posters and cards about the events.
- 4. Upcoming Ruth King 2019 Retreat**– This retreat will be held from the evening of March 15 through the afternoon of March 17 at Avila Retreat Center in Durham. The space has already been reserved. Maximum number of attendees will be twenty. Requirements will be to have read Ruth King's book, Mindful of Race, and to be part of a racial affinity group after the retreat if not before. Cathy Cole, Gerri McGuire, Ron Vereen and I will manage the planning for this event and will meet in January.
- 5. Future of Shramadana Project** – We discussed the idea that the SP is no longer a meaningful initiative in its current format and structure for Triangle Insight. As mentioned above, Media Night and other social activities could be overseen by the Welcoming Committee. The community at large volunteer activities could fit well in the engaged Buddhism group or another group/committee that could arise following the Triangle Insight Board Meeting which will be held in January. We will wait and see what comes out of the board meeting and will not plan to have any more SP meetings.
- 6. Participate in Community Activities with Durham Friends** – Glaeshia proposed the idea of our sangha members joining members of Durham Friends in some of their community activities which have already been established. Examples are preparing and serving a dinner at the Urban Ministries Shelter, providing hurricane relief and participating in the Coalition for a Nonviolent Durham and CAN (Congregations, Associations and Neighborhoods). Glaeshia has offered to be a liaison for Durham Friends and Triangle Insight. She will talk with the Friends coordinator for CAN activities about involvement by our sangha members.