



Triangle Insight Meditation Community

Our vision is the possibility of personally and collectively knowing suffering, its causes, its cessation, and walking a liberating path with all beings.

Our mission is to uphold the conditions for personal and collective liberation by coming together as a vibrant, diverse, inclusive, and non-oppressive community that nourishes and supports insight meditation and Buddhist study, dialogue, discussion, and practices and applies these to daily life, making them count for our world.

Guided by the following **core values**, we create a brave space where difference is welcomed as a source of mutual learning, dialogue, and shared spiritual growth.

- Teachings and practice of the Buddhadharma
- Accountability and transparency
- Authenticity and integrity
- Awakening and release
- Collaborative leadership and respect for all
- Embracing diversity and celebrating difference
- Engagement and responsiveness
- Generosity and giving
- Honoring different perspectives and valuing all voices
- Joy and gratitude
- Kindness and compassion
- Non-harming and non-oppression
- Safety and refuge
- Truthfulness and clear seeing
- Welcoming and inclusivity