

**Dharma Teacher References, October, 2021  
Triangle Insight Meditation Community, Durham, NC**

**October 06, 2021: Ron Vereen**

"Living on the Edge" ([link to audio](#))

"[Explore Your Edge with Meditation Practice](#)," Ezra Bayda

Poem, "[Start Close In](#)," David Whyte

**October 13, 2021: Scott Bryce**

"The Transformative Potential of Remorse, ([link to audio](#))

A Horn Blower, *Samyutta Nikāya* 42.8 [Sujato tr.]

*Dhammapada* 183 [Wallis, tr.]

"Dealing with guilt and shame," Bodhipaksa, Wildmind [blog], 4/30/13

"Introduction to Forgiveness – Guilt vs. Remorse," Amma Thanasanti, Dharmaseed [talk], 5/05/2010

**October 20, 2021: Sarah Bryce**

Recorded talk unavailable

*When Spirit Leaps*, by Bonnie Greenwell