

September 2021 TI Dharma Talk Notes/References

09/01/2021: Ron Vereen

"Between the Extremes -- Finding the Middle Way" ([link to recorded talk](#))

"Don't Know Mind Meditation," Kornfield, J, *The Wise Heart*, p. 381

"The Wisdom of the Middle Way," Kornfield, J., *The Wise Heart*, Chapter 23

[Dhammapada, v. 182 - 192](#)

Dhammacakkappavattana Sutta (Turning of the Wheel of the Dharma):
[SN 56:11](#)

"The Non-Pursuit of Happiness," Andrew Olendzki, [Insight Journal, Spring 2004](#)

09/08/2021: Scott Bryce

"The Five Precepts: On Retreat and in Daily Life" ([link to recorded talk](#))

Gil Fronsdal, "The Curious Absence of the Precepts," *Inquiring Mind*, Fall 2000

Gil Fronsdal, "The Pragmatism of the Five Precepts," <https://www.insightmeditationcenter.org/the-pragmatism-of-five-precepts/>

Gil Fronsdal, "The Role of Virtue in Early Buddhist Ethics" (available in pdf format on the audiodharma website)

Gil Fronsdal, "Virtues Without Rules," in *Westward Dharma: Buddhism Beyond Asia*, Charles S. Prebish, Martin Baumann, eds., 2002

Jack Kornfield, "This Fantastic, Unfolding Experiment," *Buddhadharma*, Summer 2007

09/15/2021: Francesca Morfesis

"Being Big, Being Small" ([link to recorded talk](#))

09/29/2021: Jeanne van Gemert

"Choosing Equanimity" ([link to recorded talk](#))

"Love After Love," Derek Walcott