

Learn More in

2024

The Bridge Institute 2024 Training Calendar

JANUARY

Thurs., Jan. 11, 2024, 1:00 PM-4:00 PM
*Intertwined Issues Series–
Housing Issues & Substance Use*
Suzy Langevin, LICSW, LADC I & William Nall, LMHC

VIRTUAL

Thurs., Jan. 18, 2024, 9:00 AM-1:00 PM
*Cognitive Behavioral Therapy for
Generalized Anxiety Disorder*
Stefanie Gregware, LMHC & Andrea Wolloff, LMHC

VIRTUAL

Weds., Jan. 24 & Feb. 7, 2024, 9:00 AM-12:00 PM
Hoarding Interventions 2-Part Series
Jesse Edsell-Vetter

VIRTUAL

Thurs., Jan. 25, 2024, 9:00 AM-12:00 PM
*Illness Management & Recovery (IMR)
Training Overview*
Kerrin Westerlind, LICSW

VIRTUAL

FEBRUARY

Thurs., Feb. 8, 2024, 1:00 PM-4:00 PM
*Intertwined Issues Series–
Substance Use and Psychosis*
Suzy Langevin, LICSW, LADC I & William Nall, LMHC

VIRTUAL

Fri., Feb. 9, 2024, 9:00 AM-4:00 PM
*Treating Eating Disorders:
Integrating Psychotherapy and Nutrition*
Karen Chinca, LICSW & Sandra Klemmer

IN PERSON

Thurs., Feb. 15, 2024, 9:00 AM-1:00 PM
*Cognitive Behavioral Therapy for
Symptoms of Depression*
Stefanie Gregware, LMHC & Andrea Wolloff, LMHC

VIRTUAL

MARCH

Thurs., March 7, 2024, 9:00 AM-12:00 PM
Harm Reduction: Principles & Practices
Suzy Langevin, LICSW, LADC I

VIRTUAL

Thurs., March 14, 2024, 9:00 AM-1:00 PM
Cognitive Behavioral Therapy for Psychosis
Stefanie Gregware, LMHC & Andrea Wolloff, LMHC

VIRTUAL

Friday, March 29, 2024, 9:00 AM-4:00 PM

IN PERSON

*Utilizing a Liberation Lens in
Treating Racial Trauma*
Jenise Katalina, LICSW

APRIL

Thurs., April 11, 2024, 9:00 AM-1:00 PM
Cognitive Behavioral Therapy for Social Anxiety
Stefanie Gregware, LMHC & Andrea Wolloff, LMHC

VIRTUAL

MAY

Thurs., May 2, 2024, 9:00 AM-4:00 PM
*Using Motivational Interviewing for Teens:
I Don't Wanna and You Can't Make Me!*
Suzy Langevin, LICSW, LADC I

IN PERSON

Tuesday, May 7, 2024, 1:00 PM-5:00 PM
The Adherent DBT Consultation Team
Elizabeth Plante, LMHC

VIRTUAL

Thurs., May 16, 2024, 9:00 AM-4:00 PM
Cognitive Behavioral Therapy Skills Application
Stefanie Gregware, LMHC & Andrea Wolloff, LMHC

IN PERSON

Friday, May 17, 2024, 9:00 AM-4:00 PM
Trauma Informed Interventions in Schools
Fran Kuehn, LICSW

IN PERSON

Monday, May 20, 2024, 9:00 AM-4:00 PM
Motivational Interviewing Strategies for Supervision
Suzy Langevin, LICSW, LADC I

IN PERSON

Thurs., May 23, 2024, 9:00 AM-4:00 PM
*Motivational Interviewing Skills Lab:
Practice Makes Perfect*
Suzy Langevin, LICSW, LADC I

IN PERSON

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Questions?
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