



ק"ק בית ישראל

A spiritual oasis for the Jewish community

Welcome ~ *B'ruchim HaBa'im*  
Shabbat Shalom! *שַׁבָּת שְׁלֹום!*

May 22 ~ 23, 2020 / 29 Iyar 5780

Parashat Bamidbar  
44th Day of the Omer

Howard Mandell  
*Rabbi*

Amy Sherr  
*Administrator*

Jeffrey Tye  
*Executive Vice President, Operations*

If you are new to our Synagogue, please introduce yourself to Rabbi Mandell and others in the community so that we may personally welcome you. We hope you will return many times to share the joys of Shabbat, holidays and festivals, and special occasions with our *kehillah kedoshah*, our holy community.

Congregation Beth Israel of the Merrimack Valley  
6 Dundee Park, Andover, MA 01810  
Phone: 978-474-0540; Fax: 978-474-1915  
[www.BethIsraelMV.org](http://www.BethIsraelMV.org); [office@BethIsraelMV.org](mailto:office@BethIsraelMV.org)

## ORDER OF SERVICE

**INTRODUCTORY** pg. 61 ~ *Birkhot Ha-Shachar* (The blessing of morning's light) - We begin the daily morning service by reciting blessings praising God for the gift of a new day. We thank God for the miracles of daily life such as opening our eyes and putting on clothing.

**P'SUKEI D'ZIMRA** pg. 83 ~ (Passages of Song) - Proper concentration is required for the recitation of the *Shacharit* (morning) service, the core of the daily service. We prepare for this important part of the service by reciting the praises of God found in the Book of Psalms.

**SHACHARIT** pg. 105 ~ (Morning Service) - This core unit of the service consists of two parts. The first is the recitation of the *Shema*, Judaism's core principle found in Deuteronomy 6:4 declaring the uniqueness of God and our commandment to love God with all of our heart. The second part is the *Amidah* (the standing prayer) so titled because the rabbis imagined a servant coming before a master while standing and bowing. There are three sections - praise, sanctification of the day, and thanksgiving.

**HALLEL** pg. 133 ~ Recited on various holidays and occasions, including, but not limited to, each *Rosh Chodesh* and the 3 Pilgrimage Holidays.

**TORAH SERVICE** pg. 139 ~ Each Shabbat, a portion of the Torah (Five Books of Moses) is read. Reading the Torah in public is seen as a reenactment of the revelation at Mount Sinai. The Torah is removed from the Ark with verses of praise. On Shabbat, the reading is broken into seven sections, giving seven people the opportunity to be honored with an *aliyah* (going up) to the Torah. This week's reading is broken down as follows:

### **Parashat Bamidbar ~ Numbers 1:1 – 54**

<b>Aliyah</b>	<b>Etz Hayim</b>	<b>Chapter:Verse</b>	<b>Reader</b>
<b>Rishon</b>	769	Numbers 1:1-4	Stuart Rapaport
<b>Sheni</b>	770	1:5-16	Stuart Rapaport
<b>Shlishi</b>	771	1:17-19	Jonathan Brody
<b>R'vi'i</b>	771	1:20-27	Jonathan Brody
<b>Chamishi</b>	772	1:28-35	Jeff Tye
<b>Shishi</b>	772	1:36-43	Bill Shek
<b>Sh'vi'i</b>	773	1:44-54	Elaine Winic
<b>Maftir</b>	774	1:52-54	Rabbi Mandell
<b>Haftarah</b>	1216	I Samuel 20:18-42	Rabbi Mandell

**MUSAF SERVICE** pg. 166 ~ (Additional) - On Shabbat and holidays, additional offerings were made in the Temple. To commemorate these additional offerings, a second *Amidah* is recited. This *Amidah* recalls the closeness our ancestors felt to God in the Temple and expresses our wish to restore this relationship (though not necessarily the animal offerings).

## YAHRZEITS ~ 29 Iyar – 6 Sivan

*Zichronam livrachah*, May their memories be for a blessing

Irving Bernstein  
Charles A. Cohen  
Laura Cohen  
Rose Endelman  
Max Finkelstein  
Ruth Fishman  
Philip Gleckman  
Errol D. Goldblith  
N. Milton Insuik  
Frederick Kaplan  
Julius Kupsov  
Judy Kutel  
Henrietta Master  
David Hyman  
Muscovitz  
Samuel Nannis

Joseph M. Penn  
Ruth F. Rosengard  
Eva Salgo  
Renee Schecter  
Wilbert Serkman  
Samuel Shainwald  
Dr. Richard Shuman  
Rose Silverman  
Irene Slosberg  
Jennie Sodnowsky  
Louis Spector  
Melvin Steinberg  
Harvey Strauss  
Bernard Trubowitz  
Bessie Witznudel

### **MI SHEBEIRACH (Prayer for Healing)**

Music by Debbie Friedman z"l / Lyrics by Debbie Friedman z"l and D'rorah Setel

**מֵי שִׁבְרָךְ אֲבוֹתֵינוּ**  
Mi she-bei-rach a-vo-tei-nu

**מִקּוֹר הָבָרָךְ לְאָמוֹתֵינוּ**  
M'kor ha-bra-cha l'i-mo-tei-nu

May the Source of Strength, Who blessed the ones before us  
Help us find the courage to make our lives a blessing  
And let us say: Amen.

**מֵי שִׁבְרָךְ אֲמוֹתֵינוּ**  
Mi she-bei-rach i-mo-tei-nu

**מִקּוֹר הָבָרָךְ לְאָבוֹתֵינוּ**  
M'kor ha-bra-cha l'a-vo-tei-nu

Bless those in need of healing with r'fu-a sh'lei-ma  
The renewal of body, the renewal of spirit  
And let us say: Amen.

## UPCOMING EVENTS

### Wednesday, 5/20

Social Action Committee  
Meeting @7pm

### Thursday, 5/21

Book Review – “A Backpack,  
A Bear, and Eight Crates of  
Vodka” @7pm

### Friday, 5/22

Yom Yerushalayim  
Candle lighting @7:50pm

### Saturday, 5/23

Shabbat Morning  
Service @9:30am  
Havdalah @8:59pm

### Sunday, 5/24

Rosh Chodesh Sivan

### Monday 5/25

Memorial Day Observed

### Thursday, 5/28

Erev Shavuot

Tikkun Leil Shavuot Service  
@7pm, Program to follow  
Candle lighting @7:55pm

### Friday, 5/29

Shavuot Day I

Candle lighting @7:56pm

### Saturday, 5/30

Shavuot Day II Services  
@9:30am, incl YIZKOR

Havdalah @9:05pm

### Sunday, 5/31

Sunday Night Social Hour  
@7:30pm

### Wednesday, 6/3

Book Review – “A Backpack,  
A Bear, and Eight Crates of  
Vodka” @7pm

### Thursday, 6/4

Thursday Night Minyan  
@6:30pm

### Friday, 6/5

Candle lighting @8:01pm

### Saturday, 6/6

Shabbat Morning  
Services @9:30am  
Havdalah @9:10pm

### Monday, 6/8

Board of Directors @7pm

### Friday, 6/12

Candle lighting @8:05pm

### Saturday, 6/13

Shabbat Morning  
Services @9:30am  
Havdalah @9:13pm

### Thursday, 6/18

Thursday Night Minyan  
@6:30pm

### Friday, 6/19

Candle lighting @8:07pm

### Saturday, 6/20

First Day of Summer  
Shabbat Morning  
Services @9:30am  
Havdalah @9:16pm

### Sunday, 6/21

Happy Father’s Day!

### Monday, 6/22

Rosh Chodesh Tammuz

### Tuesday, 6/23

Rosh Chodesh Tammuz

### Friday, 6/26

Candle lighting @8:08pm

