Supporting Neenah Track and Neenah Runners' High Program

Come and test your early season fitness or enjoy an invigorating winter walk in the 12th Annual Rocket Blast-off 5K Run/Walk on Saturday, March 10th, 2018.

This is the first electronically timed 5K event of the Fox Valley.

1/2 MARATHON
NEENAH RUNNERS' HIGH
Aspire to Inspire!

Neenah

Online registration at: www.active.com

NHS Track Booster Club
ATTN: Kurt Krueger
1275 Tullar Road
Neenah, WI 54956

Online registration at: www.active.com

12th Annual
Rocket Blast-off
5K Run/Walk

**Saturday, March 10, 2018
10:00 A.M.
Neenah High School, Neenah**

Saturday, March 10, 2018
Neenah High School, Neenah
12th Annual Rocket Blast-off 5K
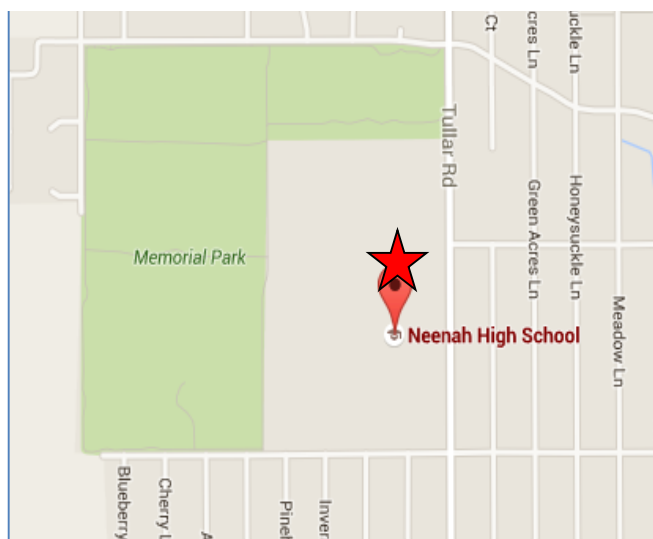Supporting Neenah Track and Field and Neenah Runners' High Program

9:00-9:45 a.m. Registration – Neenah High School Door 4

10:00 a.m. Event begins

*** Start and check-in/registration at Neenah High School Door 4***

➤ All runners/walkers registered by 2/23/18 guaranteed an event performance t-shirt

➤ Medal awards to the top 3 male and top 3 female finishers in each of four age group categories

➤ Course begins and ends at Neenah High School and is run entirely within the Neenah High School Campus and Memorial Park

➤ Electronic timing of all participants on measured 5K course

➤ Free refreshments for participants in the Neenah High School cafeteria after the race

➤ Registration available on the day of the event, however there is no guarantee of a t-shirt

For those runners who are fighting aches and injuries, a special, free, injury screening clinic will be conducted by the experts from Peak Performance.

Peak Performance
Physical Therapy & Sports Medicine

The physical therapy and sports medicine experts from Peak Performance will be on hand before and after the race to evaluate and work with you to help you with injury prevention.

Entry fee: $25 postmarked by 2/23/18; $30 after 2/23/18

Online registration at:
www.active.com

Age Group: _____ 13 & Under _____ 14-17 _____ 18-39 _____ 40+

Birthdate: _____ **Gender:** __ Male __ Female **Adult t-shirt size:** S M L XL XXL

Name: _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Phone: _____ **Email:** _____

I would like to make an additional tax deductible donation of: $_____
501(c)(3) organization; your contribution is tax deductible to the extent allowed by law

Mail to: NHS Track Booster Club
ATTN: Kurt Krueger
1275 Tullar Road
Neenah, WI 54956

Make checks payable to:
NHS Track Booster Club

WAIVER: I know that participating in the Rocket Blast-off Run/Walk is a potentially hazardous activity. I understand that I should not participate in the event unless I am in good physical condition. I hereby assume the risk of any injury, and I release, discharge, and hold harmless the organizers of the Rocket Blast-off Run/Walk, its volunteer staff and all event sponsors and all others in any way connected with the event from any and all claims for injury or damages arising from my participation in it. I hereby permit the Rocket Blast-off Run/Walk the free use of my name and picture in broadcasts, telecasts, newspapers, periodicals and brochures that report on or promote this event.

_____ _____   _____ _____
Participant's Signature   Date   Parent/Guardian Signature (if participant is under 18)   Date