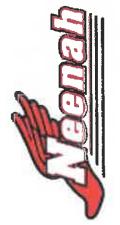
## Supporting Neenah Track and Neenah Runners' High Program

NHS Track Booster Club ATTN: Kurt Krueger 1275 Tullar Road Neenah, WI 54956

Come and test your early season fitness or enjoy an invigorating winter walk in the 11<sup>th</sup> Annual Rocket Blast-off 5K Run/Walk on Saturday, March 4th, 2017.

This is the first electronically timed 5K event of the Fox Valley.





Online registration at: www.active.com





Saturday, March 4th, 2017

10:00 A.M.

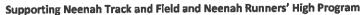
Neenah High School, Neenah

Online registration at: www.active.com



## Saturday, March 4, 2017 Neenah High School, Neenah

## 11<sup>th</sup> Annual Rocket Blast-off 5K



9:00-9:45 a.m. Registration – Neenah High School Door 4
10:00 a.m. Event begins

\*\*\* Start and check-in/registration at Neenah High School Door 4\*\*\*

- > All runners/walkers registered by 2/17/17 guaranteed an event performance t-shirt
- Medal awards to the top 3 male and top 3 female finishers in each of four age group categories
- Course begins and ends at Neenah High School and is run entirely within the Neenah High School Campus and Memorial Park
- Electronic timing of all participants on measured 5K course
- Free refreshments for participants in the Neenah High School cafeteria after the race
- Registration available on the day of the event, however there is no guarantee of t-shirt



For those runners who are fighting aches and injuries, a special, free, injury screening clinic will be conducted by the experts from Peak Performance.



The physical therapy and sports medicine experts from Peak Performance will be on hand before and after the race to evaluate and work with you to help you with injury prevention.

## Entry fee: \$25 postmarked by 2/17/17; \$30 after

Online registration at: <a href="https://www.active.com">www.active.com</a>

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Age Group:	13 & Under	14-17	18-39	40+					
Birthdate:	Gender:	_Male	_ Female	Adult t-shi	irt size: S	M	L	XL	XXL
Name:						PI - 4			-1841 I A
Address:					-				ditional tax
City:	S	tate:	Zip:				ur cont	ribution	is tax deductible to
Phone:	Email:				Mail to: NHS Track Booster Club				
						ATTN:			
The standard and the standard and standard a					1275 Tullar Road Neenah, WI 54956				
WAIVER: I know that participating in the Rocket Blast-off Run/Walk is a potentially hazardous activity. I understand									

WAIVER: I know that participating in the Rocket Blast-off Run/Walk is a potentially hazardous activity. I understand that I should not participate in the event unless I am in good physical condition. I hereby assume the risk of any injury, and I release, discharge, and hold harmless the organizers of the Rocket Blast-off Run/Walk, its volunteer staff and all event sponsors and all others in any way connected with the event from any and all claims for injury or damages arising from my participation in it. I hereby permit the Rocket Blast-off Run/Walk the free use of my name and picture in broadcasts, telecasts, newspapers, periodicals and brochures that report on or promote this event.

Make checks payable to: NHS Track Booster Club