

Itinerary

DATE: 2023	ACTIVITY
	Mount Olivet Retreat Center, Farmington, MN
Retreat: Tuesday Jan 3	Arrive at Mt. Olivet Retreat Center by 9:00 am
Retreat: Wednesday Jan 4	Breakfast at 8.am
	Leave Mt. Olivet 2:00 pm : --for Global Health Ministries. Students go "home" to pack. (Home could mean Host home.)
	Delta Air Lines: Minneapolis MN to Arusha, TZ
Thurs. Jan 5	Arrive at NOON— 3 hours before flight departure for Tanzania. Wait for the group on the ticketing level. We will change planes in Amsterdam for a Killimanjaro Flight to Arusha, TZ.
Friday, Jan 6	Arrive KMJ airport in Arusha at 9:00 pm. (hard to find food at 9 pm.) Please pack an evening snack for yourself, for this evening. I will have peanut butter and bread with me for you.
The Itinerary. Please be flexible, as some things might change. We have listed several plans for options, if one plan cannot be achieved. We'll go to another plan.	
Saturday, Jan 7	Breakfast 8:00 am. Nyumbani Hostel 9:30 am Shanga Shanga shop. Kahawa Coffee Shop is close for those interested. OR Visit Eunice Simonson's home * 11:00 Visit Anna Mahenge (nurse) and Nosim Peters (SW.) about palliative care at the Health Dept. of the ELCT HQ@ Lutheran Center. Noon: Lunch at Mwangaza possibly 2:30 pm Singing at Sellaan... OK'd by Amon Mari j 4:30 : Mbelle Nathan Simonson talk *6:00: Supper: maybe : the Blue Heron. Discussion #1 after supper.
Sunday, Jan 8	8: 00 am : Leave for Maasai Girls School, Monduli, TZ Lunch might be at the Courage Café in Moshi where we will get information about the good work they are doing there. 2:00 pm : Arusha to Moshi – Rafiki Backpackers Guest House (1-2 hours). 4:00 pm arrive; settle in. 6:00 pm Supper 8:00 pm Discussion #2.
Monday, Jan 9	9:00 am Moshi – visit KCMC 10:00 am Hopefully visit Mkombozi Noon: Lunch at the base of Killimanjaro ; short hike 6 :00 pm Supper at Uhuru? 8:00 pm Discussion #3.
Tuesday, Jan 10	5:00 am breakfast and pack the bus. 6:00 am : Depart Moshi for Iringa ELCT TLC: for supper: Neema Kraft Lunch: Order sandwiches out of Mikumi along the way, and soda—Eat in bus while traveling through a game reserve. 8:00 pm arrival in Iringa. Supper at TLC.
Wednesday, Jan 11	8:00 am breakfast. Dr. Ken Olson : and his students at Ilula . 9:00 am: DIRA orientation. 10: 00 am Iringa – visit prison/Iringa Hospital, Noon: Lunch in Iringa. 1 pm – 3 pm: Market Place of Huruma Orphanage.

	<p>4:30 – 5:30: Tour of University with Pastor Gary</p> <p>6:00 pm Supper TLC.</p> <p>8:00 pm Discussion #4.</p>
Thursday, Jan 12	<p>6:00 am Breakfast; leave by 6:45 for Ilula.</p> <p>7:50 arrival at Ilula Hospital: Morning devotions, tour and talk with Dr. Randy Hurley.</p> <p>Medical Conference in Iringa: We provide the entertainment. With One Voice in Tanzania</p> <p>Noonish: Lunch at Neema Crafts.</p> <p>2:30 – 4:30 Market Place Or Huruma Orphanage.</p> <p>6:00 pm Supper at the TLC</p> <p>8:00 pm Discussion #5.</p>
Friday, Jan 13	<p>8:00 am breakfast.</p> <p>9:00 am : Free time options, includes packing the bus for Tungamalenga.</p> <p>11:30 am: Lunch in Iringa</p> <p>12:30 pm: Leave for Tungamalenga Lodge (~ 3 hours.)</p> <p>5:30 pm Supper at the Lodge: Meet Barnabas, Village doctor.</p> <p>7:30 pm Discussion #6... or prior to supper.</p> <p>* You have about 2-3 hours of generated electricity here: usually to 10 pm.</p>
Saturday, Jan 14	<p>8:00 am breakfast.</p> <p>9:00 am – Noon: Visit health care providers OR Maasai villages OR primary school .</p> <p>Noon lunch: Tungamalenga church women.</p> <p>2:00 pm: Visit health care providers OR Maasai villages OR primary school, or hospice patients in the later afternoon.</p> <p>5:30 pm Supper at the Lodge.</p> <p>7:30 : Discussion #7</p>
Sunday, Jan 15	<p>8:00 am Breakfast.</p> <p>9:00 am Church at the Tungamalenga Church/ auction to follow.</p> <p>Noon: Tungamalenga church women.</p> <p>2:00 pm: Maasai villages or hospice patients.</p> <p>5:30 pm Supper at the Lodge.</p> <p>7:30 : Discussion #8.</p>
Monday, Jan 16	<p>8:00 am breakfast.</p> <p>9:00 am – Noon: Visit health care providers OR Maasai villages OR primary school .</p> <p>Noon lunch: Tungamalenga church women.</p> <p>2:00 pm: Visit health care providers OR Maasai villages OR primary school, or hospice patients in the later afternoon.</p> <p>5:30 pm Supper at the Lodge.</p> <p>7:30 : Discussion #9 Martin Luther King included in the evening discussion .</p>
Tuesday, Jan 17	<p>8:00 am breakfast</p> <p>9:00 am Pack up and move out of Tungamalenga to Ruaha (~ 3 hours.)</p> <p>Lunch in Ruaha at Mwagusi.</p> <p>Afternoon Safari.</p> <p>Supper: Mwagusi Lodge.</p> <p>Free evening time in your tents/lodge.</p>
Wednesday Jan 18	<p>8:00 am Breakfast</p> <p>Morning Safari or evening safari?</p> <p>Noon: Lunch at Mwagusi Lodge</p> <p>Free time. Options re: hikes around the property. Reading time in hammocks.</p> <p>3:00 pm Tea time.</p> <p>Supper: Mwagusi Lodge.</p> <p>Free evening time in your tents/ lodge.</p>

Thursday, Jan 19	<p>8:00 am Breakfast: Ruaha to Iringa ~ 6 hours Noonish: Picnic lunch along the road. Market Place time in the afternoon University tour with Pastor Gary. 6:00 pm: Supper TLC. 8:00 pm Discussion #10</p>
Friday, Jan 20	<p>8:00 am Breakfast: 9:30: Visit local shop for daycare charity. : 1:00 pm: Lunch in Iringa. Last day for the Market place. 6:00 pm Supper at TLC. 8:00 pm Discussion #11</p>
Saturday, Jan 21	<p>8:00 am Breakfast: 9:00 am; Visit Pomeren preaching point & dispensary & school 1:00 pm picnic lunch/ discussion. Last day at the Market Place. 6:00 pm Supper at TLC Evening to work on finding themes out of your journal entries.</p>
Sunday, Jan 22	<p>8:00 am Breakfast 9:00 am Worship at the Cathedral With one voice in Tanzania Lunch in Iringa. 1:30 pm travel to Isimila Stone Age Site for the afternoon. 6:00 pm Supper at TLC Pack .</p>
Monday, Jan 23	<p>6:30 am Breakfast and bus pack. 7:30 leave Iringa for Bagamoyo - Lazy Lagoon Picnic Lunch along the way. Must make it to Bagamoyo before sunset. Arrive per boat to Lazy Lagoon for Supper. Settle into your banti.</p>
Tuesday, Jan 24	<p>8:00 am Breakfast. 9:00 - 10:30. Turn in journals. Pass around the themes found in one's own journal while taking notes. Slather on sunscreen. 10:30: Grab some sun and beach, and lunch at NOON. Afternoon for gathering everyone's themes and deciding what the main themes have been this trip on your own to share in a discussion in the evening, while your sunscreen soaks in. Also use this time to enjoy the beach, snorkeling, kayaking, etc. 3:00 pm Tea time. 6:00 pm Supper. Discussion #12 to follow.</p>
Wed., Jan 25	<p>8 am Breakfast, 9:00 ish— boat on back to Bagamoyo. Visit Islamic historical site; Catholic church that saved slaves from the slave trade; See the fishing village and the platform the slaves were sold from. Noon: Lunch provided by Lazy Lagoon in boxes. Arrive in Dar early afternoon. Shopping in the Silpway. Supper 6:30 pm in the Silpway. Flight Home 11pm</p>