








ACADEMIES @ GBDS PreK - DAILY SCHEDULE

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | Zoom Links for all teachers |
|----------------|---|--|--|--|--|---|
| 8:00-9:00AM | Wake Up/ Modeh Ani/ Breakfast | Wake Up/ Modeh Ani/ Breakfast | Wake Up/ Modeh Ani/ Breakfast | Wake Up/ Modeh Ani/ Breakfast | Wake Up/ Modeh Ani/ Breakfast | Morah Elisa and Morah Hagit |
| 9:00-9:15AM | Morning Exercises, Yoga, Movement (link) | Morning Exercises, Yoga, Movement (link) | Morning Exercises, Yoga, Movement (link) | Morning Exercises, Yoga, Movement (link) | Morning Exercises, Yoga, Movement (link) | https://zoom.us/j/95185926109 |
| 9:15-9:30 AM | Morning Meeting Songs (please use the emailed recording) | Morning Meeting Songs (please use the emailed recording) | Morning Meeting Songs (please use the emailed recording) | Morning Meeting Songs (please use the emailed recording) | Morning Meeting Songs (please use the emailed recording) | Password: moraelisa |
| 9:30-10:00AM | Hebrew | Hebrew | Hebrew | Hebrew | Kabbalat Shabbat | |
| 10:00-10:15AM | Zoom class | Zoom class | Zoom class | Zoom class | Zoom class | |
| 10:15-10:30AM | Morning Snack | Morning Snack | Morning Snack | Morning Snack | Morning Snack | Morah Einat |
| 10:30-11:00AM | Math, Science, STEAM | Math, Science, STEAM | Math, Science, STEAM | Math, Science, STEAM | Math, Science, STEAM | https://zoom.us/j/174967905 |
| 11:15-12:00PM | Artistic Expression | Artistic Expression | Artistic Expression | Artistic Expression | Artistic Expression | Password: gbds |
| 11:15- 12:00PM | Outdoor/ Free Play | Outdoor/ Free Play | Outdoor/ Free Play | Outdoor/ Free Play | Outdoor/ Free Play | |
| 11:00-11:30AM | Storytime (please use the link or recording in your weekly email) | Storytime (please use the link or recording in your weekly email) | Storytime (please use the link or recording in your weekly email) | Storytime (please use the link or recording in your weekly email) | EC zoom Kabbalat Shabbat | |
| 11:30-12:00PM | | | music zoom class | | | |
| 12:00-12:30PM |  |  |  |  |  | |
| 12:30-1:00PM | Puzzles/ Quiet Game/ Color / Paint to Quiet Music | Puzzles/ Quiet Game/ Color / Paint to Quiet Music | Puzzles/ Quiet Game/ Color / Paint to Quiet Music | Puzzles/ Quiet Game/ Color / Paint to Quiet Music | Puzzles/ Quiet Game/ Color / Paint to Quiet Music | |
| 1:00-1:30PM | Artistic Expression | Artistic Expression | Artistic Expression | Artistic Expression | Artistic Expression | |
| 1:30-2:00PM | Language Arts Extension, Journaling | Language Arts Extension, Journaling | Language Arts Extension, Journaling | Language Arts Extension, Journaling | Language Arts Extension, Journaling | |
| 2:00-2:30PM | Phonemic Awareness Extension or Review | Phonemic Awareness Extension or Review | Phonemic Awareness Extension or Review | Phonemic Awareness Extension or Review | Phonemic Awareness Extension or Review | |
| 2:30-3:00PM | Afternoon Snack | Afternoon Snack | Afternoon Snack | Afternoon Snack | Afternoon Snack | |
| 3:00-4:00PM | Outdoor/ Free Play | Outdoor/ Free Play | Outdoor/ Free Play | Outdoor/ Free Play | Outdoor/ Free Play | |
| 4:00-7:00pm | Play with siblings or Zoom with friends, Help Make Dinner, Go for a walk, Dinner, Play Board Games, Watch a Movie | | | | | |
| 7:00-8:00pm | Bedtime Routine - Shower/Bath time, Read a Book, Good night | | | | | |