



ACADEMIES @ GBDS FIRST GRADE - DAILY SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
8:00 - 9:30					
wake up, breakfast, morning excercises, yoga, movement (link)	wake up, breakfast, morning excercises, yoga, movement (link)	wake up, breakfast, morning excercises, yoga, movement (link)	wake up, breakfast, morning excercises, yoga, movement (link)	wake up, breakfast, morning excercises, yoga, movement (link)	
9:30 - 10:00					
Whole School Tefilah	Mrs. Horowitz	Mrs. Horowitz	Whole School Tefilah	Flexible Learning Friday: Asynchronous, online, and offline activities and individual meetings with teachers (as scheduled/as needed basis)	
	Morah Hana	Morah Hana			
10:00 - 10:30					
Morah Hana			Morah Hana		
Mrs. Horowitz	Mrs. Horowitz	Mrs. Horowitz	Mrs. Horowitz		
10:30 - 11:00					
Mrs. Horowitz			Mrs. Horowitz		
Morah Hana			Morah Hana		
11:00 - 11:30					
Music with Morah Einat	Library with Mrs. Levin	Music with Morah Einat	Library with Mrs. Levin		
11:30 - 12:30					
Recess and Lunch					
12:30 - 1:00					
Homework assigned by Morah Hana or iTaLam				Flexible Learning Friday: Asynchronous, online, and offline activities and individual meetings with teachers (as scheduled/as needed basis)	
1:00 - 1:30					
Morah Hana			Morah Hana	Whole School Kabbalat Shabbat (1:00 - 1:30)	
1:30 - 2:00					
Mrs. Horowitz	Morah Hana	Morah Hana	Mrs. Horowitz	Flexible Learning Friday: Asynchronous, online, and offline activities and individual meetings with teachers (as scheduled/as needed basis)	
	Mrs. Rubin	Mrs. Rubin			
Mrs. Rubin			Mrs. Rubin		
2:00 - 2:30					
Homework assigned by Mrs. Horowitz, Reading, Dreambox, or RAZ Kids					
2:30 - 3:00					
	Mrs. Rubin	Mrs. Rubin			
Mrs. Rubin	Mrs. Horowitz	Mrs. Horowitz	Mrs. Rubin		
3:00 - 3:30					
Mrs. Rubin			Mrs. Rubin		
	Mrs. Rubin	Mrs. Rubin			
3:30 - 4:30					
Physical Education	Physical Education	Art with Morah Carmeli 4:00 - 4:30	Physical Education		
4:30-7:00					
Play with siblings or Zoom with friends, Help Make Dinner, Go for a walk, Dinner, Play Board Games, Watch a Movie					
7:00-8:00					
Bedtime Routine - Shower/Bath time, Read a Book, Good night					