STATE OF NEW JERSEY
EXECUTIVE DEPARTMENT

Proclamation

WHEREAS, mental illness affects almost every family in the United States and every year millions of adults and children live with mental illness; and

WHEREAS, mental illness is treatable with appropriate services and supports in the community, however only one out of two people with a serious form of mental illness seeks treatment; and

WHEREAS, there is a proven connection between good mental health and overall personal health and people with mental illnesses make important contributions to our society and humankind; and

WHEREAS, local organizations like Darren Clark Jr Memorial Foundation and national organizations like the National Alliance on Mental Illness (NAMI) are on the front lines of this silent battle; and

WHEREAS, we honor our loved ones and neighbors who have lost their battle to mental illness and mourn the loss of lives cut short by this silent disease; and

WHEREAS, it is crucial that as a community we work together to eradicate the stigma around mental illness so no one will ever have to suffer in silence to the point they can no longer cope; and

WHEREAS, it is important to remember that throughout life's struggles we all need the occasional reminder that everyone is silently fighting their own battles;

NOW, THEREFORE, I, Philip D. Murphy, Governor of the State of New Jersey, do hereby proclaim:

JANUARY 7, 2022
AS
INVISIBLE PAIN DAY

to remind us not all pain is visible. As the Governor of the State of New Jersey, I also call upon all citizens, government agencies, public and private institutions, businesses, and schools to recommit to increasing awareness and understanding of mental illnesses, reducing stigma and discrimination, and promoting appropriate and accessible services for all people with mental illnesses.

GIVEN, under my hand and the Great Seal of the State of New Jersey, this twenty-second day of December in the year two thousand twenty-one, the two hundred forty-sixth year of the Independence of the United States.

Lt. GOVERNOR

GOVERNOR