STUDY2022-1075
Effective: 10/24/2022
UIC Office for the Protection of Research Subjects



Do you want to learn how to have a stronger immune system?

This study may be for you!

This research study tests a program called Enhancing Your Immune Health. It teaches you how the immune system works and what you can do to improve your immune health. People in the study have a 50/50 chance of joining the program but *everyone* will be paid $135 for completing 3 study interviews.

To find out if you are eligible, you can contact the researchers at enhanceimmune@gmail.com.

Or text/call: 1-312-725-2966

- You must be age 18 years or older and speak English
- You must have a mental health condition
- You need access to a computer, smartphone, tablet, etc. for study participation
- You must be willing to complete study interviews & complete 5 sessions and 3 check in calls on Zoom over a 6-month period

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