

Making It Better, Together.

## YOUTH MENTAL HEALTH FIRST AID TRAINING

PRESENTED BY THE CAMDEN COUNTY BOARD OF COMMISSIONERS, CAMDEN COUNTY ADDICTION AWARENESS TASK FORCE, CAMDEN COUNTY MUNICIPAL ALLIANCE & GCADA

With the stress and uncertainty in the world right now, learn how you can identify the emotional needs and assist those in your community, family, or organization.

Youth Mental Health First Aid, QPR (Question, Persuade, Refer) Suicide Prevention, Pandemic Fatigue & Strategies for Resiliency and COVID-19 Strategies will be offered virtually, at no cost.

YOUTH MENTAL HEALTH FIRST AID

JANUARY 19, 2023 • 9AM-3PM

MARCH 8, 2023 • 9AM-3PM

Register for one of the two available dates by going to: camdencounty.info/YouthMentalHealth

**MHFA Information:** Using the above link, please register for your course and select the date you wish to attend. Once pre-registered you will be sent an email from MHFA Connect.

This will allow you to complete your 2 hours of pre-work (**must** be completed to attend the course) and enable you to access pre-tests and your course link (your username is your email and password is **Mhfa2023!**)

Log in to your Dashboard and START the enrolled class. Upon completion of the course, you will receive a National Certification as a Mental Health First Aider.

For more information contact Digna Townsend: Digna.Townsend@camdencounty.com

FOR YOUR NEWS & EVENTS
THE BOARD OF COMMISSIONERS

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