

Families With a Loved One Who Is In/Has Been in State Hospital



Connect with other family members who have or had a loved one in a NJ State Hospital. NAMI Family Support Groups are free, confidential and safe groups of families helping other families who live with mental health challenges. In NAMI Family Support Groups, families join a caring group of individuals helping one another by utilizing their collective lived experiences and learned wisdom. Family members can achieve a renewed sense of hope for their loved one living with mental illness.



2ND THURSDAY IN MARCH, JUNE, SEPTEMBER, DECEMBER
UPCOMING MEETING:
THURSDAY, JUNE 11, 2026 AT 7 P.M. ET

 Scan QR code
or [Register Here](#)

 For more information
programs@naminj.org