



INTENSIVE OUTPATIENT PROGRAM (IOP) FOR WOMEN'S TRAUMA

Eligibility Criteria

- Women ages 18+ who have experienced trauma
- Able to commit to program schedule
- Able to participate in group (without active psychosis, cognitive impairment and/or active suicide risk)
- Insured by Rutgers UBHC accepted plan



University Behavioral Health Care
OUTPATIENT SERVICES

Intake Evaluation

**Group Three Days
Per Week**

**Individual Sessions
Weekly**

**Family Sessions
Available**

**Medication
Management**

**Personalized
Treatment Plan**

SCHEDULE

Monday 9:15am-12:30pm
Wednesday 9:15am-12:30pm
Friday 9:15am-12:30pm

LOCATION

667 Hoes Lane W.
Piscataway, NJ 08854

To Join Call the Access Center at (800) 969-5300

For questions or more information, please contact Krystina Pazoga, LCSW, LCADC:
kpazoga@ubhc.rutgers.edu or (732) 235-5504