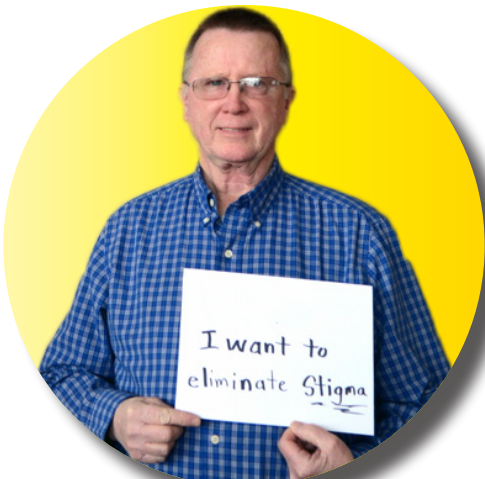




A YEAR OF PARTNERSHIPS



HIGHLIGHTS & TOP ACHIEVEMENTS

Greater family participation in treatment due to new regulatory language adopted through NAMI NJ advocacy – in emergency screening, short term care, assertive community treatment and state hospitals.

16 COUNTIES IN NEW JERSEY received mental health training for law enforcement and judiciary through NAMI NJ and our collaborators.




Advocates trained through NAMI Smarts can transform their passion and lived experience into skillful grassroots advocacy.

Four counties now offer NAMI Basics, an education program for families with young children living with mental illness. Classes are in development in two more counties. Basics was also offered in Spanish.

345 FAMILY MEMBERS took a 12 week course at 23 locations around the state through NAMI NJ Family-to-Family Education, learning how to cope and support their loved ones diagnosed with a mental illness. For the first time on the east coast, Family-to-Family classes were offered in Chinese.



**130 VOTES**

cast for **63** poems to select the winners of the 2016 Dara Axelrod Expressive Arts Poetry Contest.



Caregivers were recognized, heard and supported at the first statewide Caring for the Caregiver Forum supported by My Healios.



7000 SUBSCRIBERS received the NAMI NJ Science Update, an e-newsletter that features the latest developments in research on mental illness. The Update is funded by the NIMH Outreach Partnership Grant that NAMI NJ was awarded to disseminate accurate and science based information on mental illness.

Our Website at www.naminj.org received **34,784** unique visitors, **49,389** visits and **132,382** page views.



264 emails were sent to over **7000** subscribers on topics ranging from advocacy to new resources and information.

Social media presence surged: Facebook (**805** Likes), Twitter (**1,269** Followers), YouTube (**1,437** Channel Views)

5000 people attended **170** In Our Own Voice presentations featuring the proven way to combat stigma – personal stories of people living with mental illness. This includes monthly presentations in VA inpatient psychiatric facilities, using a new Veterans Resource Handout.

1500 people attended **42** Hearts & Minds presentations to learn how to maintain physical health and overall wellness while living with mental illness.

22 locations now offer support groups for people with mental illness all over New Jersey through NAMI Connection.



OVER
1000
CALLERS

to NAMI NJ multicultural programs were offered culturally competent support and information in their language of choice. **450** calls were responded to in Spanish alone, and other languages requested by callers included Mandarin, Cantonese and Hindi.



110
educators

in New Jersey made aware of mental illness signs and symptoms in children and teens through Educating the Educator presentations.

Legislators heard from NAMI NJ School program staff about improving mental health of students at a hearing by the NJ State Legislature.

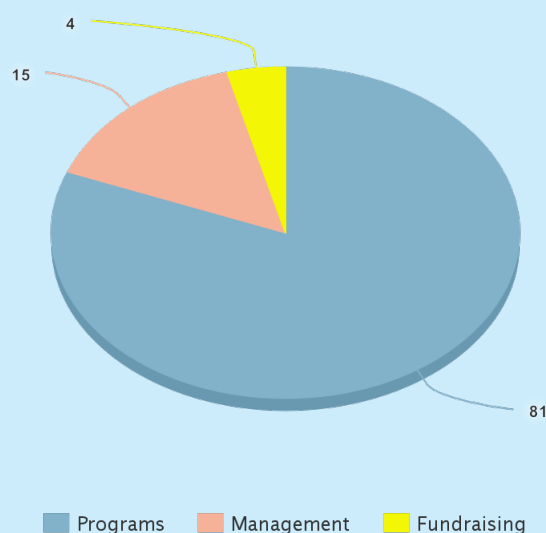


Updated lessons on stress relief were added to Every Mind Matters, an educational program presented to middle and high school students. New books on mental health and education were reviewed and added to a teacher resource list.

Partnerships included the NJ Federation of Women's Clubs, whose members raised \$130,989 for mental health awareness, with over \$80,000 in in-kind donations, and the very first Children's Mental Health Conference in collaboration with Lions Clubs International and Special Olympics of New Jersey.



Allocation of Programs, Management, & Fundraising



1500
WALKERS

participated in the annual NAMIWalks NJ in May, and raised \$150,000 to fund NAMI programs at the state and local level to support, educate and advocate for those affected by mental illness.



THANK YOU DONORS!

Without your generous help, NAMI New Jersey could not continue to provide our free programs of support, education, and advocacy throughout the state of New Jersey.

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