



**MEDFORD, MASSACHUSETTS  
MAYOR BREANNA LUNGO-KOEHN**

**FOR IMMEDIATE RELEASE – October 11, 2023**

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## **Harvest Your Energy Festival Returns to Medford on October 14 at Riverbend Park**

*Annual Festival Promotes Sustainability and Includes Music, Kids' Activities,  
Recycling Services, and More*

(MEDFORD) — Mayor Breanna Lungo-Koehn, the Office of Planning, Development, and Sustainability, and Medford's Energy and Environment Committee invite you to the Harvest Your Energy Festival 2023! Medford's annual Harvest Your Energy Festival will be held on October 14, from 12pm-3pm at Riverbend Park by the wind turbine.

The festival is a fun, family-friendly afternoon promoting sustainability, with entertainment and activities for people of all ages. There will be live music by Matt Heaton and the Outside Toys and Trail Mix – Uncommon Folk, kids' activities by the Medford Family Network, food trucks, tours of "Windy" the wind turbine and resources from local organizations. New this year is a beer garden by Winter Hill Brewing Company.

The festival will also have expanded recycling opportunities, including paper shredding services, electronic recycling, and clothing/materials recycling. For the full list of items that can be recycled and information on fees, visit <https://medfordenergy.org/gogreen/wp-content/uploads/2023/10/HYEF-Pricing-Flyer.pdf>.

Thank you to the generous sponsors that have made this event possible: Waste Management; Green Energy Consumers Alliance; Tufts University, Government & Community Relations; Wegmans; Medford Family Network; East Cambridge Savings Bank; EcoLoop; Barrett Tree Service East, Inc; Elements Therapeutic Massage; All Energy Solar; and Helpsy.

For the full list of exhibitors, entertainment, food vendors, accepted items for recycling, and raffle prizes, visit <https://medfordenergy.org/gogreen/harvest-your-energy-festival/>.

In the event of rain, the festival will be moved inside the McGlynn Middle School. With questions, please contact the Festival Coordinator at [enviro@medford-ma.org](mailto:enviro@medford-ma.org).

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